

THE DIOCESE OF ALLENTOWN

SACRED HEART CHURCH

243 LAFAYETTE AVENUE ~ PALMERTON PA 18071

Rectory Office: 610-826-2335 • Fax: 610-826-5360

shpmtn@ptd.net • www.shcpalmerton.org

Office Hours: Mon. – Fri. 9:30 AM to 2:30 PM



OUR MISSION STATEMENT

"As the family of Sacred Heart Roman Catholic Church, we come together in faith to renew ourselves through the celebration of sacraments and strive to be the welcoming hands of Christ in our community."

SACRAMENTAL & PRAYER LIFE

Sacrament of the Eucharist / Mass

Saturday Vigil 5:00 PM Sunday Morning 9:30 AM

July 28, 2024

PASTORAL & SUPPORT STAFF

Reverend Michael Mullins	<i>Pastor</i>
Steven Uhnak	<i>Coordinator, Religious Education</i>
Hy (James) Gia Ngô	<i>Summer Seminarian</i>
Sandy Miller	<i>Bookkeeper/Secretary</i>
Bonnie Lazorick	<i>Secretary</i>
Dan Podorsky	<i>Part Time Maintenance</i>

RELIGIOUS EDUCATION

Religious Education Office 610-826-2335

Steven Uhnak, Coordinator

St. John Neumann Regional School

Dr. Christopher Heery, Principal 610-826-2354

Palmerton Campus www.sjnrschool.org

Allentown Central Catholic High School 610-437-4601

www.acchs.info

Marian Catholic High School 570-467-3335

www.marianhighschool.org

SACRAMENT OF RECONCILIATION/CONFESSION

Monday, Wednesday, Thursday Friday: 7:00-8:00 AM

Saturday: 4:00 – 4:45 PM.

First Friday of the Month: 6:00-7:00 PM

By appointment call the Rectory Office

SACRAMENT OF BAPTISM

Please call the Parish Office to schedule a class.

SACRAMENT OF MARRIAGE

Couples planning to get married should inform the Church as soon as possible (at least one year) prior to the wedding to begin marriage preparation. Marriage Preparation Class must be taken prior to six months before the marriage is celebrated.

MINISTRY TO THE SICK & HOMEBOUND

Anyone wishing to arrange for a home visit is to contact the Parish Office. Please do not wait for an emergency.

PRAYER OPPORTUNITIES

Private church visits Monday to Friday, 9:30 AM to 2:30 PM.

PARISH ACTIVITIES

Please contact the Chairperson of committee or the Rectory Office for details/contact info.

Altar Guild	Cass Chies	Sacred Heart Helping Hands	Rectory Office
Altar Servers	Father Mullins	Safety, Security and	
Bereavement Sharers	Olivia Erickson	Maintenance Committee	Jim Matsko
Bible Study/Prayer Group/ Prayer Chain	Peg Duell	Catholic Charities:	
C.A.C.P.A.C.	Sue Steigerwalt / Lori Nemeth	Tom Miller	610-435-1541 ext. 374
Cemetery	Frank Hager	Diocesan Victim Assistance Coordinator	
Choir/Music Liaison	Joann Kercsmar	Ms. Wendy S. Krisak, M.A., NCC, LPC:	800-791-9209
Disability Advocates	Marian Carty	Diocesan Office of Safe Environment Coordinator	
Financial Council	Joe Koma	Pamela Russo, M.S.W, M.S.	610-871-5200, ext. 2204
Funeral Luncheon Committee		Secretary Youth Protection and Catholic Human Services	
	Peg Duell	PO Box F, Allentown PA 18105-1538	
High School Ministry	Tricia Matsko	prusso@allentowndiocese.org	
Knights of Columbus	Joe Koma	Diocesan Youth Protection Programs	
Palmerton Festival	Dana Massey	www.allentowndiocese.org/the-diocese/youth-protection/	
	Jerome Scarpati	Allegations of abuse against a Bishop, contact Catholic	
Pastoral Council	Lisa Kistler	Bishop Abuse Reporting Service at:	
Pro Life Coordinator	Veronica Scarpati	www.ReportBishopAbuse.org or call: 1-800-276-1562.	

