

THE DIOCESE OF ALLENTOWN
SACRED HEART CHURCH

243 LAFAYETTE AVENUE ~ PALMERTON PA 18071

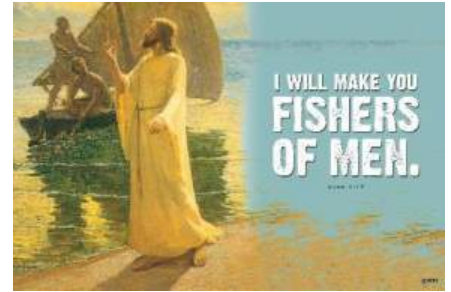
Rectory Office: 610-826-2335 • Fax: 610-826-5360

shpmt@ptd.net • www.shcpalmerton.org

Office Hours: Mon. – Fri. 9:30 AM to 2:30 PM

OUR MISSION STATEMENT

"As the family of Sacred Heart Roman Catholic Church, we come together in faith to renew ourselves through the celebration of sacraments and strive to be the welcoming hands of Christ in our community."



SACRAMENTAL & PRAYER LIFE

Sacrament of the Eucharist / Mass

Saturday Vigil 5:00 PM Sunday Morning 9:30 AM

January 21, 2024

PASTORAL & SUPPORT STAFF

Reverend Michael Mullins	<i>Pastor</i>
Steven Uhnak	<i>Coordinator, Religious Education</i>
Sandy Miller	<i>Bookkeeper/Secretary</i>
Bonnie Lazorick	<i>Secretary</i>
Dan Podorsky	<i>Part Time Maintenance</i>

RELIGIOUS EDUCATION

Religious Education Office 610-826-2335

St. John Neumann Regional School

Dr. Christopher Heery, Principal 610-826-2354
Palmerton Campus www.sjnrschool.org

Allentown Central Catholic High School 610-437-4601
www.acchs.info

Marian Catholic High School 570-467-3335
www.marianhighschool.org

SACRAMENT OF RECONCILIATION/CONFESSION

Monday, Wednesday, Thursday Friday: 7:00-8:00 AM

Saturday: 4:00 – 4:45 PM.

First Friday of the Month: 6:00-7:00 PM

By appointment call the Rectory Office

SACRAMENT OF BAPTISM

Baptismal Classes are held on an as needed basis.

Please call the Parish Office to schedule a class.

SACRAMENT OF MARRIAGE

Couples planning to get married should inform the Church as soon as possible (at least one year) prior to the wedding to begin marriage preparation. Marriage Preparation Class must be taken prior to six months before the marriage is celebrated.

MINISTRY TO THE SICK & HOMEBOUND

Anyone wishing to arrange for a home visit is to contact the Parish Office. Please do not wait for an emergency.

PRAYER OPPORTUNITIES

Private church visits Monday to Friday, 9:30 AM to 2:30 PM.

PARISH ACTIVITIES

Please contact the Chairperson of committee or the Rectory Office for details/contact info.

Altar Guild	Cass Chies	Pro Life Coordinator	Veronica Scarpati
Altar Servers	Father Mullins	Safety, Security and	
Bereavement Sharers	Olivia Erickson	Maintenance Committee	Jim Matsko
Bible Study/Prayer Group/ Prayer Chain	Peg Duell	Sacred Heart Helping Hands	Rectory Office
C.A.C.P.A.C.	Sue Steigerwalt / Lori Nemeth	Vocation Promoter	Rectory Office
Cemetery	Frank Hager	Catholic Charities:	
Choir/Music Liaison	Joann Kerckmar	Tom Miller	610-435-1541 ext. 374
Disability Advocates	Marian Carty	Protecting God's Children	
Financial Council	Joe Koma	Safe Environment Coordinator	
Funeral Luncheon Committee	Roseann Heydt/Peg Duell	Pamela Russo	610-871-5200, ext. 2204
High School Ministry	Tricia Matsko	Victim Assistance Coordinator	
Knights of Columbus	Joe Koma	Ms. Wendy S. Krisak, M.A., NCC, LPC800-791-9209	
Men of Good News	Ed Sidleck		
Palmerton Festival	Dana Massey	Allegations of abuse against a Bishop, contact Catholic Bishop Abuse Reporting Service at:	
Pastoral Council	Jerome Scarpati	www.ReportBishopAbuse.org	
	Lisa Kistler	call: 1-800-276-1562.	

