

THE DIOCESE OF ALLENTOWN

SACRED HEART CHURCH

243 LAFAYETTE AVENUE ~ PALMERTON PA 18071

Rectory Office: 610-826-2335 • Fax: 610-826-5360

shpmtn@ptd.net • www.shcpalmerton.org

Office Hours: Mon. – Fri. 9:30 AM to 2:30 PM



OUR MISSION STATEMENT

"As the family of Sacred Heart Roman Catholic Church, we come together in faith to renew ourselves through the celebration of sacraments and strive to be the welcoming hands of Christ in our community."

SACRAMENTAL & PRAYER LIFE

Sacrament of the Eucharist / Mass

Saturday Vigil 5:00 PM Sunday Morning 9:30 AM

June 23, 2024

PASTORAL & SUPPORT STAFF

| | |
|--------------------------|---|
| Reverend Michael Mullins | <i>Pastor</i> |
| Steven Uhnak | <i>Coordinator, Religious Education</i> |
| Hy (James) Gia Ngô | <i>Summer Seminararian</i> |
| Sandy Miller | <i>Bookkeeper/Secretary</i> |
| Bonnie Lazorick | <i>Secretary</i> |
| Dan Podorsky | <i>Part Time Maintenance</i> |

RELIGIOUS EDUCATION

Religious Education Office 610-826-2335

Steven Uhnak, Coordinator

St. John Neumann Regional School

Dr. Christopher Heery, Principal 610-826-2354
www.sjnrschool.org

Allentown Central Catholic High School 610-437-4601
www.acchs.info

Marian Catholic High School 570-467-3335
www.marianhighschool.org

SACRAMENT OF RECONCILIATION/CONFESSION

Monday, Wednesday, Thursday Friday: 7:00-8:00 AM

Saturday: 4:00 – 4:45 PM.

First Friday of the Month: 6:00-7:00 PM

By appointment call the Rectory Office

SACRAMENT OF BAPTISM

Please call the Parish Office to schedule a class.

SACRAMENT OF MARRIAGE

Couples planning to get married should inform the Church as soon as possible (at least one year) prior to the wedding to begin marriage preparation. Marriage Preparation Class must be taken prior to six months before the marriage is celebrated.

MINISTRY TO THE SICK & HOMEBOUND

Anyone wishing to arrange for a home visit is to contact the Parish Office. Please do not wait for an emergency.

PRAYER OPPORTUNITIES

Private church visits Monday to Friday, 9:30 AM to 2:30 PM.

PARISH ACTIVITIES

Please contact the Chairperson of committee or the Rectory Office for details/contact info.

| | | | |
|---|-------------------------------|--|-------------------------|
| Altar Guild | Cass Chies | Sacred Heart Helping Hands | Rectory Office |
| Altar Servers | Father Mullins | Safety, Security and | |
| Bereavement Sharers | Olivia Erickson | Maintenance Committee | Jim Matsko |
| Bible Study/Prayer Group/ Prayer Chain | Peg Duell | Catholic Charities: | |
| C.A.C.P.A.C. | Sue Steigerwalt / Lori Nemeth | Tom Miller | 610-435-1541 ext. 374 |
| Cemetery | Frank Hager | Diocesan Victim Assistance Coordinator | |
| Choir/Music Liaison | Joann Kercsmar | Ms. Wendy S. Krisak, M.A., NCC, LPC: | 800-791-9209 |
| Disability Advocates | Marian Carty | Diocesan Office of Safe Environment Coordinator | |
| Financial Council | Joe Koma | Pamela Russo, M.S.W, M.S. | 610-871-5200, ext. 2204 |
| Funeral Luncheon Committee | Roseann Heydt/Peg Duell | Secretary Youth Protection and Catholic Human Services | |
| High School Ministry | Tricia Matsko | PO Box F, Allentown PA 18105-1538 | |
| Knights of Columbus | Joe Koma | prusso@allentowndiocese.org | |
| Palmerton Festival | Dana Massey | Diocesan Youth Protection Programs | |
| Pastoral Council | Jerome Scarpati | www.allentowndiocese.org/the-diocese/youth-protection/ | |
| Pro Life Coordinator | Lisa Kistler | Allegations of abuse against a Bishop, contact Catholic | |
| | Veronica Scarpati | Bishop Abuse Reporting Service at: | |
| | | www.ReportBishopAbuse.org or call: 1-800-276-1562. | |

