

THE DIOCESE OF ALLENTOWN

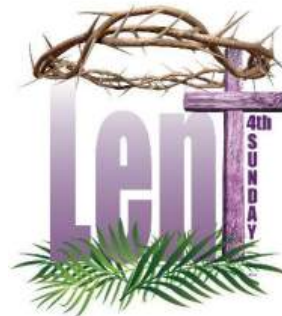
SACRED HEART CHURCH

243 LAFAYETTE AVENUE ~ PALMERTON PA 18071

Rectory Office: 610-826-2335 • Fax: 610-826-5360

shpmtn@ptd.net • www.shcpalmerton.org

Office Hours: Mon. – Fri. 9:30 AM to 2:30 PM



OUR MISSION STATEMENT

"As the family of Sacred Heart Roman Catholic Church, we come together in faith to renew ourselves through the celebration of sacraments and strive to be the welcoming hands of Christ in our community."

SACRAMENTAL & PRAYER LIFE

Sacrament of the Eucharist / Mass

Saturday Vigil 5:00 PM Sunday Morning 9:30 AM

March 10, 2024

PASTORAL & SUPPORT STAFF

Reverend Michael Mullins	<i>Pastor</i>
Steven Uhnak	<i>Coordinator, Religious Education</i>
Sandy Miller	<i>Bookkeeper/Secretary</i>
Bonnie Lazorick	<i>Secretary</i>
Dan Podorsky	<i>Part Time Maintenance</i>

RELIGIOUS EDUCATION

Religious Education Office 610-826-2335

St. John Neumann Regional School

Dr. Christopher Heery, Principal 610-826-2354
 Palmerton Campus www.sjnrschool.org

Allentown Central Catholic High School 610-437-4601
www.acchs.info

Marian Catholic High School 570-467-3335
www.marianhighschool.org

SACRAMENT OF RECONCILIATION/CONFESSION

Monday, Wednesday, Thursday Friday: 7:00-8:00 AM
 Saturday: 4:00 – 4:45 PM.
 First Friday of the Month: 6:00-7:00 PM
 By appointment call the Rectory Office

SACRAMENT OF BAPTISM

Baptismal Classes are held on an as needed basis.
 Please call the Parish Office to schedule a class.

SACRAMENT OF MARRIAGE

Couples planning to get married should inform the Church as soon as possible (at least one year) prior to the wedding to begin marriage preparation. Marriage Preparation Class must be taken prior to six months before the marriage is celebrated.

MINISTRY TO THE SICK & HOMEBOUND

Anyone wishing to arrange for a home visit is to contact the Parish Office. Please do not wait for an emergency.

PRAYER OPPORTUNITIES

Private church visits Monday to Friday, 9:30 AM to 2:30 PM.

PARISH ACTIVITIES

Please contact the Chairperson of committee or the Rectory Office for details/contact info.

Altar Guild	Cass Chies	Pro Life Coordinator	Veronica Scarpati
Altar Servers	Father Mullins	Safety, Security and	
Bereavement Sharers	Olivia Erickson	Maintenance Committee	Jim Matsko
Bible Study/Prayer Group/ Prayer Chain	Peg Duell	Sacred Heart Helping Hands	Rectory Office
C.A.C.P.A.C.	Sue Steigerwalt / Lori Nemeth	Vocation Promoter	Rectory Office
Cemetery	Frank Hager	Catholic Charities:	
Choir/Music Liaison	Joann Kerksmar	Tom Miller	610-435-1541 ext. 374
Disability Advocates	Marian Carty	Protecting God's Children	
Financial Council	Joe Koma	Safe Environment Coordinator	
Funeral Luncheon Committee	Roseann Heydt/Peg Duell	Pamela Russo	610-871-5200, ext. 2204
High School Ministry	Tricia Matsko	Victim Assistance Coordinator	
Knights of Columbus	Joe Koma	Ms. Wendy S. Krisak, M.A., NCC, LPC800-791-9209	
Men of Good News	Ed Sidleck		
Palmerton Festival	Dana Massey	Allegations of abuse against a Bishop, contact	
Pastoral Council	Jerome Scarpati	Catholic Bishop Abuse Reporting Service at:	
	Lisa Kistler	www.ReportBishopAbuse.org	
		call: 1-800-276-1562.	