January 21 – Third Sunday In Ordinary Time



- Saturday (January 20):**
5:00 PM Darryl Moyer by Andress family
- Sunday (January 21):**
9:30 AM Milton Stemler by Michael and Marian Carty
- Monday (January 22):**
8:30 AM Deceased members of Naratil family by Andress family
- Wednesday (January 24):**
8:30 AM Parishioners of Sacred Heart
- Thursday (January 25):**
8:30 AM Dorothy Lang by husband Dave
- Friday (January 26):**
8:30 AM Manuel Amorim by Michael and Marian Carty
- Saturday (January 27):**
5:00 PM For the health of Nancy Sullivan by Michael and Marian Carty
- Sunday (January 28):**
9:30 AM Hertha Langan by Funeral Luncheon Ministry

Sacrament of Penance Schedule

Saturday: 4:00-4:45 PM
Before weekday Mass: 7:00-8:00 AM
First Friday of the Month: 6:00-7:00 PM
Confessions also by appointment, please call the Rectory Office.



Please remember in your prayers our recently deceased, especially *Rebecca Massey-Ake' and Katherine Bowman*. May they be welcomed into the company of the Saints and may our dear Lord comfort their families.

Let us continue to remember and pray for all our deceased relatives, friends, benefactors, and parishioners, those serving in the military, those struggling with addictions, the homebound and those who are sick and have asked for our prayers. Individual names will be added to the list of Prayers for the Sick upon request from the individual or from the sick person's Power of Attorney.



Sanctuary Candle: For the intentions of Father Mullins.

SUNDAY'S READINGS

Reading I: Jonah 3: 1-5, 10

Nineveh was famous for its enormous violence and cruelty. That fact underlines the miracle of that city's sudden and total conversion based on repentance.

Reading II: 1 Corinthians 7: 29-31

Paul believed in an imminent parousia, or end of the world. Therefore, he recommended detachment as essential preparation.

The Gospel: Mark 1: 14-20

The fate of John the Baptist "being handed over" foreshadows Jesus' passion and death. Repent and believe will frame everything that follows in this earliest and shortest gospel.

READINGS FOR THE WEEK



- Monday:** 2 Sm 5:1-7, 10 Ps 89:20, 21-22, 25-26 Mk 3:22-30
- Tuesday:** 2 Sm 6:12b-15, 17-19 Ps 24:7, 8, 9, 10 Mk 3:31-35
- Wednesday:** 2 Sm 7:4-17 Ps 89:4-5, 27-28, 29-30 Mk 4:1-20
- Thursday:** Acts 22:3-16 or Acts 9:1-22 Ps 117:1bc, 2 Mk 16:15-18
- Friday:** 2 Tm 1:1-8 or Ti 1:1-5 Ps 96:1-2a, 2b-3, 7-8a, 10 Mk 4:26-34
- Saturday:** 2 Sm 12:1-7a, 10-17 Ps 51:12-13, 14-15, 16-17 Mk 4:35-41
- Sunday:** Dt 18:15-20 Ps 95:1-2, 6-7, 7-9 1 Cor 7:32-35 Mk 1:21-28



First Friday, February 2 Eucharistic Adoration.

Come spend time with Jesus. *Join us for Adoration between 4:00 – 7:00 PM. All are welcome to stop by for a few minutes, an hour or for however long you are able.* Father Mullins is available for Confessions from 6:00 to 7:00 PM. *Plan to join us Friday, February 2.*

Ash Wednesday

Remember that you are dust, and to dust you shall return.