June 23 – Twelfth Sunday In Ordinary Time

MASS Intentions

Saturday (June 22):
5:00 PM Gerald Niehoff by family
Sunday (June 23):
9:30 AM Darryl Moyer by
 Lori and Jim Nemeth

NOTE: NO DAILY MASS
Monday through Friday June 24-28.

Saturday (June 29):
5:00 PM Sharon Minnich by
 Susie and Gary Shinsky
Sunday (June 30):
9:30 AM Edgardo and Erlinda Salazar by
 family

Sacrament of Penance Schedule

Saturday: 4:00-4:45 PM
Before weekday Mass: 7:00-8:00 AM
First Friday of the Month: 6:00-7:00 PM
Confessions also by appointment, please call the Rectory Office.



Please remember in your prayers our recently deceased, especially *Jane Cervenak*. May she be welcomed into the company of the Saints and may our dear Lord comfort her family.

Let us continue to remember and pray for all our deceased relatives, friends, benefactors, and parishioners, those serving in the military, those struggling with addictions, the homebound and those who are sick and have asked for our prayers. Individual names will be added to the list of Prayers for the Sick upon request from the individual or from the sick person's Power of Attorney.



The Parish family of Sacred Heart extends a warm welcome to our newly registered member: **Deborah (Deb) Covert**. May your stay with us be spiritually enriching, long and happy!

If you are new to our Parish and would like to Register, please call the Rectory Office at: 610-826-2335. New Parishioners are always welcome!

SUNDAY'S READINGS

Reading I: Job 38: 1, 8-11

Yahweh speaks to Job and asks him, "Were you with me at the creation when I set the boundaries for the seas?" In turn, we are asked to trust in God, who can surely do such things.

Reading II: 2 Corinthians 5: 14-17

We believe that Christ died and rose again for our sakes. Because of His sacrifice, we are free to love God and avoid sin.

The Gospel: Mark 4: 35-41

When "even the winds and the sea obey Him," we realize that we must make a decision about Christ. This is for the present and the future.



Monday: Is 49:1-6 Ps 139:1b-3, 13-14ab, 14c-15 Acts 13:22-26 Lk 1:57-66, 80
Tuesday: 2 Kgs 19:9B-11, 14-21, 31-35A, 36 Ps 48:2-3AB, 3CD-4, 10-11 Mt 7:6, 12-14
Wednesday: 2 Kgs 22:8-13; 23:1-3 Ps 119:33, 34, 35, 36, 37, 40 Mt 7:15-20
Thursday: 2 Kgs 24:8-17 Ps 79:1b-2, 3-5, 8, 9 Mt 7:21-29
Friday: 2 Kgs 25:1-12 Ps 137:1-2, 3, 4-5, 6 Mt 8:1-4
Saturday: Acts 12:1-11 Ps 34:2-3, 4-5, 6-7, 8-9 2 Tm 4:6-8, 17-18 Mt 16:13-19
Sunday: Wis 1:13-15; 2:23-24 Ps 30:2, 4, 5-6, 11, 12, 13 2 Cor 8:7, 9, 13-15 Mk 5:21-43 or 5:21-24, 35b-43

Sanctuary Candle



Happy Anniversary and Happy Birthday Father Mullins. May God's love and peace be with you always!

Marian Altar

Annette Wargo Birthday Remembrance, June 22, by her 7 children and families.

