

THE DIOCESE OF ALLENTOWN  
**SACRED HEART CHURCH**

243 LAFAYETTE AVENUE ~ PALMERTON PA 18071

Rectory Office: 610-826-2335 • Fax: 610-826-5360

shpmt@ptd.net • www.shcpalmerton.org

Office Hours: Mon. – Fri. 9:30 AM to 2:30 PM

**OUR MISSION STATEMENT**

*"As the family of Sacred Heart Roman Catholic Church, we come together in faith to renew ourselves through the celebration of sacraments and strive to be the welcoming hands of Christ in our community."*

**SACRAMENTAL & PRAYER LIFE**

Sacrament of the Eucharist / Mass

Saturday Vigil 5:00 PM Sunday Morning 9:30 AM



**January 28, 2024**

**PASTORAL & SUPPORT STAFF**

Reverend Michael Mullins	<i>Pastor</i>
Steven Uhnak	<i>Coordinator, Religious Education</i>
Sandy Miller	<i>Bookkeeper/Secretary</i>
Bonnie Lazorick	<i>Secretary</i>
Dan Podorsky	<i>Part Time Maintenance</i>

**RELIGIOUS EDUCATION**

Religious Education Office 610-826-2335

**St. John Neumann Regional School**

Dr. Christopher Heery, Principal 610-826-2354  
Palmerton Campus [www.sjnrschool.org](http://www.sjnrschool.org)

Allentown Central Catholic High School 610-437-4601  
[www.acchs.info](http://www.acchs.info)

Marian Catholic High School 570-467-3335  
[www.marianhighschool.org](http://www.marianhighschool.org)

**SACRAMENT OF RECONCILIATION/CONFESSION**

Monday, Wednesday, Thursday Friday: 7:00-8:00 AM

Saturday: 4:00 – 4:45 PM.

First Friday of the Month: 6:00-7:00 PM

By appointment call the Rectory Office

**SACRAMENT OF BAPTISM**

Baptismal Classes are held on an as needed basis.

Please call the Parish Office to schedule a class.

**SACRAMENT OF MARRIAGE**

Couples planning to get married should inform the Church as soon as possible (at least one year) prior to the wedding to begin marriage preparation. Marriage Preparation Class must be taken prior to six months before the marriage is celebrated.

**MINISTRY TO THE SICK & HOMEBOUND**

Anyone wishing to arrange for a home visit is to contact the Parish Office. Please do not wait for an emergency.

**PRAYER OPPORTUNITIES**

Private church visits Monday to Friday, 9:30 AM to 2:30 PM.

**PARISH ACTIVITIES**

*Please contact the Chairperson of committee or the Rectory Office for details/contact info.*

Altar Guild	Cass Chies	Pro Life Coordinator	Veronica Scarpati
Altar Servers	Father Mullins	Safety, Security and	
Bereavement Sharers	Olivia Erickson	Maintenance Committee	Jim Matsko
Bible Study/Prayer Group/ Prayer Chain	Peg Duell	Sacred Heart Helping Hands	Rectory Office
C.A.C.P.A.C.	Sue Steigerwalt / Lori Nemeth	Vocation Promoter	Rectory Office
Cemetery	Frank Hager	Catholic Charities:	
Choir/Music Liaison	Joann Kercksmar	Tom Miller	610-435-1541 ext. 374
Disability Advocates	Marian Carty	Protecting God's Children	
Financial Council	Joe Koma	Safe Environment Coordinator	
Funeral Luncheon Committee	Roseann Heydt/Peg Duell	Pamela Russo	610-871-5200, ext. 2204
High School Ministry	Tricia Matsko	Victim Assistance Coordinator	
Knights of Columbus	Joe Koma	Ms. Wendy S. Krisak, M.A., NCC, LPC800-791-9209	
Men of Good News	Ed Sidleck	Allegations of abuse against a Bishop, contact	
Palmerton Festival	Dana Massey	Catholic Bishop Abuse Reporting Service at:	
Pastoral Council	Jerome Scarpati	<a href="http://www.ReportBishopAbuse.org">www.ReportBishopAbuse.org</a>	
	Lisa Kistler	call: 1-800-276-1562.	

