

THE DIOCESE OF ALLENTOWN

SACRED HEART CHURCH

243 LAFAYETTE AVENUE ~ PALMERTON PA 18071

Rectory Office: 610-826-2335 • Fax: 610-826-5360

shpmtn@ptd.net • www.shcpalmerton.org

Office Hours: Mon. – Fri. 9:30 AM to 2:30 PM



OUR MISSION STATEMENT

"As the family of Sacred Heart Roman Catholic Church, we come together in faith to renew ourselves through the celebration of sacraments and strive to be the welcoming hands of Christ in our community."

SACRAMENTAL & PRAYER LIFE

Sacrament of the Eucharist / Mass

Saturday Vigil 5:00 PM Sunday Morning 9:30 AM

February 23, 2025

PASTORAL & SUPPORT STAFF

Reverend Michael Mullins	<i>Pastor</i>
Steven Uhnak	<i>Coordinator, Religious Education</i>
Sandy Miller	<i>Bookkeeper/Secretary</i>
Bonnie Lazorick	<i>Secretary</i>
Dan Podorsky	<i>Part Time Maintenance</i>

RELIGIOUS EDUCATION

Religious Education Office	610-826-2335
Steven Uhnak, Coordinator	
St. John Neumann Regional School	
Dr. Christopher Heery, Principal	610-826-2354
Palmerton Campus	www.sjnrschool.org
Allentown Central Catholic High School	610-437-4601
	www.acchs.info
Marian Catholic High School	570-467-3335
	www.marianhighschool.org

SACRAMENT OF RECONCILIATION/CONFESSION

Monday, Wednesday, Thursday Friday: 7:00-8:00 AM
 Saturday: 4:00 – 4:45 PM.
 First Friday of the Month: 6:00-7:00 PM
 By appointment call the Rectory Office

SACRAMENT OF BAPTISM

Please call the Parish Office to schedule a class.

SACRAMENT OF MARRIAGE

Couples planning to get married should inform the Church as soon as possible (at least one year) prior to the wedding to begin marriage preparation. Marriage Preparation Class must be taken prior to six months before the marriage is celebrated.

MINISTRY TO THE SICK & HOMEBOUND

Anyone wishing to arrange for a home visit is to contact the Parish Office. Please do not wait for an emergency.

PRAYER OPPORTUNITIES

Private church visits Monday to Friday, 9:30 AM to 2:30 PM.

PARISH ACTIVITIES

Please contact the Chairperson of committee or the Rectory Office for details/contact info.

Altar Guild	Cass Chies	Sacred Heart Helping Hands	Rectory Office
Altar Servers	Father Mullins	Safety, Security and	
Bereavement Sharers	Olivia Erickson	Maintenance Committee	Jim Matsko
Bible Study/Prayer Group/ Prayer Chain	Peg Duell	Catholic Charities:	
C.A.C.P.A.C.	Sue Steigerwalt / Lori Nemeth	Tom Miller	610-435-1541 ext. 374
Cemetery	Frank Hager	Diocesan Victim Assistance Coordinator	
Choir/Music Liaison	Joann Kercsmar	Ms. Wendy S. Krisak, M.A., NCC, LPC:	800-791-9209
Disability Advocates	Marian Carty	Diocesan Office of Safe Environment Coordinator	
Funeral Luncheon Committee	Peg Duell	Pamela Russo, M.S.W, M.S.	610-871-5200, ext. 2204
High School Ministry	Tricia Matsko	Secretary Youth Protection and Catholic Human Services	
Knights of Columbus	Marty DeSousa	PO Box F, Allentown PA 18105-1538	
Palmerton Festival	Dana Massey	prusso@allentowndiocese.org	
Pro Life Coordinator	Jerome Scarpati	Diocesan Youth Protection Programs	
	Veronica Scarpati	www.allentowndiocese.org/the-diocese/youth-protection/	

Allegations of abuse against a Bishop, contact Catholic Bishop Abuse Reporting Service at:
www.ReportBishopAbuse.org or call: 1-800-276-1562.

