

THE DIOCESE OF ALLENTOWN

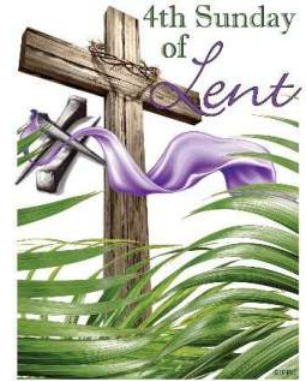
# SACRED HEART CHURCH

243 LAFAYETTE AVENUE ~ PALMERTON PA 18071

Rectory Office: 610-826-2335 • Fax: 610-826-5360

[shpmtn@ptd.net](mailto:shpmtn@ptd.net) • [www.shcpalmerton.org](http://www.shcpalmerton.org)

Office Hours: Mon. – Fri. 9:30 AM to 2:30 PM



## OUR MISSION STATEMENT

*"As the family of Sacred Heart Roman Catholic Church, we come together in faith to renew ourselves through the celebration of sacraments and strive to be the welcoming hands of Christ in our community."*

## SACRAMENTAL & PRAYER LIFE

Sacrament of the Eucharist / Mass

Saturday Vigil 5:00 PM    Sunday Morning 9:30 AM

**March 30, 2025**

### PASTORAL & SUPPORT STAFF

Reverend Michael Mullins	<i>Pastor</i>
Steven Uhnak	<i>Coordinator, Religious Education</i>
Sandy Miller	<i>Bookkeeper/Secretary</i>
Bonnie Lazorick	<i>Secretary</i>
Dan Podorsky	<i>Part Time Maintenance</i>

### RELIGIOUS EDUCATION

<b>Religious Education Office</b>	610-826-2335
Steven Uhnak, Coordinator	
<b>St. John Neumann Regional School</b>	
Dr. Christopher Heery, Principal	610-826-2354
Palmerton Campus	<a href="http://www.sjnrschool.org">www.sjnrschool.org</a>

<b>Allentown Central Catholic High School</b>	610-437-4601
	<a href="http://www.acchs.info">www.acchs.info</a>

<b>Marian Catholic High School</b>	570-467-3335
	<a href="http://www.marianhighschool.org">www.marianhighschool.org</a>

### SACRAMENT OF RECONCILIATION/CONFESSION

Monday, Wednesday, Thursday Friday: 7:00-8:00 AM  
Saturday: 4:00 – 4:45 PM.  
First Friday of the Month: 6:00-7:00 PM  
By appointment call the Rectory Office

### SACRAMENT OF BAPTISM

Please call the Parish Office to schedule a class.

### SACRAMENT OF MARRIAGE

Couples planning to get married should inform the Church as soon as possible (at least one year) prior to the wedding to begin marriage preparation. Marriage Preparation Class must be taken prior to six months before the marriage is celebrated.

### MINISTRY TO THE SICK & HOMEBOUND

Anyone wishing to arrange for a home visit is to contact the Parish Office. Please do not wait for an emergency.

### PRAYER OPPORTUNITIES

Private church visits Monday to Friday, 9:30 AM to 2:30 PM.

## PARISH ACTIVITIES

*Please contact the Chairperson of committee or the Rectory Office for details/contact info.*

<b>Altar Guild</b>	Cass Chies	<b>Sacred Heart Helping Hands</b>	Rectory Office
<b>Altar Servers</b>	Father Mullins	<b>Safety, Security and</b>	
<b>Bereavement Sharers</b>	Olivia Erickson	<b>Maintenance Committee</b>	Jim Matsko
<b>Bible Study/Prayer Group/ Prayer Chain</b>	Peg Duell	<b>Catholic Charities:</b>	
<b>C.A.C.P.A.C.</b>	Sue Steigerwalt / Lori Nemeth	Tom Miller	610-435-1541 ext. 374
<b>Cemetery</b>	Frank Hager	<b>Diocesan Victim Assistance Coordinator</b>	
<b>Choir/Music Liaison</b>	Joann Kercsmar	Ms. Wendy S. Krisak, M.A., NCC, LPC:	800-791-9209
<b>Disability Advocates</b>	Marian Carty	<b>Diocesan Office of Safe Environment Coordinator</b>	
<b>Funeral Luncheon Committee</b>	Peg Duell	Pamela Russo, M.S.W, M.S.	610-871-5200, ext. 2204
<b>High School Ministry</b>	Tricia Matsko	Secretary Youth Protection and Catholic Human Services	
<b>Knights of Columbus</b>	Marty DeSousa	PO Box F, Allentown PA 18105-1538	
<b>Palmerton Festival</b>	Dana Massey	<a href="mailto:prusso@allentowndioocese.org">prusso@allentowndioocese.org</a>	
<b>Pro Life Coordinator</b>	Jerome Scarpati	<b>Diocesan Youth Protection Programs</b>	
	Veronica Scarpati	<a href="http://www.allentowndioocese.org/the-diocese/youth-protection/">www.allentowndioocese.org/the-diocese/youth-protection/</a>	

Allegations of abuse against a Bishop, contact Catholic Bishop Abuse Reporting Service at: [www.ReportBishopAbuse.org](http://www.ReportBishopAbuse.org) or call: 1-800-276-1562.