# January 28 – Fourth Sunday In Ordinary Time

## MASS Intentions

- Saturday (January 27):**  
**5:00 PM** For the health of Nancy Sullivan by Michael and Marian Carty
- Sunday (January 28):**  
**9:30 AM** Hertha Langan by Funeral Luncheon Ministry
- Monday (January 29):**  
**8:30 AM** Leonard Fontanilla by Eugene Rooney
- Wednesday (January 31):**  
**8:30 AM** Darryl Moyer by Duane and Carol Costenbader
- Thursday (February 1):**  
**8:30 AM** Parishioners of Sacred Heart
- Friday (February 2): First Friday**  
**8:30 AM** Living and deceased members of the Slovak Catholic Sokols
- Saturday (February 3): First Saturday**  
**8:30 AM** Bill Smelas by Mary Ann and son Bobby Parsons
- 5:00 PM** Manuel R. Amorim by Joe and Teresa Amorim
- Sunday (February 4):**  
**9:30 AM** Dorothy Lang by husband Dave

### Sacrament of Penance Schedule

- Saturday: 4:00-4:45 PM**  
**Before weekday Mass: 7:00-8:00 AM**  
**First Friday of the Month: 6:00-7:00 PM**  
**Confessions also by appointment, please call the Rectory Office.**



Please remember in your prayers our recently deceased, especially **Sharon Minnich**. May she be welcomed into the company of the Saints and may our dear Lord comfort her family.

*Let us continue to remember and pray* for all our deceased relatives, friends, benefactors, and parishioners, those serving in the military, those struggling with addictions, the homebound and those who are sick and have asked for our prayers. Individual names will be added to the list of Prayers for the Sick upon request from the individual or from the sick person's Power of Attorney.

## SUNDAY'S READINGS

### Reading I: Deuteronomy 18: 15-20

Prophets will be "raised up" as the need arises. Then the people must listen to these authentic prophets called by Yahweh to succeed Moses.

### Reading II: 1 Corinthians 7: 32-35

Paul offers clear advice to both the married and the unmarried in the community. Yet he does not impose any solution, as they strive for true "adherence to the Lord."

### The Gospel: Mark 1: 21-28

Mark concludes his stories of Jesus' healing with the tag that "His fame spread everywhere," even though it sometimes did so against Our Lord's will. Above all, He taught "with authority."

## READINGS FOR THE WEEK



- Monday:** 2 Sm 15:13-14, 30; 16:5-13 Ps 3:2-3, 4-5, 6-7 Mk 5:1-20
- Tuesday:** 2 Sm 18:9-10, 14b, 24-25a, 30-19:3 Ps 86:1-2, 3-4, 5-6 Mk 5:21-43
- Wednesday:** 2 Sm 24:2, 9-17 Ps 32:1-2, 5, 6, 7 Mk 6:1-6
- Thursday:** 1 Kgs 2:1-4, 10-12 1 Chr 29:10, 11ab, 11d-12a, 12bcd Mk 6:7-13
- Friday:** Mal 3:1-4 Ps 24:7, 8, 9, 10 Heb 2:14-18 Lk 2:22-40 or Lk 2:22-32
- Saturday:** 1 Kgs 3:4-13 Ps 119:9, 10, 11, 12, 13, 14 Mk 6:30-34
- Sunday:** Jb 7:1-4, 6-7 Ps 147:1-2, 3-4, 5-6 1 Cor 9:16-19, 22-23 Mk 1:29-39



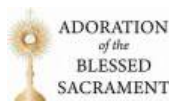
**Sanctuary Candle:** For the intentions of Father Mullins.