February 23 – Seventh Sunday In Ordinary Time



Saturday (February 22)
5:00 PM Parishioners of Sacred Heart

Sunday (February 23)
9:30 AM Antoinette Homlak by children

Monday (February 24)
8:30 AM Richard Frey by Joanne Anderson

Wednesday (February 26)
8:30 AM Sharon Minnich by Deborah Cebrosky

Thursday (February 27)
8:30 AM Parishioners of Sacred Heart

Friday (February 28)
8:30 AM Gerry Reenock by Eileen and Ed Robinson

Saturday (March 1) First Saturday
8:30 AM Manuel R. Amorim by Isolina and Bladino Mendes

5:00 PM Tony Massey by Carolyn Miskevish

Sunday (March 2)
9:30 AM The Homyak and Wilk families
 By Mary Ellen and Alice



March 5, 2025

**Mass with distribution of Ashes:
 8:30 AM and 7:00 PM
 Ash Wednesday Service: Noon**

Sacrament of Penance Schedule

Saturday: 4:00-4:45 PM
Before weekday Mass: 7:00-8:00 AM
First Friday of the Month: 6:00-7:00 PM
By appointment, please call the Rectory Office.



Let us continue to remember and pray for all our deceased relatives, friends, benefactors, and parishioners, those serving in the military, those struggling with addictions, the homebound and those who are sick and have asked for our prayers, especially *Andy Krawchuk and Joe Kercsmar*. Individual names will be added to the list of Prayers for the Sick upon request from the individual or from the sick person's Power of Attorney.

SUNDAY'S READINGS

Reading I: 1 Samuel 26: 2, 7-9, 12-13, 22-23

Refusing to harm his jealous enemy Saul, David slips into Saul's own tent and retrieves his weaponry but does the man no harm. So deep is David's respect for the office of king.

Reading II: 1 Corinthians 15: 45-49

Paul draws the contrast between Adam and Christ, preaching that by nature we all receive a physical body from Adam, but by grace we receive a spiritual body from Christ. This spiritual body is destined to live forever.

The Gospel: Luke 6: 27-28

Continuing the Sermon on the Plain, Jesus widens the scope of charity and commands a radical love that reaches out to everyone even our enemies.



Monday: Sir 1:1-10 Ps 93:1ab, 1cd-2, 5 Mk 9:14-29

Tuesday: Sir 2:1-11 Ps 37:3-4, 18-19, 27-28, 39-40 Mk 9:30-37

Wednesday: Sir 4:11-19 Ps 119:165, 168, 171, 172, 174, 175 Mk 9:38-40

Thursday: Sir 5:1-8 Ps 1:1-4, 6 Mk 9:41-50

Friday: Sir 6:5-17 Ps 119:12, 16, 18, 27, 34, 35 Mk 10:1-12

Saturday: Sir 17:1-15 Ps 103:13-14, 15-16, 17-18 Mk 10:13-16

Sunday: Sir 27:4-7 Ps 92:2-3, 13-14, 15-16
 1 Cor 15:54-58 Lk 6:39-45



ADORATION
 of the
 BLESSED
 SACRAMENT

**First Friday of the Month,
 March 7, 2025.**

4:00 to 7:00 PM
 Confessions 6:00 to 7:00 PM.



Sanctuary Candle:

Kathleen Rooney by Eugene Rooney.

St. Anthony:

In thanksgiving to St. Anthony for his continued intercession by a soul.

3/1-3/2	Lector	EM	Altar Servers
5:00 PM	P. Duell	Fr. Mullins/S. Berger	H. Werner
9:30 AM	J. Dobias	Fr. Mullins/D. Vollmer/C. Wehr (choir)	G. Buck/C. Davis



Our Lord took on the guilt for all our sins, but the damage continues: wars, disease, famine, poverty, racism, ignorance. We are called to work with Christ and His Church to heal the damage. We can help heal the damage in this world by performing works of charity especially for those in need. We can also perform works of charity for those who have died and are in purgatory. We can offer indulgences to help those souls repair the damage their sins caused. An indulgence is a work of mercy declared by the Pope (who has the Keys to the Kingdom, including the storehouse of God's Mercy) to offer in union with Christ for the souls in purgatory. It requires Confession within 8 days, receive Holy Communion, pray an Our Father and Hail Mary for the Pope's intentions, and to be free from any attachments to sin. During this Jubilee Year (2025) an indulgence can be received twice per day, so we can help send our deceased loved ones in purgatory into the arms of our Savior.