Lent begins Wednesday February 14, 2024.



"Come after me." Jesus invites us all to follow Him, to participate in His mission and experience great rewards. Sometimes it can be unclear

where the Lord is calling us to go; sometimes we are so caught up in our nets of things to do that we can't see the way or plan the way forward. Recognizing that the Holy Spirit dwells within each of us through baptism, we can discern where the Lord is guiding our parish through the input of each member. I highly encourage all our parishioners over the age of 18 to participate in an anonymous online survey called the "Disciple Maker Institute" (DMI). It consists of 75 questions that invites parishioners to reflect on where they are on their journey of discipleship and will enable the various parish leaders and me to make data-driven decisions to help parishioners grow in their faith. For those who don't have access to a computer, we will have one available in our Parish Center, please call to schedule an appointment. Please take 15 minutes to complete the survey to share your voice for the future of our parish. The survey will be available beginning Ash Wednesday, February 14 on our parish website at: www.shcpalmerton.org/dmisurvey.

Saint Quotes of the Week:

"Do not look forward to what might happen tomorrow. The same everlasting Father who cares for you today will take care of you tomorrow and every day. Either He will shield you from suffering or He will give you unfailing strength to bear it. Be at peace then and put aside all anxious thoughts and imaginations." St Francis de Sales.

"We must never undervalue any person. The workman loves not that his work should be despised in his presence. Now God is present everywhere, and every person is His work." St Francis de Sales.

"An action of small value performed with much love of God is far more excellent than one of a higher virtue, done with less love of God." St Francis de Sales.

"Have patience with all things, but chiefly have patience with yourself. Do not lose courage in considering your own imperfections but instantly set about remedying them — every day begin the task anew." St Francis de Sales.



Saint of the Week: *Francis de Sales* (1567-1622) Born in France, Francis was ordained in 1593. During this time, many people left the Catholic Church and became Protestants. For three years, Francis roamed the countryside trying to re-convert

these fallen Catholics. Francis had doors slammed in his face and stones thrown at him. In the bitter winters, his feet became so frozen that they bled as he walked through the snow. Francis' unusual patience kept him working. No one would listen to him, no one would open the door. So, Francis found a way to get under the door. He wrote small pamphlets to explain true Catholic doctrine and slipped them under doors. This is one of the first records we have of religious tracts used to communicate the true Catholic faith to people who have fallen away from the Church. By the time Francis returned to his home, he is believed to have brought 40,000 people into the Catholic Church. In 1602 he became bishop of Geneva and wrote two devotional books that are still widely read: "Introduction to the Devout Life" and "Treatise on the Love of God." A 20-year friendship with St. Jane Frances de Chantal led to her founding of the Visitation Order. Canonized in 1665 and declared a doctor of the church in 1877, Francis is the patron saint of journalists, authors and the deaf. Feast day: 24 January.

Learn and Live the Faith (Compendium of CCC)

#292 "What are the fruits of Holy Communion?"

Holy Communion increases our union with Christ and with his Church. It preserves and renews the life of grace received at Baptism and Confirmation and makes us grow in love for our neighbor. It strengthens us in charity, wipes away venial sins and preserves us from mortal sin in the future.

#293 "When is it possible to give Holy Communion to other Christians?"

Catholic ministers may give Holy Communion licitly to members of the Oriental Churches which are not in full communion with the Catholic Church whenever they ask for it of their own will and possess the required dispositions. Catholic ministers may licitly give Holy Communion to members of other ecclesial communities only if, in grave necessity, they ask for it of their own will, possess the required dispositions, and give evidence of holding the Catholic faith regarding the sacrament.

#294 "Why is the Eucharist a "pledge of future glory?"