**St. Joseph Altar:** Father Mullins intentions by Homlak family.

**Last weekend candles were lit for:**

**Marian Altar (2):** Denise Homlak by children.

**St. Joseph Altar (2):** Leonard and Antoinette Homlak by children.



ADORATION  
of the  
BLESSED  
SACRAMENT

**First Friday, Eucharistic Adoration**  
**February 2, 4:00 – 7:00 PM.**

**Confessions: 6:00 to 7:00 PM.**

*All are welcome to stop by for a few minutes, an hour or for however long you are able.*



This week we celebrate National Catholic Schools Week. Catholic schools have an irreplaceable role in the Church's evangelizing mission. Building on the central goal of Catholic schools to form saints, Catholic schools teach and embrace the whole person, body, mind and spirit. The fact that all members of a Catholic school community share the Christian vision of faith that Christ is the foundation of Catholic education is what unites the school as a faith-filled community. At our Regional School, St. John Neumann, the students pray every day, learn about Jesus Christ and the saints who follow Him, celebrate Mass every Friday, participate in Adoration of the Blessed Sacrament, have access to the sacrament of Penance, engage in community service, and develop Catholic values. Consider sending your child, grandchild, or help any child to receive a quality Catholic education at our school; it's worth it! There will be an Open House for our school on Sunday, January 28th from 10:30 AM-12:00 PM at our Palmerton campus and from 11:30 AM-1:00 PM at our Slatington campus; all are welcome!

### **Learn and Live the Faith (Compendium of CCC)**

#### **#295 "Why did Christ institute the sacraments of Penance and the Anointing of the Sick?"**

Christ, the physician of our soul and body, instituted these sacraments because the new life that he gives us in the sacraments of Christian initiation can be weakened and even lost because of sin. Therefore, Christ willed that His Church should continue His work of healing and salvation by means of these two sacraments.

#### **#296 "What (are other names) of the Sacrament of Penance?"**

It is called the sacrament of Penance, the sacrament of Reconciliation, the sacrament of Forgiveness, the sacrament of Confession and the sacrament of Conversion.

#### **#297 "Why is there a sacrament of Reconciliation after Baptism?"**

Since the new life of grace received in Baptism does not abolish the weakness of human nature nor the inclination to sin (that is, *concupiscence*), Christ instituted this sacrament for the conversion of the baptized who have been separated from him by sin.

**Monday, 1/29/24 will be the last day that a box for your old Palms** will be available in the back of the Church. *Reminder: To dispose of Blessed Palms, they should be burned or buried.*

### **Saint Quotes of the Week:**

*"There must be no hostility in our minds, no contempt in our eyes, no insult on our lips. We must use mercy for the present and have hope for the future, as is fitting for true fathers who are eager for real correction and improvement." - St John Bosco.*

*"No matter how good food is, if poison is mixed with it, it may cause the death of him who eats it. So, it is with conversation. A single bad word, an evil action, an unbecoming joke, is often enough to harm one or more young listeners, and may later cause them to lose God's grace." - St John Bosco*

**Saint of the Week John Bosco** (1815-1888) was born into a peasant family in Italy, and at the age of two he lost his father. Around 1824 he felt attracted to consecrate himself to God and had a prophetic dream: he saw himself surrounded by children and young people, listening to a voice that told him to take care of them. In his adolescence and youth, he worked to pay for his studies and enter the Seminary. He received priestly ordination in 1841. His goal was to make the vision described above a reality. With his affability Don Bosco won over the abandoned young people; To serve them he used "the oratories," which were at the same time homes for his disciples, a school, a parish, a place for catechesis, offices and workshops. He was criticized by civilians and clerics; However, today, his work is recognized and esteemed by universal pedagogy and the Church. He founded the Society of Saint Francis de Sales (Salesians), the Sisters of Mary Help of Christians and a lay group called the Society of Cooperators. He professed special devotion to Our Lady Help of Christians. Among his writings are: numerous Letters, his Autobiography and "The Educated Young Man." Canonized in 1934 by Pius XI (1922-39), who declared him "Father and Teacher of youth." Don Bosco is the patron saint of Catholic publishers. In one of his Letters, he points out: "If we truly seek the authentic happiness of our students and want to induce them to fulfill their obligations, it is important, above all, that you never forget that you act as parents of our beloved young people." Feast Day: 31 January.

Ash Wednesday

Remember that you are dust,  
and to dust you shall return.