Among the Acts of Charity approved by the Vatican during this Jubilee Year to obtain an indulgence are the following:

- Visiting prisoners.
- Helping those who are in need.
- Spending time with lonely elderly people.
- Aiding the sick or disabled.

Going on pilgrimage to holy places. Our bishop has designated the following places as pilgrimage sites during the Jubilee Year:

Cathedral of St. Catharine of Siena

1825 W. Turner Street, Allentown, PA 18104

National Centre for Padre Pio, Barto

111 Barto Road, Barto, PA 19504

National Shrine of Our Lady of Guadalupe

501 Ridge Avenue, Allentown, PA 18102.

Shrine of St. Therese of Lisieux

5 E. Garibaldi Avenue, Nesquehoning, PA 18240

Acts of Penance can also obtain a plenary indulgence. The Vatican lists several options, including:

- Abstaining for at least one day a week from "futile distractions," such as social media or TV.
- Fasting
- Donating "a proportionate sum of money to the poor."
- Supporting religious or social works, especially in the defense of life in all phases.
- Offering support to migrants, the elderly, the poor, young people in difficulty and abandoned children.
- Volunteering in service to your community.

If you want to learn more about our faith or desiring to grow deeper in our faith, plan to join ***Father Mullins on Tuesday, February 25, at 7:00 PM in the Parish Center.*** All are welcome.

Learn and Live the Faith (Compendium of CCC)

#459 "What are the duties of children toward their parents?"

Children owe respect (filial piety), gratitude, docility and obedience to their parents. In paying them respect and in fostering good relationships with their brothers and sisters, children contribute to the growth in harmony and holiness in family life in general. Adult children should give their parents material and moral support whenever they find themselves in situations of distress, sickness, loneliness or old age."

#461 "How are parents to educate their children in the Christian faith?" Parents do this mainly by example, prayer, family catechesis and participation in the life of the Church."

#460 "What are the duties of parents toward their children?"

Parents, in virtue of their participation in the fatherhood of God, have the first responsibility for the education of their children and they are the first heralds of the faith for them. They have the duty to love and respect their children as *persons* and as *children of God* and to provide, as far as is possible, for their physical and spiritual needs. They should select for them a suitable school and help them with prudent counsel in the choice of their profession and their state of life. In particular they have the mission of educating their children in the Christian faith."

Saint of the Week: Gregory of Narek - (ca. 1005) was born in Armenia. He was educated by his uncle Ananias "the Philosopher", abbot of the monastery of Narek, in present-day Turkey, receiving careful training in Sacred Scripture. He lived within the walls of the cloister, distinguishing himself as a teacher of monks and reformer of the religious life of his time. His wisdom, holiness and virtues attracted enemies; he was accused of heresy, but without success. A prolific writer, admired for religious and universal literature; his works include: "Book of Prayers" and "Great Devotee of the Virgin Mary." He is considered a theologian, mystic, poet, writer and doctor of the Armenian Church. In his Apostolic Letter (2001), Blessed John Paul II praised him saying: "the great Vardapet (Marian doctor) of the Armenian Church [] Greets the Blessed Virgin as 'chosen Seat of the will of the uncreated Divinity'...". A fragment of his Prayer to the Mother of God says: "To you I turn, holy Mother of God, you who were strengthened and protected by the Most High Father, prepared and consecrated by the Spirit who rested upon you, beautified by the Son who dwelt in you: help me with your prayers, so that, always helped by you and filled with your benefits, having found refuge and light in your holy motherhood, I may live for Christ, your Son and Lord." His Holiness Francis confirmed (2015) the affirmative sentence of the Plenary Session of the Cardinals and Bishops (of the Congregation for the Causes of Saints) for the conferral of the title of Doctor of the Universal Church. Feast day: 27 February.

Saint Quote of the Week: *"In the face of my darkness, You are light. In the face of my mortality, You are life."*- St. Gregory of Narek (poem about Christ).

Tabella – is a Catholic communication app that provides wonderful Catholic content from books to music, to prayers, Bible studies and devotions. It also helps us to relay important messages from the parish: *may need an update*. There was a recent update, so you may need to delete the app and reinstall. For those who haven't checked it out yet, visit Tabella.app on your phone or computer.