Remember God doesn't take a Summer vacation! So, you shouldn't forget Him on your Summer vacation. He will be home in every Parish and any Parish can be your home away from home for weekend Mass. Visit masstimes.org for a Church near you.

| Next Weekend Ministry Schedule | | | |
|--------------------------------|-------------------|---------------------------------------|-----------------------|
| 6/29-6/30 | Lector | EM | Altar Servers |
| 5:00 PM | T. Matsko | Fr. Mullins/J. Hill | L. Matsko |
| 9:30 AM | A. Goodbred/James | Fr. Mullins/G. Berk/S. Miller (choir) | C. Tubbs/S/B Goodbred |



In the Gospel, we hear Jesus sleeping in the boat during a violent squall. How could He sleep during a time of agitation and danger? Because He knew all was in the hands of His heavenly Father. When Christ awoke, He rebuked the wind and calmed the sea with simple words, "Quiet, be still!" He desires that our souls be quiet and still as well. With faith, we recognize that Christ will help us through whatever cross we may face and lead us to the resurrection of a new life. When things get stormy in your life, it is helpful to turn to the Lord in prayer; to look at a crucifix, or the sunrise or sunset, or any of creation and know it is the Lord who guides it all, and He does it all for our greatest good. Saint Pope John XXIII who reigned from 1958-1963 was greatly affected with the multitude of worldly issues of his time, yet at the end of the day he ended with the following prayer: "Lord, I am going to bed now, the Church is in your hands!" We can at times feel overwhelmed with events in our lives, but our Lord has big shoulders and can handle it. Christ even encourages us, "Come to me all you who are burdened, and I will give you rest." May we, like Christ, be able to rest peacefully in the storms of life trusting in the plan of our heavenly Father.

Learn and Live the Faith (Compendium of CCC)

#357 "How is the Christian moral life bound up with faith and the sacraments?"

What the symbol of faith professes, the sacraments communicate. Indeed, through them the faithful receive the grace of Christ and the gifts of the Holy Spirit which give them the capability of living a new life as children of God in Christ whom they have received in faith." *'O Christian, recognize your dignity.'* (Saint Leo the Great).

#358 "What is the root of human dignity?"

The dignity of the human person is rooted in his or her creation in the image and likeness of God. Endowed with a spiritual and immortal soul, intelligence and free will, the human person is ordered to God and called in soul and in body to eternal beatitude."

#359 "How do we attain beatitude?"

We attain beatitude by virtue of the grace of Christ which makes us participants in the divine life. Christ in the Gospel points out to his followers the way that leads to eternal happiness: the beatitudes. The grace of Christ also is operative in every person who, following a correct conscience, seeks and loves the true and the good and avoids evil."

Word of the Week: Archbishop - A bishop who presides over one or more dioceses. He may call the bishops to a provincial council, having the right and duty to do so, and he may act as first judge of appeal over a decision of one of his bishops. His immediate jurisdiction, however, pertains solely to his own diocese. He is often styled "metropolitan" because of the importance of his see city or ecclesiastical province. Our Ecclesiastical Province is Philadelphia, so Archbishop Nelson Perez often meets with our Bishop Alfred Schlert and the other bishops of Pennsylvania.



Saint of the Week: Cyril of

Alexandria (378-444 AD), recognized as a great teacher of the Church, began his career as archbishop of Alexandria, Egypt, with impulsive, often violent actions. He plundered and closed the churches of the Novatian

heretics, who demanded that those who denied the faith be rebaptized, participated in the overthrow of St. John Chrysostom, and confiscated Jewish property, expelling the Jews from Alexandria in retaliation for their attacks on Christians . . . Cyril defended the cause of orthodoxy against the heresy of Nestorius, who taught that in Christ there were two persons, one human and one divine. Presiding as the pope's representative at the Council of Ephesus in 431, Cyril condemned Nestorianism and proclaimed Mary truly the "God-bearer," the mother of the only Person who is truly God and truly human. In the confusion that followed, Cyril was deposed and imprisoned for three months, after which he was welcomed back to Alexandria. After this time, Cyril repented of his violent past and sought to bring healing within the Church. Feast Day: June 27.

