

THE DIOCESE OF ALLENTOWN

SACRED HEART CHURCH

243 LAFAYETTE AVENUE ~ PALMERTON PA 18071

Rectory Office: 610-826-2335 • Fax: 610-826-5360

shpmtn@ptd.net • www.shcpalmerton.org

Office Hours: Mon. – Fri. 9:30 AM to 2:30 PM



OUR MISSION STATEMENT

"As the family of Sacred Heart Roman Catholic Church, we come together in faith to renew ourselves through the celebration of sacraments and strive to be the welcoming hands of Christ in our community."

SACRAMENTAL & PRAYER LIFE

Sacrament of the Eucharist / Mass

Saturday Vigil 5:00 PM Sunday Morning 9:30 AM

January 26, 2025

PASTORAL & SUPPORT STAFF

Reverend Michael Mullins *Pastor*
Steven Uhnak *Coordinator, Religious Education*
Sandy Miller *Bookkeeper/Secretary*
Bonnie Lazorick *Secretary*
Dan Podorsky *Part Time Maintenance*

RELIGIOUS EDUCATION

Religious Education Office 610-826-2335

Steven Uhnak, Coordinator

St. John Neumann Regional School

Dr. Christopher Heery, Principal 610-826-2354
www.sjnrnschool.org

Allentown Central Catholic High School 610-437-4601
www.acchs.info

Marian Catholic High School 570-467-3335
www.marianhighschool.org

SACRAMENT OF RECONCILIATION/CONFESSION

Monday, Wednesday, Thursday Friday: 7:00-8:00 AM

Saturday: 4:00 – 4:45 PM.

First Friday of the Month: 6:00-7:00 PM

By appointment call the Rectory Office

SACRAMENT OF BAPTISM

Please call the Parish Office to schedule a class.

SACRAMENT OF MARRIAGE

Couples planning to get married should inform the Church as soon as possible (at least one year) prior to the wedding to begin marriage preparation. Marriage Preparation Class must be taken prior to six months before the marriage is celebrated.

MINISTRY TO THE SICK & HOMEBOUND

Anyone wishing to arrange for a home visit is to contact the Parish Office. Please do not wait for an emergency.

PRAYER OPPORTUNITIES

Private church visits Monday to Friday, 9:30 AM to 2:30 PM.

PARISH ACTIVITIES

Please contact the Chairperson of committee or the Rectory Office for details/contact info.

Altar Guild	Cass Chies	Sacred Heart Helping Hands	Rectory Office
Altar Servers	Father Mullins	Safety, Security and	
Bereavement Sharers	Olivia Erickson	Maintenance Committee	Jim Matsko
Bible Study/Prayer Group/ Prayer Chain	Peg Duell	Catholic Charities:	
C.A.C.P.A.C.	Sue Steigerwalt / Lori Nemeth	Tom Miller	610-435-1541 ext. 374
Cemetery	Frank Hager	Diocesan Victim Assistance Coordinator	
Choir/Music Liaison	Joann Kercsmar	Ms. Wendy S. Krisak, M.A., NCC, LPC:	800-791-9209
Disability Advocates	Marian Carty	Diocesan Office of Safe Environment Coordinator	
Financial Council	Joe Koma	Pamela Russo, M.S.W, M.S.	610-871-5200, ext. 2204
Funeral Luncheon Committee		Secretary Youth Protection and Catholic Human Services	
High School Ministry	Peg Duell	PO Box F, Allentown PA 18105-1538	
Knights of Columbus	Tricia Matsko	prusso@allentowndioocese.org	
Palmerton Festival	Joe Koma	Diocesan Youth Protection Programs	
Pastoral Council	Dana Massey	www.allentowndioocese.org/the-diocese/youth-protection/	
Pro Life Coordinator	Jerome Scarpati	Allegations of abuse against a Bishop, contact Catholic	
	Lisa Kistler	Bishop Abuse Reporting Service at:	
	Veronica Scarpati	www.ReportBishopAbuse.org or call: 1-800-276-1562.	

January 26 – Third Sunday In Ordinary Time



Saturday (January 25)
5:00 PM Mary Sander by Jaime Mendes

Sunday (January 26)
9:30 AM Kathleen Rooney by Eugene Rooney

Monday (January 27)
8:30 AM Parishioners of Sacred Heart

Wednesday (January 29)
8:30 AM Manuel R. Amorim by sisters and sons

Thursday (January 30)
8:30 AM Lamont Ebbert by the Cook family

Friday (January 31)
8:30 AM Antonio and Rosa Conceicao Amorim by daughter and family

Saturday (February 1) First Saturday
8:30 AM Eileen Daily by Carol and Duane Costenbader

5:00 PM Thomas Navatier by Mary and John Glowacki

Sunday (February 2)
9:30 AM Parishioners of Sacred Heart

Sacrament of Penance Schedule

Saturday:	4:00-4:45 PM
Before weekday Mass:	7:00-8:00 AM
First Friday of the Month:	6:00-7:00 PM
By appointment, please call the Rectory Office.	