Young Adults: The Diocese invites all Young Adults to a Joyful Feast, Mardi Gras before Lent! Tuesday, March 4 from 7:00 PM-9:00 PM at Holy Family Parish Center, 508 W. Center Street, Nazareth. Please contact Zelenda Hodgskin with questions at: zhodgskin@allentowndiocese.org.

Word of the Week: Bethlehem - one of the oldest towns in Palestine, located twelve miles southeast of Jerusalem; it is also known as Ephrathah to designate it as the birthplace of King David. In the center of the village, with its thirty thousand persons, is the Church of the Nativity, whose sanctuary is directly above the traditional cave where Christ was born. Two stairways lead to it from the basilica. The large cathedral doors have been blocked to prevent Moslem desecration. Built by Constantine in A.D. 330, the Church of the Nativity is one of the oldest Byzantine structures and one of the earliest Christian churches. In the underground cave in a large niche is the altar of the Nativity. Underneath the altar table is the silver star in the marble floor whose center opening reveals the original stone floor of the cave below. Around the opening are the words "Here Jesus Christ was born of the Virgin Mary." Fifty-three lamps burn there day and night. In this grotto the Christmas Mass is celebrated every day, the faithful kneeling on the marble floor.

Mothers mark your calendar for the next Mother's Support Group get together on Saturday, March 8. We will meet in the Parish Center at 10:00 AM. Questions contact Father Mullins at 610-826-2335.

The Bible Study/Prayer Group meets on Wednesday mornings at 10:00 AM in the Parish Center. All are invited to attend. For info call Peg at: 610-826-8009.



Save the dates for our Third Annual Flea Market Fundraiser, **Friday, June 20 through Sunday June 22, 2025.**

Also, save your unwanted gift cards that you received that you will not use, we will gladly take them. Watch for upcoming info including drop-off dates for donations, volunteer opportunities, etc. in upcoming Bulletins. Contact Bernice Borowski at: 610-392-0625 between 10:00 AM and 7:00 PM with questions.



2/22-2/23: In Support of the Parish
3/1-3/2: In Support of the Parish



Did you know Sacred Heart provides **Online Giving**. To sign-up for online giving go to: www.shcpalmerton.org and click on the **online giving icon** to **create your account**.

"Where is God Calling You?" Vocations Retreat.

Everyone needs a vocations retreat! Join us for a day of prayer, contemplation, and community. Whichever vocation you're discerning (priesthood, married life, consecrated life or single life), we're here to support you. This retreat will allow you to encounter speakers from all these callings and give you a space to listen to God's voice in exploring your vocation. Date: April 12 from 10:00 AM-3:00 PM. Location: St. Mary's Church in Kutztown. Questions contact Zelenda Hodgskin at: zhodgskin@allentowndiocese.org or register at: <https://allentowndiocese/flocknote.com/signup/195281>.

Come and See Weekend at St. Charles Borromeo Seminary. Men ages 15+ are invited to a "Come and See" weekend at St. Charles Borromeo Seminary in Ambler, PA on Friday, March 14 to Sunday, March 16. If you are open to discerning the Lord's call to the holy priesthood, this is a great opportunity to see where future priests study, pray and live throughout their formation! The weekend will include Mass on Saturday and Sunday, prayer time and adoration of the Lord in the Blessed Sacrament. There is also ample time for recreation, visiting a local shrine, getting to know current seminarians and other young men considering the priesthood. For details or to register: <https://www.allentowndiocese.org/come-and-see-weekend>.

Calling all Men: Join us this Saturday, February 15 (or any other Saturday) to take part in Spiritual Combat! The program, "*Into the Breach*" discusses the confrontations facing us, how to recognize the enemy and fight back to protect our souls and our families. We meet on Saturdays at 8:00 AM in the Parish Center.

Men Alive In Christ Half Day Lenten Reflection: "*What Good is Hope.*" Catholic men, we invite you to renew and strengthen your hope and trust in Christ Jesus at our annual Lenten Reflection. Embrace your mission live virtuous masculinity and deepen your relationship with God through a powerful morning of men's fellowship, Sacraments and talks from our Bishop and two speakers. For details visit: <https://allentowndiocese.flocknote.com/signup/194012>.

