

THE DIOCESE OF ALLENTOWN

SACRED HEART CHURCH

243 LAFAYETTE AVENUE ~ PALMERTON PA 18071

Rectory Office: 610-826-2335 • Fax: 610-826-5360

shpmtn@ptd.net • www.shcpalmerton.org

Office Hours: Mon. – Fri. 9:30 AM to 2:30 PM



OUR MISSION STATEMENT

"As the family of Sacred Heart Roman Catholic Church, we come together in faith to renew ourselves through the celebration of sacraments and strive to be the welcoming hands of Christ in our community."

SACRAMENTAL & PRAYER LIFE

Sacrament of the Eucharist / Mass

Saturday Vigil 5:00 PM Sunday Morning 9:30 AM

February 9, 2025

PASTORAL & SUPPORT STAFF

Reverend Michael Mullins	<i>Pastor</i>
Steven Uhnak	<i>Coordinator, Religious Education</i>
Sandy Miller	<i>Bookkeeper/Secretary</i>
Bonnie Lazorick	<i>Secretary</i>
Dan Podorsky	<i>Part Time Maintenance</i>

RELIGIOUS EDUCATION

Religious Education Office	610-826-2335
Steven Uhnak, Coordinator	
St. John Neumann Regional School	
Dr. Christopher Heery, Principal	610-826-2354
Palmerton Campus	www.sjnrschool.org
Allentown Central Catholic High School	610-437-4601
	www.acchs.info
Marian Catholic High School	570-467-3335
	www.marianhighschool.org

SACRAMENT OF RECONCILIATION/CONFESSION

Monday, Wednesday, Thursday Friday: 7:00-8:00 AM
 Saturday: 4:00 – 4:45 PM.
 First Friday of the Month: 6:00-7:00 PM
 By appointment call the Rectory Office

SACRAMENT OF BAPTISM

Please call the Parish Office to schedule a class.

SACRAMENT OF MARRIAGE

Couples planning to get married should inform the Church as soon as possible (at least one year) prior to the wedding to begin marriage preparation. Marriage Preparation Class must be taken prior to six months before the marriage is celebrated.

MINISTRY TO THE SICK & HOMEBOUND

Anyone wishing to arrange for a home visit is to contact the Parish Office. Please do not wait for an emergency.

PRAYER OPPORTUNITIES

Private church visits Monday to Friday, 9:30 AM to 2:30 PM.

PARISH ACTIVITIES

Please contact the Chairperson of committee or the Rectory Office for details/contact info.

Altar Guild	Cass Chies	Sacred Heart Helping Hands	Rectory Office
Altar Servers	Father Mullins	Safety, Security and	
Bereavement Sharers	Olivia Erickson	Maintenance Committee	Jim Matsko
Bible Study/Prayer Group/ Prayer Chain	Peg Duell	Catholic Charities:	
C.A.C.P.A.C.	Sue Steigerwalt / Lori Nemeth	Tom Miller	610-435-1541 ext. 374
Cemetery	Frank Hager	Diocesan Victim Assistance Coordinator	
Choir/Music Liaison	Joann Kercsmar	Ms. Wendy S. Krisak, M.A., NCC, LPC:	800-791-9209
Disability Advocates	Marian Carty	Diocesan Office of Safe Environment Coordinator	
Financial Council	Joe Koma	Pamela Russo, M.S.W, M.S.	610-871-5200, ext. 2204
Funeral Luncheon Committee		Secretary Youth Protection and Catholic Human Services	
	Peg Duell	PO Box F, Allentown PA 18105-1538	
High School Ministry	Tricia Matsko	prusso@allentowndiocese.org	
Knights of Columbus	Joe Koma	Diocesan Youth Protection Programs	
Palmerton Festival	Dana Massey	www.allentowndiocese.org/the-diocese/youth-protection/	
	Jerome Scarpati	Allegations of abuse against a Bishop, contact Catholic	
Pastoral Council	Lisa Kistler	Bishop Abuse Reporting Service at:	
Pro Life Coordinator	Veronica Scarpati	www.ReportBishopAbuse.org or call: 1-800-276-1562.	

February 9 – Fifth Sunday In Ordinary Time



Saturday (February 8)
5:00 PM Parishioners of Sacred Heart
Sunday (February 9)
9:30 AM Antonio and Gloria Amorim by daughters and son
Monday (February 10)
8:30 AM Jeff Ruch by John and Mary Glowacki
Wednesday (February 12)
8:30 AM Manuel R. Amorim by brother Candido and family
Thursday (February 13)
8:30 AM Paul Papay by wife and family
Friday (February 14)
8:30 AM Manuel and Maria Dias by Maria Dias and sons
Saturday (February 15)
5:00 PM Parishioners of Sacred Heart
Sunday (February 16)
9:30 AM Stephen and Helen Milkowich by daughters and families

Sacrament of Penance Schedule

Saturday: 4:00-4:45 PM
Before weekday Mass: 7:00-8:00 AM
First Friday of the Month: 6:00-7:00 PM
By appointment, please call the Rectory Office.