**Lent begins Wednesday  
February 14, 2024**

**Mass with distribution of Ashes:  
8:30 AM and 7:00 PM  
Ash Wednesday Service: Noon**

### Word of the Week:

**Angelus:** a short practice of devotion in honor of the Incarnation of Christ repeated three times each day: morning, noon and evening. It reminds us of how God became truly present in our world and how He desires to be present with us if we are open and willing like the Blessed Virgin Mary. It consists essentially in the triple repetition of the Hail Mary, along with three introductory versicles and a concluding versicle and prayer.



V- The Angel of the Lord declared unto Mary.

R- And she conceived of the Holy Spirit. (Hail Mary....)

V- Behold the handmaid of the Lord.

R- Be it done unto me according to thy word. (Hail Mary....)

V- And the Word was made Flesh.

R- And dwelt among us. (Hail Mary....)

V- Pray for us, O Holy Mother of God.

R- That we may be made worthy of the promises of Christ.

**LET US PRAY:** Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that, we to whom the Incarnation of Christ, Thy Son, was made known by the message of an Angel, may by His Passion and Cross, be brought to the glory of His Resurrection. Through the same Christ our Lord. Amen.

**Living Stations of the Cross** rehearsals will be held Tuesdays at 6:30 PM in the church beginning this Tuesday, January 30. All children of the Parish in Grades 2-12 are welcome and encouraged to participate. We need actors, readers and stage crew. If you're interested, please see Steve Uhnak or Fr. Mullins, or plan to come to rehearsal this Tuesday.

**Our Funeral Luncheon Committee** provided its first luncheon in January, 2020. Since then, they have provided numerous luncheons to the families and friends of the deceased parishioner. This service is greatly appreciated. We thank Roseann Heydt, Peg Duell and their team for making this possible. **A Reorganization meeting is scheduled for Tuesday, February 13 at 11:00 AM in the Parish Center** to discuss moving forward with this service. If you would like to be part of this Ministry, please plan on attending this meeting. If you have any questions, contact the Rectory Office at: 610-826-2335.



**Catholic Schools Week** starts today. Listed below is our schedule of activities for the week. Come and see what we are all about.

**Sunday, Jan. 28: Open House. All Invited.**

Palmerton Campus (PC) 10:30 AM – 12 Noon.

Slatington Campus (SC) 11:30 AM-1:00 PM.

*The Book Fair will be OPEN at both Campuses.*

**Monday, Jan. 29: PAJAMA DAY!**

SC: movie and popcorn. PC: Bingo.

**Tuesday, Jan. 30: TEAM JERSEY DAY!**

Students can wear their favorite team's jersey.

SC: "SPECIAL PERSON" LUNCH

**Wednesday, Jan. 31: Red, White & Blue Day!**

Students and faculty are encouraged to dress in patriotic colors!

SC & PC Students - Presentation by the Carbon County Environmental Education Center @ PC.

**Thursday, Feb. 1: Career Day Dress Up!**

Dress up as what you aspire to be!

PC: "SPECIAL PERSON" LUNCH

**Friday, Feb. 2: Celebrate Our Faculty, Staff & Volunteers!** PC mass at Sacred Heart at 8:30 AM.

SC & PC: Mrs. Ott will demonstrate the art of making Cotton Candy at PC. Students will also play Bingo with their Prayer Partners.

**SJNRS is currently accepting applications for Kindergarten registration.** Children who will be age 5 by October 15, 2024, are eligible to register for Kindergarten.

**Also accepting students** for the 2<sup>nd</sup> Semester of the 2023-24 school year and new enrollments up to Grade 8 for the 2024-2025 school year.


Please contact Dr. Heery, Principal at: 610-826-2354 or email: [office.sjnrschool@gmail.com](mailto:office.sjnrschool@gmail.com) with questions, registration packet or schedule a tour.

**SJNRS is hosting 3 on 3 basketball tournaments** for girls and boys in grades 4, 5, 6 and 7. This is a combination of grades together but separate for boy's vs girls. The next tournament is scheduled for Sunday, February 4 with 2:00 PM start time in our gym. There will be a few practices so the students can play together as a team prior to the tournaments. Interested families please contact Carolyn Gowin at: 610-751-3744 or [carolyn.L.gowin@gmail.com](mailto:carolyn.L.gowin@gmail.com).