March 10 – Fourth Sunday Of Lent



Saturday 5:00 PM (March 9):
Mary Sander by
Manuel and Sofia Mendes

Sunday 9:30 AM (March 10):
Rebecca Massey-Ake' by
Georgia and Joe Mock

Monday 7:00 PM (March 11): No Daily Mass
Lenten Confessions

Wednesday 8:30 AM (March 13):
Louis and Anna Skrovanek by
granddaughter

Thursday 8:30 AM (March 14):
Robert Parsons by wife and son

Friday 8:30 AM (March 15):
Parishioners of Sacred Heart

Saturday 5:00 PM (March 16):
Manuel Amorim by
wife Amelia, son Jason and family

Sunday 9:30 AM (March 17):
Sharon Minnich by the Class of 1963
Girls of Sacred Heart School

Sacrament of Penance Schedule

Saturday: 4:00-4:45 PM
Before weekday Mass: 7:00-8:00 AM
First Friday of the Month: 6:00-7:00 PM
Confessions also by appointment, please call the Rectory Office.



Let us continue to remember and pray for all our deceased relatives, friends, benefactors, and parishioners, those serving in the military, those struggling with addictions, the homebound and those who are sick and have asked for our prayers. Individual names will be added to the list of Prayers for the Sick upon request from the individual or from the sick person's Power of Attorney.

spring forward **Daylight Savings Time** begins this weekend at 2:00 AM, Sunday, March 10. Did you remember to check your batteries in your smoke detectors and turn your clocks ahead one hour?

SUNDAY'S READINGS

Reading I: 2 Chronicles 36: 14-16, 19-23

A reflection on the evil of not paying attention to God's prophets compels the Israelites to endure a 70 year exile in Babylon.

Reading II: Ephesians 2: 4-10

St. Paul tells Christians that they can be identified with Christ in that they too will be enthroned with Him in heaven.

The Gospel: John 3: 14-21

The dialogue between Jesus and Nicodemus continues with a discussion about God sending His only Son to earth to bring light and love to the world.



Monday: Is 65:17-21 Ps 30:2 and 4, 5-6, 11-12a and 13b Jn 4:43-54

Tuesday: Ez 47:1-9, 12 Ps 46:2-3, 5-6, 8-9 Jn 5:1-16

Wednesday: Is 49:8-15 Ps 145:8-9, 13cd-14, 17-18 Jn 5:17-30

Thursday: Ex 32:7-14 Ps 106:19-20, 21-22, 23 Jn 5:31-47

Friday: Wis 2:1a, 12-22 Ps 34:17-18, 19-20, 21 and 23 Jn 7:1-2, 10, 25-30

Saturday: Jer 11:18-20 Ps 7:2-3, 9bc-10, 11-12 Jn 7:40-53

Sunday: Jer 31:31-34 Ps 51:3-4, 12-13, 14-15 Heb 5:7-9 Jn 12:20-33



Sanctuary Candle:

Gerald Reenock by daughter

Marian Altar:

Andrew and Irene Homyak
by Mary Ellen and Alice



Blessed with 90 years or more we offer our prayers and best wishes to: **Roger Nanovic**. *Have a blessed and Happy Birthday.*



The fourth Sunday of Lent is called Laetare Sunday due to the first words of the Entrance Antiphon at Mass: "Laetare,

Jerusalem" (Rejoice, O Jerusalem). We rejoice because we are more than half-way through our journey of Lent. Various signs of our joy to reflect how Christ our Light is almost here: clerics are permitted to wear optional Rose colored vestments, the altars can be decorated with flowers, and additional musical instruments can be added on this Sunday. It is a day meant to inspire us to not give up our efforts of prayer, fasting and almsgiving because the end is in sight.

Confessions with multiple priests available at the following locations and days:

Sunday, 10 March 2024 @ 3:00 PM in Assumption BVM Church (649 W. Washington St. Slatington, PA 18080).

Monday, 11 March 2024 @ 7:00 PM in Sacred Heart Church, Palmerton.

Tuesday, 12 March 2024 @ 7:00 PM in Saint Nicholas Church (1152 Oak Road, Walnutport, PA 18088).

Learn and Live the Faith (Compendium of CCC)

#316 "Who can receive the sacrament of the anointing of the sick?"

Any member of the faithful can receive this sacrament as soon as he or she begins to be in danger of death because of sickness or old age. The faithful who receive this sacrament can receive it several times if their illness becomes worse or another serious sickness afflicts them. The celebration of this sacrament should, if possible, be preceded by individual confession on the part of the sick person."

#317 "Who administers this sacrament?"

This sacrament can be administered only by priests (bishops or presbyters)."

#318 "How is this sacrament celebrated?"

The celebration of this sacrament consists essentially in an *anointing* with oil which may be blessed by the bishop. The anointing is on the forehead and on the hands of the sick person (in the Roman rite) or also on other parts of the body (in the other rites) accompanied by the *prayer* of the priest who asks for the special grace of this sacrament."