Please remember in your prayers our recently deceased, especially **Joe Koma**. May he be welcomed into the company of the Saints and may our dear Lord comfort his family.

Let us continue to remember and pray for all our deceased relatives, friends, benefactors, and parishioners, those serving in the military, those struggling with addictions, the homebound and those who are sick and have asked for our prayers, especially **Andy Krawchuk and Joe Kercksmar**. Individual names will be added to the list of Prayers for the Sick upon request from the individual or from the sick person's Power of Attorney.

If you want to learn more about our faith or desiring to grow deeper in our faith, plan to join **Father Mullins on Tuesday, February 11, at 7:00 PM in the Parish Center**. All are welcome.

SUNDAY'S READINGS

Reading I: Isaiah 6: 1-2a, 3-8

The burning coal signifies Christ coming to us from the altar. Having seen the Lord's glory, Isaiah is sent on a mission.

Reading II: I Corinthians 15: 1-11, or 15: 3-8, 11

Paul tells of his calling, and the basic content of his preaching about Jesus crucified and risen.

The Gospel: Luke 5: 1-11

Luke stresses that Christian discipleship demands a sense of humility in the face of God's often surprising ways.



Monday: Gen 1:1-19 Ps 104:1-2a, 5-6, 10, 12, 24, 35c Mk 6:53-56
Tuesday: Gen 1:20-2:4a Ps 8:4-5, 6-7, 8-9 Mk 7:1-13
Wednesday: Gen 2:4b-9, 15-17 Ps 104:1-2a, 27-28, 29bc-30 Mk 7:14-23
Thursday: Gen 2:18-25 Ps 128:1-2, 3, 4-5 Mk 7:24-30
Friday: Gen 3:1-8 Ps 32:1-2, 5, 6, 7 Mk 7:31-37
Saturday: Gen 3:9-24 Ps 90:2, 3-4abc, 5-6, 12-13 Mk 8:1-10
Sunday: Jer 17:5-8 Ps 1:1-2, 3, 4 & 6 1 Cor 15:12, 16-20 Lk 6:17, 20-26



First Friday of the Month

4:00 to 7:00 PM in the Church. Confessions 6:00 to 7:00 PM. Consider spending some quiet, quality time with Jesus before the Blessed Sacrament. Mark your calendars for the First Friday of every month.

Saint Quote of the Week: "Kindness costs nothing, yet it has the power to change lives." – Saint Scholastica.



St. Joseph Altar:

Terry O'Neil by wife.

St. Anthony:

In thanksgiving to St. Anthony for his continued intercession by a soul.

2/15-2/16	Lector	EM	Altar Servers
5:00 PM	T. Matsko	Fr. Mullins/J. Kralik	M/N Cuyler
9:30 AM	L. Koons	Fr. Mullins/D. Klitsch/C. Wehr (choir)	C. Davis/J/J Scarpati



A popular Catholic hymn written by John Michael Talbot that reflect especially the first reading today is "Here I Am, Lord." The first three verses are from the perspective of the Lord who is seeking someone to go out as His messenger. The final verse is from the perspective of one who answers God's invitation: "Here I am, Lord."

Many of us desire to be there for our family and friends. We carve time out of our day to be with them. We make sacrifices for them because they are important to us. Even then, though, we sometimes are not fully present, not fully there in the moment. At a Little League game, how many times are people checking their email or talking on the phone? On a family trip, how often does each person have their own I-pod? At dinner, how often is one person or another rushing through it to go to work or a practice? Many times, we are not fully there for our loved ones. Many times, we are not fully there for our Lord either. We allow distractions to enter into our mind and aren't really present to listen to God's Word or even to our own words in response.

Our Lord invites us not to simply be present on a surface level. Instead, He calls each of us to go out into deep waters with Him. Put away the distractions. Enter into silence. State your intentions. Ask for help to be focused. The Lord is truly present to us. May we make ourselves truly present to the Lord.

Word of the Week: Bethany – the place where Martha and Mary lived with Lazarus, and where Christ raised Lazarus from the dead. It is located beyond Mount Olivet, about one mile southeast of where Christ ascended into heaven, on the side of a nearby hill. In the fourth century a crypt-chapel marked Lazarus' tomb. The original Bethany was destroyed by the Romans under Titus (A.D. 39-81) and never rebuilt. Monasteries, early Christian churches, and fairly modern shrines were built nearby, but today all are in a ruined condition. In 1187 Bethany was claimed by the Moslems, who forbade Christians to enter the tomb, but in 1614 the Franciscans by payment were allowed to open another entrance so Christians could approach the tomb without going through the mosque.

Learn and Live the Faith (Compendium of CCC)

#453 "How does one keep Sunday holy?" Christians keep Sunday and other days of obligation holy by participating in the Eucharist of the Lord and by refraining from those activities which impede the worship of God and disturb the joy proper to the day of the Lord or the necessary relaxation of mind and body. Activities are allowed on the Sabbath which are bound up with family needs or with important social service, provided that they do not lead to habits prejudicial to the holiness of Sunday, to family life and to health."