July 28 – Seventeenth Sunday In Ordinary Time

MASS Intentions

- Saturday (July 27):**
5:00 PM Anthony Rezeli by wife Nancy
- Sunday (July 28):**
9:30 AM Joaquim G. Dias by
 Jose and Lurdres Amorim
- Monday (July 29):**
8:30 AM Mary Fantine by
 granddaughter Mary
- Wednesday (July 31):**
8:30 AM Manuel R Amorim by Dias family
- Thursday (August 1):**
8:30 AM Parishioners of Sacred Heart
- Friday (August 2): First Friday**
8:30 AM Living and deceased members of the
 Slovak Catholic Sokols
- Saturday (August 3): First Saturday**
8:30 AM Harold and Mary Sander by
 Betty Tartaglia and family
- 5:00 PM** Manuel R Amorim by Pureza Cumba
- Sunday (August 4):**
9:30 AM Murielle Andress by Carol

Sacrament of Penance Schedule

Saturday: 4:00-4:45 PM
Before weekday Mass: 7:00-8:00 AM
First Friday of the Month: 6:00-7:00 PM
**Confessions also by appointment, please call the
 Rectory Office.**



Let us continue to remember and pray for all our deceased relatives, friends, benefactors, and parishioners, those serving in the military, those struggling with addictions, the homebound and those who are sick and have asked for our prayers, especially Joe Koma. Individual names will be added to the list of Prayers for the Sick upon request from the individual or from the sick person's Power of Attorney.



First Friday, August 2

4:00-7:00 PM

Confession: 6:00-7:00 PM.



If you are new to our Parish and would like to Register, please call the Rectory Office at: 610-826-2335. New Parishioners are always welcome!

SUNDAY'S READINGS

Reading I: 2 Kings 4: 42-44

Elisha's multiplication of the barley loaves is a direct preview of Jesus' miracle described in this weekend's Gospel passage for Mass.

Reading II: Ephesians 4: 1-6

Paul stresses the spirit of unity inherent in the new humanity created by Christ. He notes the necessary virtues each member must strive to practice that makes us one in Christ.

The Gospel: John 6: 1-15

Jesus takes the initiative and questions Philip for a way out of a difficult problem that has arisen. Jesus' miracle of multiplication solves the food problem but raises new questions to be answered.



- Monday:** Jer 13:1-11 De 32:18-19, 20, 21
 Jn 11:19-27 or Lk 10:38-42
- Tuesday:** Jer 14:17-22 Ps 79:8, 9, 11 and 13
 Mt 13:36-43
- Wednesday:** Jer 15:10, 16-21 Ps 59:2-3, 4, 10-11,
 17, 18 Mt 13:44-46
- Thursday:** Jer 18:1-6 Ps 146:1B-2, 3-4, 5-6AB
 Mt 13:47-53
- Friday:** Jer 26:1-9 Ps 69:5, 8-10, 14 Mt
 13:54-58
- Saturday:** Jer 26:11-16, 24 Ps 69:15-16, 30-31,
 33-34 Mt 14:1-12
- Sunday:** Ex 16:2-4, 12-15 Ps 78:3-4, 23-24,
 25, 54 Eph 4:17, 20-24 Jn 6:24-35



Sanctuary Candle

Mary Fantine by
 granddaughter, Mary

St. Joseph Altar (2)

Health of Terry O'Neil by wife.



Remember God doesn't take a Summer vacation! So, you shouldn't forget Him on your Summer vacation. He will be home in every Parish and any Parish can be your home away from home for weekend Mass. Visit masstimes.org for a Church near you.

8/3-4	Lector	EM	Altar Servers
5:00 PM	P. Duell	Fr. Tawan/James	H. Werner
9:30 AM	J. Dobias/James	Fr. Tawan/C. Wehr/T. Gades (choir)	J/J Scarpati



Catholics are not especially known for going door to door, house to house, seeking to evangelize and share our faith. Most of us prefer to simply give witness to our faith by our lives. Unfortunately, many people are not moved by our witness alone; many witnessed the miracles Christ performed, yet they still did not convert. Therefore, we also need people to speak up and speak out on our faith to ensure that all souls know of the glorious opportunity to turn to Christ. Missionaries are called to proclaim the gospel message and live it so that others may see and believe the truth of our faith in love. All of us are called to serve as missionaries in some capacity or other. Some however were selected by God to not simply go door to door, but also country to country, guiding all of humanity to join the family of faith. Next weekend, Father John Tawan, a Missionary of the Sacred Heart, will be celebrating Confessions and Mass for our parish in commemoration of Mission-Co-op. This annual program increases missionary awareness among the faithful whose donations, in turn, help the missionary organizations to continue their evangelization efforts and maintain their congregations, seminaries, convents, and other projects and programs of the Church. The envelope and collection for the Mission Co-op will take place following weekend (August 10-11). With five barley loaves and two fish, Jesus multiplied them and fed five thousand men and their families; imagine what God can do for the world through the gift of your prayers and financial donations. Thank you in advance for welcoming and supporting the missionary, Father John Tawan.