Game Night-Board Games: Getting cabin fever? Want to get out and play with some friends and make new ones? Bring your favorite board game on Wednesday, 26 February from 6:30 PM – 8:00 PM in the Parish Hall/Gym. All are welcome.

SJNRS 2025-2026 Enrollment Now Open:

Accepting applications for PreK through Grade 8.

- Exceptional education, rooted in faith.
- Technology-enhanced learning.
- A well-rounded curriculum: from math and science to art, PE and media skills.
- Values that last a lifetime.
- Faith-based, welcoming all beliefs.
- Scholarships available! Your child's future is worth it.

To learn more call 610-826-2354.

This weekend join us . . .



SJNRS CYO Track and Field signups will begin soon. Students grades K through 8th of all abilities are welcome. We enjoy introducing students to track and field events in a family friendly, faith encouraging setting. We practice at Palmerton High School facilities on Mondays, Tuesdays, and Fridays starting in late March at 6:00 PM. We participate in CYO track and field meets at Notre Dame High School, Easton. The season ends in May. Accepting applications for assistant coaches. Contact Carolyn at 610-751-3744. Thank you!



Second Sunday of the Month!!

Parish Social Hall. Cost: \$25.
Doors and Kitchen open at 12:00 Noon. Bingo starts 1:00 PM.

Proceeds benefit Sacred Heart Church.

\$25 Gift certificates are available at the Rectory Office. See you on March 9!!



DIAMOND 1ST
REAL ESTATE

Cass Chies
Broker/Owner

236 Delaware Avenue
Palmerton, PA 18071

Office 610-900-4300 • Cell 484-515-7319
Cass@Diamond1st.net | www.Diamond1st.net
Service...Dedication...Commitment...Always for YOU!

Campton Funeral Home Inc.



Harold C. Schisler, Supervisor
525 Delaware Avenue
Pamerton, PA 18071-1910
(610) 826-2377

THE GETZ
PERSONAL CARE HOME

Providing a loving, caring home for over 50 years!

(570) 629-1334
www.getzpersonalcare.com
1026 Scenic Drive, Kunkletown, PA

FRANCIS X. MULLANE INC.

Certified Public Accountants

430 Delaware Ave • Palmerton, PA
610-826-4262
2335 Rt. 115 • Brodheads ville
570-992-5291

STRUBINGER LAW P.C.

ATTORNEYS-AT-LAW

505 Delaware Avenue
Palmerton, PA 18071
(610) 826-7678
www.strubingerlawoffice.com

THE PALMERTON PERSONAL CARE HOME

Personal Care | Secure Memory Care | Respite Care

Schedule a Visit by Calling 610-824-7406 Ext. 101 or simply stop by!

71 Princeton Avenue, Palmerton, PA 18071
<https://inspiritseniorliving.com/contact-thepalmerton/>

Come Live with Us!



Schedule Your Tour
570-669-5500
Personal Care * Respite Care * Memory Care
NESQUEHONING, PA
www.mapleshademeadows.com

Welcome to Our Church!



catholicmatch[®]
Pennsylvania



CatholicMatch.com/datePA

INCREASE YOUR VISIBILITY IN THE COMMUNITY

Place Your Ad Here to Support Our Parish!

CONTACT ME
Michele Barron

mbarron@jppc.net
484.300.2062



PHILLY SPIN-IN

RIDE FOR LITTLE HEARTS

Saturday & Sunday
March 8-9, 2025

Help hearts like Luca's

Philly Spin-In Ambassador, Luca, 6, dreams of becoming a personal trainer - or flying like *Iron Man*.



Scan this QR code to donate today. 100% of funds raised support innovative research and advanced treatments to help children with heart disease.
PhillySpinIn.org



CH Children's Hospital of Philadelphia

Have you found **FABER?**

FREE DOWNLOAD!



Download on the Google Play | Download on the App Store

Sacred Heart Senior Living by the creek

“..... BECAUSE WE CARE”

Personal & Memory Care
Independent Living
Long and Short stays

Free No Obligation Consultations
No Buy-in Fees, Reasonable Rates
Rehabilitation & Respite

Northampton 610-262-4300 • Center Valley 610-814-2700
www.sacredheartseniorliving.com