The Eucharist is a pledge of future glory because it fills us with every grace and heavenly blessing. It fortifies us for our pilgrimage in this life and makes us long for eternal life. It unites us already to Christ seated at the right hand of the Father, to the Church in heaven and to the Blessed Virgin and all the saints. *In the Eucharist, we "break the one bread that provides the medicine of immortality, the antidote for death and the food that makes us live forever in Jesus Christ."* (Saint Ignatius of Antioch)

Next Generation Diocese Initiative: The Diocese of Allentown is embarking on an initiative that will invigorate the Church for the future. It has partnered with the Catholic Leadership Institute (CLI), a lay apostolate that inspires Catholic leaders to revitalize the Church for a Christ-filled and joy-filled future through a close accompaniment. The Allentown Diocese started implementing CLI's Next Generation Diocese initiative, which will offer support for our Bishop, our priests, and our 78 parishes. There are three phases.

The first of three phases: Take a snapshot of where we are will be done through data collection. This begins on Ash Wednesday, February 14. Parishioners will be asked to complete a survey, *Disciple Maker Index* (DMI). It includes questions about parishioners' spiritual growth and engagement with the parish, such as their core beliefs, their relationship and satisfaction with their parish, and their participation in the parish, including Mass, the Sacraments, prayer, and other activities. The survey will also ask for some demographic information, to determine if there are similarities by age, gender, marital status, etc. – but no personal information, so the survey will remain anonymous. The survey takes 10 to 15 minutes. It is completed online, but can also be completed on paper. Will be available in 19 languages. The Priests will be doing a leadership inventory. The online survey will be open throughout the season of Lent, ending Wednesday, March 27. Deadline to submit paper copies is Friday, March 22. Diocese is asking all active parishioners to participate in the survey.

Godparents/Sponsor Letters: These letters state that you lead others to God and His church by example. You must be a registered member, actively participating and contributing to the parish for at least 3 months to act as a Sponsor or Godparent.

Word of the Week:

Angel - a pure spirit which has no body and does not depend for its existence or activity on matter. Each angel is an individual person created by God. The Bible tells us that the angels constitute a vast multitude, beyond human reckoning. An angel is one who serves as God's messenger.



Catholic Schools Week begins January 28. Following is the schedule of activities: Come and see what we are all about.

- Sunday, Jan. 28: Open House. All Invited.**
Palmerton Campus (PC) 10:30 AM – 12 Noon.
Slatington Campus (SC) 11:30 AM-1:00 PM.
The Book Fair will be OPEN at both Campuses.
- Monday, Jan. 29: PAJAMA DAY!**
SC: movie and popcorn. PC: Bingo.
- Tuesday, Jan. 30: TEAM JERSEY DAY!**
Students can wear their favorite team's jersey.
SC "SPECIAL PERSON" LUNCH
- Wednesday, Jan. 31: Red, White & Blue Day!**
Students and faculty are encouraged to dress in patriotic colors!
SC & PC Students - Presentation by the Carbon County Environmental Education Center @ PC
- Thursday, Feb. 1: Career Day Dress Up!**
Dress up as what you aspire to be!
PC "SPECIAL PERSON" LUNCH
- Friday, Feb. 2: Celebrate Our Faculty, Staff & Volunteers!** PC mass at Sacred Heart at 8:30 AM.
SC & PC: Mrs. Ott will demonstrate the art of making Cotton Candy at PC. Students will also play Bingo with their Prayer Partners.

SJNRS is currently accepting applications for Kindergarten registration. Children who will be age 5 by October 15, 2024 are eligible to register for Kindergarten.

Also accepting students for the 2nd Semester of the 2023-24 school year and new enrollments up to Grade 8 for the 2024-2025 school year.

Please contact Dr. Heery, Principal at: 610-826-2354 or email: office.sjnrschool@gmail.com with questions, registration packet or schedule a tour.

Marian Catholic High School Open House

Sunday, January 28, 2:00-4:00 PM

Come, learn how to make a Marian education possible. To RSVP, please contact Mary Milosh at: mmilosh@mariancatholics.org or 570-467-3335 ext. 117.