Saint Quote of the Week: "Indeed the mystery of Christ runs the risk of being disbelieved precisely because it is so incredibly wonderful." - St. Cyril of Alexandria.

"As two pieces of wax fused together make one, so he who receives Holy Communion is so united with Christ that Christ is in him and he is in Christ." - St. Cyril of Alexandria.

Catechism Series on Virtues
June 25 to June 28
7:00 PM in the Parish Center

Please join us this week for a special Catechism series on the Theological Virtues: Faith, Hope and Love. This series will be conducted over four evenings, from June 25 to June 28 and will begin at 7:00 PM in the Parish Center.

Our seminarian, James, will lead these sessions offering insights into these foundational virtues that shape our Christian life. Each evening will focus on one of the virtues, with the final session synthesizing how they work together in our spiritual journey.

This series is a unique opportunity to deepen your understanding and practice of these essential virtues. It is open to everyone, regardless of where you are in your faith journey.

The Bible Study series on the Gospel of Mark will continue on July 3.

We look forward to seeing you there and growing together in faith. If you have any questions, feel free to contact the Parish Office.

Quo Vadis and Fiat Days (two separate retreats for young men and women) will be held on July 7-11 at Muhlenberg College! All high-school aged young men and women (14-18 years of age, including newly-graduated seniors) are invited to attend these discernment retreats to hear to what vocation God might be calling them. Retreat activities will include time for fellowship, Mass and Adoration, presentations and talks, and activities each day rooted in prayer for the discernment of their vocations. The retreats will include Eucharistic Adoration, Outdoor Rosary Procession, daily sports and games, field trips, and meeting new friends and fellowship! Sign up for Quo Vadis (young men's retreat) at: allentowndiocese.org/quo-vadis.

Sign up for Fiat Days (young women's retreat) at: allentowndiocese.org/fiat-days.

Weekly Collection

6/22/23: In Support of the Parish

6/29-6/30: In Support of the Parish

Second Collection: Peters Pence

Attendance Weekly Goal: 450

Actual 6/15-6/16: 291

Our second collection next weekend supports the Universal Church and the work of the Holy See, including helping Pope Francis to carry out his charitable works. These works benefit our brothers and sisters on the margins of society, including victims of war, oppression, and disasters. Please support these charitable works with a donation today.

Our Parish Financial Fiscal Year closes June 30.

We thank all who have sacrificed so generously to continue to support our Parish and its ministries during this year. We ask that all back envelopes be returned by June 30 to be included for this fiscal year.



We are grateful to our parishioners who have pledged their support to the 2024 **Because We are Catholic Annual Appeal**. If you have not taken the opportunity to make a gift, you may drop off your pledge form at the Rectory Office or place it in the collection basket anytime this month or visit the Appeal website at: BecauseWeAreCatholic.org. We need the support of all of our parish families to reach 100% participation.

Sacred Heart's Bible Study Wednesday Group will resume meeting on Wednesdays. Everyone is welcome to join them this Wednesday, June 26 at 10:00 AM in the Parish Center. Questions, please call Peg Duell at: 610-826-8009.



You could win \$1,000 Cash!! Tickets were mailed to parishioners for our "Christmas in July Raffle." If you did not receive your tickets, please call the Rectory Office. Every Parish family is asked to buy or sell 5 tickets at \$10/ticket. Sell all 5 tickets and automatically you will receive a FREE ticket. Return ticket stub by Friday, July 26. Prize winners will be drawn Sunday, July 28 after 9:30 AM Mass. Cash prizes: **1st prize: \$1,000; 2nd prize: \$500; 3rd Prize: \$150, 4th Prize: \$50 and 5th Prize: \$50.** Additional tickets are available at the Rectory Office. All proceeds benefit Sacred Heart Church. Good Luck! **Thank you to Harold Schisler and Campton Funeral Home for sponsoring the tickets!**

Saint John Neumann Regional school recently received a huge scholarship donation. If money was the only issue that prevented you from sending your child to our school, there is no longer any excuse. Consider sending your child, grandchild or even godchild to our Catholic School (Pre-K to 8th grade) where they will receive outstanding academics, develop strong faith, and become good leaders who apply the Gospel message to their lives. Allow the Holy Spirit to guide your child.