**All invited to Marian Catholic High School Open House.** Sunday, January 28, 2:00-4:00 PM. Contact Mary Milosh at: [mmilosh@mariancatholic.org](mailto:mmilosh@mariancatholic.org) or 570-467-3335 ext. 117 with questions.

**Weekly Offering** 01/27-01/28: In Support of the Parish  
 Second Collection: Catholic Relief Services  
 2/3-2/4: In Support of the Parish

Attendance weekly goal: 450  
 Actual 1/20-21: 239

 **Online giving** . . . Visit our parish website at: [www.shcpalmerton.org](http://www.shcpalmerton.org) to sign up for online giving with "MyEoffering." Questions, contact Sandy Miller in the Rectory Office at: 610-826-2335.

**December Revenue:**

**December Monthly Goal:** \$17,917  
**Christmas Goal:** \$14,000  
**December Collections:**  
 Sunday offerings: \$15,957  
 Online giving: \$ 2,797  
**December Total:** \$18,754  
**Christmas Collection:** \$ 9,487

**Our Sunday Offering** is our main source of income. We are grateful to all those who continue to financially sacrifice every week to support our Parish and its ministries. Your support is greatly appreciated!

**Next Generation Diocese Initiative:** The Diocese of Allentown has partnered with the Catholic Leadership Institute (CLI), a lay apostolate that inspires Catholic leaders to revitalize the Church for a Christ-filled and joy-filled future through a close accompaniment. *The first of three phases: Take a snapshot of where we are will be done through data collection* beginning on Ash Wednesday, February 14. Parishioners will be asked to complete a survey, **Disciple Maker Index** (DMI). It includes questions about parishioners' spiritual growth and engagement with the parish, such as their core beliefs, their relationship and satisfaction with their parish, and their participation in the parish, including Mass, the Sacraments, prayer, and other activities. The survey will also ask for some demographic information, but no personal information, so the survey will remain anonymous. The survey takes 10 to 15 minutes. Details on how to access the Survey will be available in an upcoming Bulletin. It is completed online but can also be completed on paper. The online survey will be open throughout the season of Lent, ending Wednesday, March 27. The deadline to submit paper copies is Friday, March 22. Diocese is asking all active parishioners to participate in the survey.



**COOKS WITH COLLARS**  
[www.cookswithcollars.com](http://www.cookswithcollars.com)

**voting closes on February 12.**

Anyone wishing to donate *offline* can place your donation in the container in the back of Church. Two weeks left to vote and we are halfway at our goal! Thank you to all who have already cast your vote!

**Contribution Statements**

**2023 Contribution Statements** are available in the Parish Center for those who requested a Statement. All Email requests have been emailed. If you have any questions, please contact Sandy Miller in the Rectory Office at: 610-826-2335 or email at: [shpmtn@ptd.net](mailto:shpmtn@ptd.net).



**BINGO!** Contact the Rectory Office at 610-826-2335 if you would like to volunteer to help with this fundraiser. Many various ways to help. BINGO is scheduled for April 14 beginning at 1:00 PM.

**Get you tickets today for the Bus trip to Sight and Sound** for the presentation of "Daniel" on Saturday, April 13, 2024, for the 11:00 AM show. The bus will leave Sacred Heart's parking lot at 8:00 AM and will return back by 4:30 PM. **Cost \$130** per person includes bus and show. Bring a box lunch to eat on the way back. Call the Rectory Office to reserve your seat today at: 610-826-2335.

**Fun Corner: Catholic Schools Week**

W	N	U	F	F	B	R	C	B	Z	C	C	K
H	K	R	E	L	I	G	I	O	N	N	L	F
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J	R	C	P	V	N	A	F	X	W	H	Z	W

**Word Search:**

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|-----------|--------|-----------|
| Academics | Fun    | Religious |
| Adoration | Mass   | Stations  |
| Education | Prayer | Virtues   |
| Friends   |        |           |



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[cbreidinger@jppc.net](mailto:cbreidinger@jppc.net)

IN REMEMBRANCE OF SAMANTHA JOSEPHSON

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