Weekly Offering



01/20-01/21: In Support of the Parish
Second Collection: Education Fund
01/27-01/28: In Support of the Parish
Second Collection: Catholic Relief Services

Attendance weekly goal: 450
Actual 1/13-1/14: 271

Please encourage family, friends and neighbors to come celebrate with us at Mass. If we reach our attendance goal, Father Mullins will consider adding another Mass on Sunday.



Online giving . . . Visit our parish website at: www.shcpalmerton.org to find out how you can sign up for online giving with "MyEoffering." Questions, contact Sandy Miller in the Rectory Office at: 610-826-2335.

Contribution Statements

If you would like to receive a 2023 Charitable contribution statement, sign the sheet located at the writing desks at the Church exits. Please fill out sheet completely with name, address, phone number and email. Statements will be emailed to all who provide their email address. All other Statements will be placed in the Parish Center by January 31 for pick up. Questions can be directed to Sandy via email at: shpmtn@ptd.net.

Make Stewardship Your Resolution in 2024:

Making an estate plan is an act of care for yourself, your loved ones, and your community. By creating your plans, you can outline important financial and healthcare decisions for the future, provide for your loved ones, and ultimately, act as a steward of everything God has placed in your care. Through the Diocese partnership with FreeWill, you can start the new year by creating your estate plan 100% Free of cost. FreeWill is a secure online platform that can walk you through the process. To get started visit: www.freewill.com/allentowndiocese.

Designer Purse Bingo: SJNRS HSA will be hosting a Designer Purse Bingo, Bake Sale and Basket Auction on Saturday, February 3 at the Mahoning Valley Ambulance, 902 Mill Road, Lehigh, PA. The Bingo benefits SJNRS students; the Bake Sale will benefit the 8th Grade Class Trip. Tickets: \$30 in advance; \$35 at the door. Bingo will begin at 1:00 PM. To purchase your tickets in advance or for more info contact **Pam Keer** at: **610-657-7850**.

Old Palms will be collected through next Monday 1/29/24. These Palms will be burnt for this year's Ash Wednesday Celebrations. Please place only Palms in the box in the back of the Church.



Bus trip to Sight and Sound for the presentation of "**Daniel**" on Saturday, April 13, 2024 for the 11:00 AM show.

The bus will leave Sacred Heart's parking lot at 8:00 AM and will return back by 4:30 PM. **Cost** \$130 per person includes bus and show. Bring a box lunch to eat on the way back. From the fiery furnace to the infamous den of lions, **DANIEL** is a spectacular theatrical experience for the whole family. Witness one of the Bible's most hope-filled stories as it comes to life on stage. Call the Rectory Office to reserve your seat today at: 610-826-2335.



CASH BINGO is coming to Sacred Heart Gym. We will begin having BINGO on the 2nd Sunday of the month starting **April 14**. Anyone who would like to volunteer for this fundraiser please contact the Rectory Office. We will be in need of volunteers for the kitchen, bakers, bingo sellers, set-up, clean-up. Please call the Rectory Office with questions and add your name to our Volunteer List.



COOKS WITH COLLARS

www.cookswithcollars.com voting closes on February 12.

What is Cooks with Collars: An online cooking competition to raise funds for parishes and Catholic Charities in the Diocese of Allentown. Each participating parish creates a cooking video showcasing a particular recipe. Videos can be viewed on the **COOKS WITH COLLARS** website where individuals vote—via online donations—for their favorite **COOKS WITH COLLARS**. All voting donations Sacred Heart receives stays right in our parish.

Visit www.cookswithcollars.com to see **Father Mullins** and other priests from around the Diocese creating delicious kitchen concoctions. Vote early and vote often (deadline February 12). Remember all voting proceeds benefit our parish. Anyone wishing to donate **offline** can place your donation in the container in the back of the church. Share the website with all your family and friends. Thanks for making Father Mullins and Sacred Heart a winner!!



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IN REMEMBRANCE OF SAMANTHA JOSEPHSON

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