PreK Registration: Children who will be 3-4 years of age on or before September 1, 2024.

Kindergarten Registration: Children who will be age 5 by October 15, 2024.

New Student Registration: Grades 1 through 8.

To register or to receive a tour call: 610-826-2354 or email: office.sjnrschool@gmail.com.

NOTE: SJNRS SUMMER HOURS: Tuesday, Wednesday, Thursday: 9:00 AM to 1:00 PM.

SJNRS Summer Camps: Monday through Thursday 12 Noon – 3:00 PM starting week of: July 8-11: Chess; July 15-18: Basketball and Technology; July 22-25: Vacation Bible Study and Cooking. Details call: 610-826-2354.

Retrouvaille: Rediscover The Love In Your Marriage: Struggling in your marriage? There is help. Tens of thousands of couples have healed their marriages through Retrouvaille (pronounced Retro-vy). If you know anyone who could benefit from this program, please pass this on. Couples learn to build communication skills and to increase intimacy. It provides help for marriage problems, difficulties or crises. The next program will be held August 9 - 11, and again on October 4 - 6 at the Family Life Center in Malvern, PA. For more info or to register, visit www.HelpOurMarriage.org or call 215-766-3944 or 800-470-2230. All inquiries are strictly confidential.

Malvern Retreat House would like to invite men and women to experience a period of refreshment, support, reassurance, learning, and concentration on the gift of their lives. Learn, reflect, "dump your stuff," fortify yourself, increase your personal communion with the Lord. Come join the men's weekend, Sept. 6, 7, and 8; or a women's weekend, Sept. 13, 14, and 15; Friday night to Sunday morning. For info, contact Anthony Scarselletti at: 610-393-4671 or OLPH.ascarselletti@gmail.com.



Sunday: 11:00 AM-3:00 PM.

Basket raffle, kitchen will be open: perogies, haluski, BBQ.

Thanks to all who donated and volunteered to make our parish Flea Market a wonderful success; it continues today (Sunday) until 3:00 PM. For those who missed out, Saint John Neumann Regional School will continue to run the Flea Market next weekend as well! You'll get a second chance to uncover some great treasures!



Sunday, July 14-Bingo starts 1:00 PM.

Call the Rectory Office to purchase your advance ticket today. \$25 will give you a Regular Bingo Packet, a Specials Packet and a Ticket for a drawing. Mark your calendars and tell your friends, neighbors and co-workers: **We will have Bingo every Second Sunday of the month!**



Join us this Sunday, June 23 in Palmerton Park at 7:00 PM to enjoy music performed by *The Castaway Band* weather permitting. Bring your lawn chair, sit back and enjoy a Summer evening in the Park.

Pilgrimage Tour to Mexico with Fr. Phil Rodgers including: Our Lady of Guadalupe, Tepeyac Hill, Zocalo Plaza, Tlaxcala, Our Lady of Ocotlan, Puebla, Cuernavaca, Taxco, Teotihuacan, and more! October 5 to 11, 2024. Cost: \$2,150 PP/DO. Please call Debbie at 570-622-1802, ext. 0, for more info.



Happy Anniversary! It was one year, Friday, June 21, that our Parish welcomed **Father Mullins** as our Pastor. He was ordained in 2005. We are so thankful for the blessing you are and the special gift of having a priest who reflects the love of Christ!

Father Mullins also celebrates his birthday on June 24.

Happy Birthday Father Mullins! You have blessed so many lives through your faithful ministry; may you be blessed greatly in return on this special day. All of us in your Church family wish

you a birthday filled with God's blessings. Thanking God for the gift of your faith-filled life and Praying that the Holy Spirit will strengthen you as you serve the Church. Happy Birthday!



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IN REMEMBRANCE OF SAMANTHA JOSEPHSON

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