#454 "Why is the civil recognition of Sunday as a feast day important?" It is important so that all might be given the real possibility of enjoying sufficient rest and leisure to take care of their religious, familial, cultural and social lives. It is important also to have an opportune time for meditation, for reflection, for silence, for study, and a time to dedicate to good works, particularly for the sick and for the elderly."



If you are new to our Parish and have not yet registered, **please call the Rectory Office at: 610-826-2335 to Register.** New Parishioners are always welcome!

To be eligible to be a Sponsor for Baptism or Confirmation you must be an active, registered parishioner, minimum of 3 months, who is:

- Fully Initiated (received Baptism, Eucharist and Confirmation.)
- Minimally 16 years of age.
- Attends Mass regularly on Sundays and Holy Days.
- If living together, must be married through the Catholic Church.
- Supporting your Church to the best of your ability.

Calling all Men: Join us this Saturday, February 15 (or any other Saturday) to take part in Spiritual Combat! The program entitled **"Into the Breach"** discusses the confrontations facing us, how to recognize the enemy and fight back to protect our souls and our families. We meet on Saturdays at 8:00 AM in the Parish Center.

Saint of the Week: Scholastica - sister of St. Benedict, consecrated her life to God from her earliest youth. After her brother went to Monte Cassino, where he established his famous monastery, she took up her abode in the neighborhood at Plombariola, where she founded and governed a monastery of nuns, about five miles from that of St. Benedict, who, it appears, also directed his sister and her nuns. She visited her brother once a year, and as she was not allowed to enter his monastery, he went in company with some of his brethren to meet her at a house some distance away. These visits were spent in conferring together on spiritual matters. On one occasion they had passed the time as usual in prayer and pious conversation and in the evening they sat down to take their reflection. St. Scholastica begged her brother to remain until the next day. St. Benedict refused to spend the night outside his monastery. She turned to the Lord in prayer and was heard. A furious thunderstorm burst so that neither St. Benedict nor any of his companions could return home. Therefore, they spent the night in spiritual conferences. The next morning, they parted to meet no more on earth. Three days later St. Scholastica died, and her holy brother beheld her soul in a vision as it ascended into heaven. He sent his brethren to bring her body to his monastery and laid it in the tomb he had prepared for himself. She died about the year 543, and St. Benedict followed her soon after. Feast Day: 10 February.

Weekly Collection

2/8-2/9: In Support of the Parish
2/15-2/16: In Support of the Parish
 Attendance weekly goal: 450
 Actual 2/1-2/2: 302



Did you know Sacred Heart provides **Online Giving**. To sign-up for online giving go to: www.shcpalmerton.org and click on the **online giving icon to create your account.**



2024 Statements are available in the Parish Center for those who requested a Statement.

Questions, contact Sandy Miller at: 610 826-2335 or email at: shpmtn@ptd.net.



A Simple Act of Care for 2025

As we pause and reflect on our blessings, the Diocese of Allentown invites you to show simple act of care to yourself, your loved one and your parish, Sacred Heart by **Creating your will**. In thanks for your support, we partner with **FreeWill** so you can make a will and find peace of mind in the year ahead. It's completely free to use and takes as little as 20 minutes. Please scan the QR code or visit: <https://allentowndiocese.mygiftlegacy.org> to get started today.



Save the dates for our Third Annual Flea Market Fundraiser, **Friday, June 20 through Sunday June 22, 2025**. Also, save your unwanted gift

cards that you received that you will not use, we will gladly take them. Watch for upcoming info including drop-off dates for donations, volunteer opportunities, etc. in upcoming Bulletins. Contact Bernice Borowski at: 610-392-0625 between 10:00 AM and 7:00 PM with questions.



This Sunday, February 9!!

Parish Social Hall. Cost: \$25. Doors and Kitchen open at 12:00 Noon. Bingo starts 1:00 PM. Proceeds benefit Sacred

Heart Church. Hope to see you there!



Need a gift? \$25 BINGO gift certificates are available at the Rectory Office. Call 610-826-2335 or stop by the Rectory Office (9:30 AM to 2:30 PM).

The Bible Study/Prayer Group meets on Wednesday mornings at 10:00 AM in the Parish Center. All are invited to attend. For info call Peg at: 610-826-8009.

Mothers mark your calendar for the next Mother's Support Group get together on Saturday, March 8. We will meet in the Parish Center at 10:00 AM. Questions contact Father Mullins at 610-826-2335.

Young Adults: Come to a Joyful Feast, Mardi Gras before Lent! The Diocese invites all the Young Adults to an evening indulging in conversation, community and some delicious foods and drinks we might give up during the 40 days of Lent. Tuesday March 4th 7:00 PM-9:00 PM at Holy Family Parish Center, 508 W. Center Street, Nazareth, PA 18064. Please contact Zelenda Hodgskin with questions at: zhodgskin@allentowndiocese.org.



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PHILLY SPIN-IN

RIDE FOR LITTLE HEARTS

Saturday & Sunday
March 8-9, 2025

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