Farewell to James Ngô, our summer seminarian! Join us after 9:30 AM Mass this Sunday, 28 July in the Parish Hall. James helped serve for the past two months as a Lector or as an Extraordinary Minister of Holy Communion at Masses, he led a Catechism series on the virtues, and he led a Bible Study. He also assisted Father Mullins with visiting the sick in their homes and in hospitals. We pray for him and his continued studies and discernment at Saint Charles Borromeo Seminary. Please join us for some cake and coffee in thanksgiving for the service James provided and wish him farewell.

Learn and Live the Faith (Compendium of CCC) #370 "What are the passions?"

The passions are the feelings, the emotions or the movements of the sensible appetite - natural components of human psychology - which incline a person to act or not to act in view of what is perceived as good or evil. The principal passions are love and hatred, desire and fear, joy, sadness, and anger. The chief passion is love which is drawn by the attraction of the good. One can only love what is good, real or apparent."

#371 "Are the passions morally good or bad?"

The passions insofar as they are movements of the sensible appetite are neither good nor bad in themselves. They are good when they contribute to a good action and they are evil in the opposite case. They can be taken up into the virtues or perverted by the vices."



Saint of the Week: Peter Chrysologus

(c. 380 – c. 450) Born in northeastern Italy, Peter was a deacon before Emperor Valentinian III appointed him archbishop of Ravenna, capital of the Western Empire, around 425. The empress heard his first sermon as bishop and became a patron of building projects and ecclesiastical reforms. Many of his sermons survive; They reveal good preparation, pastoral warmth, and many details of Christian life in fifth-century Ravenna. Peter supported Pope Leo the Great's teaching on the Incarnation and advised Eutyches of Constantinople to accept the authority of Rome. He may have later been nicknamed "Chrysologus" (Greek for golden words) to give the Western church a preacher equal to John Chrysostom (golden tongue) in the East. Peter Chrysologus was declared a doctor of the church in 1729. Feast day: 30 July.

Saint Quote of the Week: *"Listen to the Lord's appeal: . . . Come, then, return to me and learn to know me as your father, who repays good for evil, love for injury, and boundless charity for piercing wounds."* - St. Peter Chrysologus.

"He is The Bread sown in the virgin, leavened in the Flesh, molded in His Passion, baked in the furnace of the Sepulcher, placed in the Churches, and set upon the Altars, which daily supplies Heavenly Food to the faithful." - St. Peter Chrysologus.

Gospel Reflection by James: Once every three years in the "cycle" of Readings that the Church gives us for Sunday Mass, in five weeks (17–21 of Ordinary Time), usually in late July and August, we read from the sixth chapter of John's Gospel. This is called "The Bread of Life Discourse."

In August 2019, a Pew Research Survey said that 71 percent of Catholics responded to a question saying that they do not believe that Jesus is truly present in the Eucharist. They seemed to indicate a belief that the Eucharist is some kind of symbol, rather than the Real Presence of His Body and Blood. As Catholics, we are not "fundamentalists" or "literalists" when it comes to the Bible. We believe it is truly the living Word of God, but when Jesus says that "if your hand causes you to sin, cut it off, or if your eye causes you to sin, tear it out," he is speaking metaphorically rather than literally. At the same time, when we hear Jesus teaching us to love one another as he loves us, to love our neighbor as ourselves, and to love even our enemy, His meaning becomes literally very clear. So, when he repeats in John 6 that His "... *flesh is true food and (His) blood is true drink ...*" (v. 55), when he says "*I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world,*" (v. 51) he does not seem to be saying that "it is very important to receive some sort of symbol" that represents his presence.

Last week, at the Eucharistic Revival, thousands of Catholics gathered in Indianapolis for an opportunity for the members of Christ's Body, the Church, to become "flesh for the life of the world" (Jn. 6:51). When Our Lord declared that "the bread that I will give is my flesh for the life of the world" (Jn. 6:51), he gave us words for the mystery-reality of his Real Presence in the Eucharist. His Presence in the Eucharist is "bread" which nourishes, "life" which sustains us, and is for "the world" he created and loves.

The Eucharist is Christ Himself. It's a gift that has the potential to not only sustain us in every way but also to draw us into the greatest Heavenly delights. Believe Jesus' words in this holy chapter of John's Gospel. For if you deepen your belief in all that Jesus has said, you will begin to realize that all you crave in life will begin to be fulfilled by this precious gift in ways beyond your imagination.

Word of the Week: Aspergill - a small brush or instrument used for sprinkling holy water during liturgical services. It is commonly used during the Easter season at the Sunday Mass as a reminder of our baptism and to recommit ourselves to Christ's service.

Plan to join James this Wednesday, July 31 at 7:00 PM in the Parish Center for his last overview on the Gospel of Mark. Everyone is welcome. We look forward to seeing you there and growing together in faith. If you have any questions, feel free to contact the Parish Office.