Let us continue to remember and pray for all our deceased relatives, friends, benefactors, and parishioners, those serving in the military, those struggling with addictions, the homebound and those who are sick and have asked for our prayers, especially **Joe Koma**. Individual names will be added to the list of Prayers for the Sick upon request from the individual or from the sick person's Power of Attorney.



Sanctuary Candle:
Terry O'Neil by wife.

SUNDAY'S READINGS

Reading I: Nehemiah 8: 2-4a, 5-6, 8-10

Ezra proclaims the Law of the Lord as he reads it to all the people. They for their part listen and show due respect for it.

Reading II: I Corinthians 12: 12-30

In Christ we have become members of one body. It requires us to support one another rather than see others as competitors.

The Gospel: Luke 1: 1-14, 4: 14-21

Jesus returns to the Nazareth synagogue and reads from the scroll of Isaiah. He then proclaims himself as its fulfillment.



Monday: Heb 9:15, 24-28 Ps 98:1, 2-3ab, 3cd-4, 5-6 Mk 3:22-30

Tuesday: Heb 10:1-10 Ps 40:2, 4ab, 7-8a, 10, 11 Mk 3:31-35

Wednesday: Heb 10:11-18 Ps 110:1, 2, 3, 4 Mk 4:1-20

Thursday: Heb 10:19-25 Ps 24:1-2, 3-4ab, 5-6 Mk 4:21-25

Friday: Heb 10:32-39 Ps 37:3-4, 5-6, 23-24, 39-40 Mk 4:26-34

Saturday: Heb 11:1-2, 8-19 Lk 1:69-70, 71-72, 73-75 Mk 4:35-41

Sunday: Mal 3:1-4 Ps 24:7, 8, 9, 10
 Heb 2:14-18 Lk 2:22-40 or 2:22-32

Adoration
 of the
 Blessed Sacrament



First Friday, February 7

4:00 to 7:00 PM in the Church.
 Confessions 6:00 to 7:00 PM.

Consider spending some quiet, quality time with Jesus before the Blessed Sacrament. Mark your calendars for the First Friday of every month.

If you want to learn more about our faith or desiring to grow deeper in our faith, plan to join **Father Mullins on Tuesday, January 28, at 7:00 PM in the Parish Center**. All are welcome.

2/1-2/2	Lector	EM	Altar Servers
5:00 PM	P. Duell	Fr. Mullins/S. Berger	L. Matsko
9:30 AM	J. Dobias	Fr. Mullins/C. Wehr/T. Gades (choir)	G. Buck/B. Cornmesser



Catholic Schools
United in Faith and Community

Today, we begin the celebration of Catholic Schools Week. Catholic schools are a place of unity where students of all religious, socio-economic, and ethnic backgrounds can learn through prayer, studies, activities, and example. Children discover the beauty and wonder of God in the curriculum and in their fellow classmates. Jesus Christ, the Divine Teacher is welcomed in our Catholic schools where there are daily prayers, weekly Masses, Confessions and other liturgies like Stations of the Cross, the Holy Rosary, and May Processions. Respect, discipline and the other virtues are cultivated such that the students can serve as faithful disciples of Christ Jesus and as productive members of society.

Saint John Neumann is the regional Catholic school for our parish as well as for Assumption and Saint Nicholas parishes and is open to children of all faiths. It is a welcoming Catholic community dedicated to the highest levels of academic achievement and spiritual well-being for students from pre-school (3-4 year olds) through eighth grade.

Among our celebrations of Catholic Schools Week is "**Make a Joyful Noise!**"; it is a friendly online musical competition among Catholic schools throughout our diocese to celebrate school spirit and raise funds for schools. On the competition's website: www.WeLoveOurCatholicSchools.com, each school has a fundraising page where you can watch a video, cast a vote for your favorite video, and donate to the school from January 26 to February 23.

During this special week, I encourage you to schedule a tour of our wonderful school to see our faith lived and shared and consider sending your child or grandchild to our school:

SJNRS Slatington Campus (grades: Pre-K – 2)
641 W. Washington St, Slatington, PA 18080.
Phone: 610-767-2935.