Saint of the Week



Clement Hofbauer (1751–1820) was the ninth of twelve children of a butcher and his wife in Moravia. His father died when Hofbauer was six years old. Hofbauer was therefore sent to learn a trade. He became a baker, but his desire was to be a

priest. Hofbauer worked long hours to feed the poor affected by war and famine. In 1785, after a pilgrimage, Hofbauer joined the Redemptorist congregation and became a priest. He was responsible for establishing the order's presence in Poland, where he built schools and orphanages. His patience and persistence were revealed one day when Hofbauer went to a tavern to ask customers for money for the orphans; A man spit a mouthful of beer in his face to make him leave. Calmly, Hofbauer looked at the man's face and stopped. He said softly, "That was it for me. Now are you going to give something for my orphans?" He was well known for his lifelong dedication to caring for the poor during a tumultuous period in European history, which left thousands destitute. He worked to care for the Polish people, until he was expelled from there and moved to Austria. Feast Day: March 15.

Saint Quote of the Week: *"We beg You, the Beginning and the End of faith, with contrite hearts, not to let the light of faith be extinguished in souls."* - St. Clement Hofbauer.

"O Good Jesus, Author of our faith, preserve it pure within us; keep us safe in the bark of Peter, faithful and obedient to his successor, and Your vicar here on earth, so that the unity of the holy Church may be maintained, holiness fostered, the Holy See protected in freedom, and the Church universal extended to the benefit of souls." - St. Clement Hofbauer.

Word of the Week: **Anointing of the Sick** - One of the seven sacraments instituted by Christ to give the sick spiritual aid and strength (Mark 6:13 and James 5:14-15). It consists essentially in the anointing by a priest of the forehead and the hands of the infirm while saying the prayer. A priest may anoint a baptized Catholic who is gravely ill, about to undergo serious surgery, or is advanced in age. If a person is able, they should seek the sacrament of Confession beforehand.



Foot Washing

The liturgical rite of the washing of the feet on Holy Thursday takes its inspiration from the Last Supper, where Jesus first washed the feet of his apostles and commanded them to do likewise (see Jn 13:4-14). During Holy Thursday Mass on March 28, **Father Mullins will wash the feet of 7 parishioners.** *If you would like to volunteer to share in this meaningful ritual, please call the Parish Office. Thank you.*

Lenten Reminders:

- Abstain from eating meat on Fridays of Lent.
- Fast, eat only 1 full meal on Good Friday.
- Stations of the Cross occur every week during Lent on Wednesday at 6:30 PM and School Stations of the Cross on Mondays at 1:30 PM.
- Confessions are on Mondays, Wednesdays, Thursdays, Fridays at 7:00 AM; Saturdays from 4:00-4:45 PM and First Friday of the month 6:00-7:00 PM.
- Lenten Confessions with extra priests:
March 10: 3:00 PM Assumption BVM
March 11: 7:00 PM Sacred Heart
March 12: 7:00 PM St. Nick's
- The DMI Survey to help our parish plan for future activities is available on our website at: www.SHCPalmerton.org until March 27. Paper copies are also available in the Parish Center until March 22.

Catholics are obliged to fulfill what has been called their "***Easter Duty.***" They are required to receive Holy Communion during the Easter time. This obligation can be fulfilled from the First Sunday of Lent until Trinity Sunday. Those conscious of serious sin are reminded of the obligation to confess their sins at least once a year during this time.

Did you know . . . The purpose of the penance given in the Sacrament of Penance? We cannot fully do anything ourselves to restore our relationship with God when we have sinned. Only Jesus could and did something by dying on the Cross at Calvary for our sins. It is Jesus who going to the Cross perfectly offered a sacrifice that could take away our sins when He offered His body upon the Cross. Just before we are absolved of our sins in the Sacrament of Penance, the priest gives us a "penance" to be done to take that step forward towards the Lord of reconnecting with the Father and Blessed Trinity through the suggested prayers given by the priest/confessor.

The Lenten Obligation, as determined for Catholics in the United States by our Bishops, requires that fasting be observed on Good Friday. The Law of Abstinence is to be observed on all the Fridays of Lent.

Who must fast? All Catholics between the ages of 18 and 59.

Who must abstain? All Catholics 14 years and older.

Fasting means taking only one full meal. Two lighter meals (not equal to another full meal) may be taken to maintain strength according to one's needs.

Abstinence forbids eating meat, including poultry by all Catholics 14 years and older.

Consider adding one (1) daily Mass each week to your spiritual journey.

Help to reengage Catholics who have fallen away from the faith by simply extending an invitation to them to come with you to Mass, Stations, Adoration, Confession. This simple gesture may be all it takes to welcome back a person who has been away. Don't be surprised at the positive response you may receive.

Catholics are also encouraged to make Lent a time of more intense prayer and to practice almsgiving and other works of charity. Parishioners are encouraged to participate in ***Operation Rice Bowl*** each week of Lent by having a sacrificial meal (something less than usual) and then share your savings with the poor through Operation Rice Bowl. Place an envelope with your name in any collection during the Lenten Season or in the collection bowl that is placed in the center aisle towards the back of Church or through online giving. Thank you for your support of this Lenten charity.