Young Adult Group (ages 18-30) will be gathering for Games and S'mores with our seminarian James in the Rectory backyard on Saturday, 3 August 2024 from 6:00 - 9:00 PM. In case of rain, we will meet in the Parish Center. Questions contact Susan Cook at: 610-751-8177 or susanhyacinthcook@gmail.com.

On Saturday, 10 August 2024 at 9:00 AM in our church, there will be a training for new Extraordinary Ministers (EMs) of Holy Communion. Adult parishioners in good standing who have all their sacraments and have a devotion to our Lord in the Holy Eucharist are encouraged to participate. Call the rectory office to register at: (610) 826-2335.



SAVE THE DATE!

Bishop Schlert has announced **Monday, October 21, 2024** for our Parish Confirmation. All Students who will be Confirmed and their families please mark your calendar. Also, there is a mandatory meeting scheduled for all confirmands and parents on Tuesday, August 13 at 7:00 PM in the church.




Registration for the 2024-2025 School year for children who are entering first to eighth grade, and not enrolled in Catholic School, are required to be registered in a parish education program. **Religious Education PREP registration packets** are available for download on the church website (www.shcpalmerton.org) under Religious Education, or you can pick one up at the Rectory. Call Steve Uhnak with questions at the Rectory Office: 610-826-2335 or email your questions to: shccre@ptd.net.

Weekly Collection

7/27-28: In Support of the Parish
Second Collection: Education Fund
 8/3-8/4: In Support of the Parish
Second Collection: Improvement and Repairs


Attendance Weekly Goal: 450
 Actual 7/20-21 288

 Sacred Heart provides **Online Giving through software called myEoffering.** This is a convenient and safe way to make a one-time or recurring donation. Visit our Parish website at: www.shcpalmerton.org and click on the **online giving** icon to create your account and schedule your donation or recurring gift online.

The Parish gratefully acknowledges the following contributions to the *Sacred Heart Memorial Fund made in memory of:*

George Duell by: Joe and Sue Uhnak, Bernice Borowski and Margaret Mary Hartnett.

Jane Cervenak by: Jose & Teresa Amorim, Diane Bries, John & Tracey Rickert, Bryan & Donna Cerutti, Hilda Fedor, Rose Ann Heydt and Paula J. Kovalik.

 **Traditional Values, Quality Education. Enroll today for the 2024-2025 School Year.** The distinctive purpose of SJNRS is to create Catholic-centered education enlivened by the Gospel spirit of love. The school community exists to maintain academic standards and to foster catholic values, and to empower children to be all that they can be.

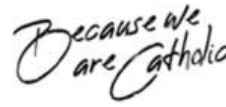
Scholarships are available: Consider sending your child, grandchild or even godchild to our Catholic School (Pre-K to 8th grade). Accepting applications for:

PreK: Children 3-4 years of age on or before September 1, 2024.

Kindergarten: Children age 5 by October 15, 2024.
New Students: Grades 1 through 8.

Questions/register call: 610-826-2354 or email: office.sjnrschool@gmail.com.

SJNRS Summer Office Hours:
Tuesday, Wednesday, Thursday:
9:00 AM to 1:00 PM.



Our parish support is a vital part of this Diocesan-wide effort to serve children and families in our own community and throughout the Diocese of Allentown. We are grateful to our parishioners who have already pledged their support to the Appeal. If you have not taken the opportunity to make a gift, you may drop off your pledge form at the Rectory Office or place it in the collection basket or visit the Appeal website at: BecauseWeAreCatholic.org.

Sacred Heart's Bible Study Group will meet Wednesday, August 7 at 10:00 AM in the Parish Center. All are invited to attend. Call Peg Duell at: 610-826-8009 for details or stop by this Wednesday.



Raffle: Christmas in July. Stop by the school gym after 9:30 AM Mass this Sunday to say farewell to James and the Winners will be selected by James for our raffle. Be sure that your tickets are submitted beforehand so that he can pick your ticket!



Cash Bingo to benefit our school: This Sunday (July 28th) in our Gym! Doors open at 12 PM. \$25 for bingo packet of 15 regular games and 5 specials. All are welcome.



Join us this Sunday, July 28 in Palmerton Park at 7:00 PM to enjoy music performed by the **PA Villagers**, weather permitting. Bring your lawn chair, sit back and enjoy a Summer evening in the Park.

Fun Corner: Happy World Grandparents Day!

O	X	J	C	G	G	M	J	F	A	B
S	J	G	Y	C	A	X	D	M	A	Q
O	C	Y	M	G	Y	M	D	X	U	Y
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A	E	A	P	L	R	B	P	B	V	F
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Word Search:

- Gamgam Grandpa Pappy
- Grammy Memaw Poppop
- Gramps Nana Pops
- Grandma Papa



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