SJNRS Palmerton Campus (grades: 3 – 8)
259 Lafayette Avenue, Palmerton, PA 18071.
Phone: 610 826-2354.

Learn and Live the Faith (Compendium of CCC)
#447 "How does one respect the holiness of the Name of God?" One shows respect for the holy Name of God by blessing it, praising it and glorifying it. It is forbidden, therefore, to call on the Name of God to justify a crime. It is also wrong to use the holy Name of God in any improper way as in *blasphemy* (which by its nature is a grave sin), *curses*, and *unfaithfulness* to promises made in the Name of God."

#448 "Why is a false oath forbidden?" It is forbidden because one calls upon God who is truth itself to be the witness to a lie. "*Do not swear, whether by the Creator or by any creature, except truthfully, of necessity and with reverence.*" (Saint Ignatius of Loyola)."

#449 "What is perjury?" Perjury is to make a promise under oath with the intention of not keeping it or to violate a promise made under oath. It is a grave sin against God who is always faithful to his promises."

Word of the Week: Benedictus - The song of thanksgiving of Zechariah at the birth of his son, John the Baptist (Luke 1:68-79). It is addressed to God in gratitude for fulfilling the Messianic promises, and to the child who is to be the forerunner of the Messiah. In the Western Church it is sung or recited liturgically at Lauds / morning prayer.

The Mother's Support Group kicked off on Saturday, January 11. Plan to join us for our next get together to relax and connect with other young mothers on Saturday, February 8, 2025 at 10:00 AM in the Parish Center. Questions contact Father Mullins at 610-826-2335.

The Bible Study/Prayer Group meets on Wednesday mornings at 10:00 AM in the Parish Center. All are invited to attend. For info call Peg at: 610-826-8009.

Saint Quote of the Week: "*But you, man of God, flee from all this, and pursue righteousness, godliness, faith, love, endurance and gentleness. For we brought nothing into the world, and we can take nothing out of it. But if we have food and clothing, we will be content with that.*" (1 Tim 6:11).

Saint of the Week: Timothy (1st Century AD) was born at Lystra, Lycaenia. He was the son of a Greek father and Eunice, a converted Jewess. He joined St. Paul when Paul preached at Lystra replacing Barnabas and became Paul's close friend and confidant. Paul allowed him to be circumcised to placate the Jews, since he was the son of a Jewess, and he then accompanied Paul on his second missionary journey. When Paul was forced to flee Berea because of the enmity of the Jews there, Timothy remained, but after a time was sent to Thessalonica to report on the condition of the Christians there and to encourage them under persecution, a report that led to Paul's first letter to the Thessalonians when he joined Timothy at Corinth. Timothy and Erastus were sent to Macedonia in 58, went to Corinth to remind the Corinthians of Paul's teaching, and then accompanied Paul into Macedonia and Achaia. Timothy was probably with Paul when the Apostle was imprisoned at Caesarea and then Rome, and was himself imprisoned but then freed. According to tradition, he went to Ephesus, became its first bishop, and was stoned to death when he opposed the pagan festival of Katagogian in honor of Diana. Paul wrote two letters to Timothy, one written about 65 from Macedonia and the second from Rome while he was in prison awaiting execution. His feast day is 26 January.

C.A.C.P.A.C. Good Samaritan Award: All high school graduating seniors living in the Palmerton School District are eligible to apply for this year's C.A.C.P.A.C. 2025 Good Samaritan Award. Names and addresses of nominees can be sent to either: Susan Steigerwalt, 241 Princeton Avenue, Palmerton or Susan Arner, 459 Lafayette Avenue, Palmerton. Deadline for submission is February 28, 2025. To be eligible for the award: you must be a graduating senior from any public, private, charter, parochial or home school program and must be an active member in good standing at their Church. The Good Samaritan Committee will decide the best recipient who shows all the qualities of a Good Samaritan as shown by selfless service in church life, community, and school.

All invited this Wednesday, January 29, for our first monthly Parish Game Night!
A time to get out of the house, meet new parishioners and teach/play your favorite card game. Game night will be held in the Parish Gym from 6:30 to 8:00 PM.

Weekly Collection

1/25-1/26/2025: In Support of the Parish
Second Collection: Catholic Relief Services
2/1-2/2/2025: In Support of the Parish
 Attendance weekly goal: 450
 Actual 1/18-1/19: 292



Did you know Sacred Heart provides **Online Giving**. To sign-up for online giving go to: www.shcpalmerton.org and click on the **online giving icon to create your account.**



2024 Contribution Statements were emailed to all who provided an email address. All other requested statements are available in the Parish Center.