Join us for the Stations of the Cross Wednesday evenings during Lent at 6:30 PM.

The Stations are a beautiful expression of the core of our faith, that is, Jesus embraced the experience of human life, our triumphs and failures, our joys and our sorrows. Jesus walks with us, trips with us when we stumble and helps us to our feet again. When we carry our Cross, Jesus is with us; so please arrange your Lenten schedule to share in this devotion.

Cemetery: Please remove all Christmas flowers and decorations from graves by March 17. Your cooperation is important and will enable us to prepare for the Spring. Thank you.

Some Ways to Improve Your Lent:

- Pray by name for someone who has hurt you.
- When you see, hear or read about people experiencing hardships, pray for them for relief or offer your assistance.
- Take 5 minutes a day in quiet to let the Lord speak to you.
- Fast from gossip.
- Pull the rosary out of your drawer at home and pray it for the intention of peace.

Join us for the two remaining Lent retreat series, featuring speakers from our Diocese:

March 11: SS. Peter and Paul, Lehighton, Topic "**Promise**" by Kristin Osenbach.

March 18: Cathedral of St. Catharine of Siena, Allentown, Topic "**Holy**" by Fr. Trigilio.

Schedule of the night: 6:30-7:30 PM: adoration and confession; 7:30 PM: presentation and 8:00 PM refreshments.

Visit the Diocesan Flocknote page to sign up at: allentowndiocese.flocknote.com/signup152184.

Weekly Offering 3/9-3/10: In Support of the Parish
3/16-3/17: In Support of the Parish
Second Collection: Easter Flowers

Attendance weekly goal: 450

Actual 3/2-3/3: 297



Online giving... Visit our parish website at: www.shcpalmerton.org to sign up for online giving with "MyOffering." Questions, contact Sandy Miller in the Rectory Office at: 610-826-2335.



Deadline to complete the DMI survey is March 27. Please visit our website at: shcpalmerton.org or open your cell phone camera and focus on the QR Code (box above) and website link will be revealed. Click the link and begin the survey.

If you prefer a paper copy, you may pick up your survey in the Parish Center. To submit the completed survey, please drop off in the box located in the Parish Center by Friday, March 22. Computers are also available for those who don't have access to a computer and would like to complete online. Please call the Rectory Office to schedule. The Diocese is asking all active parishioners to participate in the survey. Your input helps strengthen our parish. Results help leadership prepare for the future. Questions, please call the Rectory Office.

New Pre-K Program: SJNRS is accepting applications for the Pre-K 2024-25 Program. This program is open to all children who will be 3-4 years of age by September 1, 2024. Full or half day options are available. For details please call: 610-826-2354.

Consider giving your child the gift of a catholic education. SJNRS is accepting applications for Kindergarten. Children who will be age 5 by October 15, 2024, are eligible to register. **Also accepting** applications up to Grade 8 for the 2024-2025 school year. Please contact Dr. Heery, Principal at: 610-826-2354 or email: office.sjnrschool@gmail.com for details.

Purchase your discounted Hershey Park Tickets from SJNRS 8th Grade Class by 3/27/24. Checks made payable to SJNRS. Tickets are valid during the 2024 season only and expire on January 1, 2025. Admission 3 & up: \$46. Contact the School Office at: 610-826-2354.



We will have our first drop off on April 1 at 5:00 PM in the church parking lot.

We will **NOT BE ACCEPTING** the following: single mugs, stuffed animals, single glasses, men's suits, single dishes and electronics. **We will accept any** unwanted Christmas gifts and gift cards that you received that you will not use. If it is possible for you, please place your donated items in boxes. Flea Market is scheduled for Friday, June 21 through Sunday June 23, 2024. If you have any questions, please contact Bernice Borowski at: 610-392-0625 between 10:00 AM and 7:00 PM.

The 33rd Annual Easter Mass "**We Are Remembered**" Ministry will be celebrated April 3, at 7:00 PM at St. Elizabeth of Hungary Church in Whitehall. **Monday, March 20 is the deadline to have the names of loved ones enrolled in the Book of the Remembered and the enrollment list that will be printed in the AD Times.** A \$5 donation per name enrolled is requested. To register, send info and check to: We Are Remembered Ministry, St. Elizabeth of Hungary Parish, 618 Fullerton Ave., Whitehall, PA 18052; Sponsor(s) name, Donation amount, Address, Phone number, Email, and Name(s) of the deceased. For questions, contact Mary Spieker at: dirreled@sercc.org or by phone at: 610-266-0695.



High School Ministry will be selling Gertrude Hawk Candy Bars after Mass this weekend. **Cost \$2.00 per bar.**



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IN REMEMBRANCE OF SAMANTHA JOSEPHSON

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