A Simple Act of Care for 2025

As we pause and reflect on our blessings after the holidays and a busy winter season ahead, the Diocese of Allentown invites you to show simple act of care to yourself, your loved one and your parish, Sacred Heart by **Creating your will**. In thanks for your support, we partner with **FreeWill** so you can make a will and find peace of mind in the year ahead. It's completely free to use and takes as little as 20 minutes. Please scan the QR code or visit: <https://allentowndiocese.mygiftlegacy.org> to get started today.

Calling all Men: Join us Saturday, February 1 to take part in Spiritual Combat! The program entitled **"Into the Breach"** discusses the confrontations facing us, how to recognize the enemy and fight back to protect our souls and our families. We will meet on Saturdays at 8:00 AM in the Parish Center (chapel between the Church and the rectory).



Second Sunday of the month

Parish Social Hall. Cost: \$25. Doors and Kitchen open at 12:00 Noon. Bingo starts 1:00 PM. Proceeds benefit Sacred Heart Church. **Mark your calendar for February 9.** Hope to see you there!



Need a gift? \$25 BINGO gift certificates are available at the Rectory Office. Call 610-826-2335 or stop by the Rectory Office (9:30 AM to 2:30 PM).



The Parish family of Sacred Heart extends a warm welcome to our newest parishioners: **Matt and Larissa Gurnari and daughter Ruthie Grace and Gary and Linda Sweeney.** May

you continue to be spiritually enriched and your membership in the Church be long, happy and fruitful. **If you are new to our Parish** and have not yet registered, **please call the Rectory Office at: 610-826-2335 to Register.** New Parishioners are always welcome!

Christmas and New Year are often times when people become engaged. If you are planning an engagement, please call Father Mullins at: 610-826-2335 to learn what is expected of engaged couples to prepare for marriage and to set a tentative date on the Church calendar.

To be eligible to be a Sponsor for Baptism or Confirmation you must be an active, registered parishioner, minimum of 3 months, who is:

- Fully Initiated (received Baptism, Eucharist and Confirmation.)
- Minimally 16 years of age.
- Attends Mass regularly on Sundays and Holy Days.
- If living together, must be married through the Catholic Church.
- Supporting your Church to the best of your ability.

World Day for Consecrated Life

The World Day for Consecrated Life will be celebrated on Sunday, February 2, 2025. Please pray for all the women and men who have committed themselves to God and His people in the consecrated life. Be sure to thank them for their witness and service on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation. .

Congratulation to Carson Burky, 12 year old age group and **Chase Sebelin,** 14 year old age group the winners of the KOC Lafayette Council 2522 Annual Basketball Free Throw competition held at our Gym. Good luck in the regional contest.

2025 Calendars are available at all Church exits. Please take a calendar as you leave Mass today. Thank you to Campton Funeral Home for generously sponsoring the calendars for our Parish each year.



The distinctive purpose of St. John Neumann Regional School is to create Catholic centered education enlivened by the Gospel spirit of love. The school community exists to keep academic standards and to foster catholic values and to empower children to be all that they can be. SJNRS is currently accepting New Registrations for PreK through Grade 8 at this time. Please contact Dr. Chris Heery, Principal for details at: 610-826-2354.



This Sunday, January 26, SJNRS is sponsoring a **Designer Bag Bingo** in the School Gymnasium.

Doors Open at Noon, BINGO starts at 1:00 PM. Tickets \$30 at the door. For info contact Pam Keer at: 610-657-7850.

Dine and Donate at Sapore, 99 E Bridge Street, Lehighton to benefit SJNRS on **Wednesday, February 19 from 11:00 AM to 10:00 PM,** dine in or take out. Mention SJNRS when ordering and Sapore will donate 10% of your bill to the school.

Fun Corner: Catholic Schools Week

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Word Search:

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| Academics | Friends | Prayer | Virtues |
| Adoration | Fun | Religion | |
| Education | Mass | Stations | |



Join us this Sunday, January 26 after 9:30 AM Mass in the Social Hall.



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PHILLY SPIN-IN

RIDE FOR LITTLE HEARTS
Saturday & Sunday
March 8-9, 2025

Help hearts like Luca's
Philly Spin-In Ambassador, Luca, 6, dreams of becoming a personal trainer - or flying like *Iron Man*.



Scan this QR code to donate today. 100% of funds raised support innovative research and advanced treatments to help children with heart disease.
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CH Children's Hospital of Philadelphia

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