# March 30 – Fourth Sunday Of Lent

## MASS Intentions

<b>Saturday</b> <b>5:00 PM</b>	<b>(March 29)</b> John Fazio by May and John Glowacki
<b>Sunday</b> <b>9:30 AM</b>	<b>(March 30)</b> Tony Massey by Duane and Carol Costenbader
<b>Monday</b> <b>8:30 AM</b>	<b>(March 31)</b> George and Jean Halmi by Debbie
<b>Wednesday</b> <b>8:30 AM</b>	<b>(April 2)</b> Stephen Orsulak by Ed and Eileen Robinson
<b>Thursday</b> <b>8:30 AM</b>	<b>(April 3)</b> Richard Frey by Debbie and Dave Fisher
<b>Friday</b> <b>8:30 AM</b>	<b>(April 4) First Friday</b> Living and deceased members of Slovak Catholic Sokols
<b>Saturday</b> <b>8:30 AM</b>	<b>(April 5) First Saturday</b> Jack Schrader – 1 year anniversary by Kathleen Liggitt and Lori Schrader
<b>5:00 PM</b>	Parishioners of Sacred Heart
<b>Sunday</b> <b>9:30 AM</b>	<b>(April 6)</b> Tina Nanovic by Mike and Liz Ozalas

### Sacrament of Penance Schedule

Saturday:	4:00-4:45 PM
Before weekday Mass:	7:00-8:00 AM
First Friday of the Month:	6:00-7:00 PM
By appointment, please call the Rectory Office.	



Please remember in your prayers our recently deceased, especially *Marjorie Chamberlain*. May she be welcomed into the company of the Saints and may our dear Lord comfort her family.

*Let us continue to remember and pray* for all our deceased relatives, friends, benefactors, and parishioners, those serving in the military, those struggling with addictions, the homebound and those who are sick and have asked for our prayers. Individual names will be added to the list of Prayers for the Sick upon request from the individual or from the sick person's Power of Attorney.



ADORATION  
of the  
BLESSED  
SACRAMENT

**First Friday, April 4**  
4:00 to 7:00 PM  
Confessions 6:00 to 7:00 PM

## SUNDAY'S READINGS

### Reading I: Joshua 5: 9a, 10-12

The Hebrews celebrate the Passover. The end of the manna signals the beginning of a new era when Israel reaps the blessings of Canaan.

### Reading II: 2 Corinthians 5: 17-21

The ministry of the Apostles is to reunite the human family with God the Father. That mission is now entrusted to us.

### The Gospel: Luke 15: 1-3, 11-32

The familiar name of the parable omits a fuller understanding of Jesus' message, which is all about a loving and merciful God the Father.



<b>Monday:</b>	Is 65:17-21 Ps 30:2 and 4, 5-6, 11-12a and 13b Jn 4:43-54
<b>Tuesday:</b>	Ez 47:1-9, 12 Ps 46:2-3, 5-6, 8-9 Jn 5:1-16
<b>Wednesday:</b>	Is 49:8-15 Ps 145:8-9, 13cd-14, 17-18 Jn 5:17-30
<b>Thursday:</b>	Ex 32:7-14 Ps 106:19-20, 21-22, 23 Jn 5:31-47
<b>Friday:</b>	Wis 2:1a, 12-22 Ps 34:17-18, 19-20, 21 and 23 Jn 7:1-2, 10, 25-30
<b>Saturday:</b>	Jer 11:18-20 Ps 7:2-3, 9bc-10, 11-12 Jn 7:40-53
<b>Sunday:</b>	Is 43:16-21 Ps 126:1-2, 2-3, 4-5, 6. Phil 3:8-14 Jn 8:1-11

### Candle Intentions:

#### **Sanctuary Candle:**

*Gail Sander Hamm* by  
Teresa and Joe Amorim

#### **Marian Altar:**

*Kathleen Rooney* by Eugene Rooney



STATIONS  
OF THE CROSS

**Monday: 1:30 PM**

SJNRS students

**Thursday: 6:30 PM**

During Lent, the visual environment is simplified; no floral decorations, the Gloria and Alleluia are omitted and the vestments are purple to signify a time of penance. The purpose of the "liturgical pruning" is to remind us this is a time to seek out reconciliation with God.

Ministry Schedule next weekend:			
4/5-4/6	Lector	EM	Altar Servers
5:00 PM	P. Duell	Fr. Mullins/M. Carty	H. Werner
9:30 AM	J. Dobias	Fr. Mullins/C. Papay/T. Gades (choir)	G. Buck/C. Davis



Sin places us outside of the home, hungry and alone like the prodigal sons. Repentance allows us to recognize where our choices have led us and what the Father has planned for us when we return. Repentance also reminds us of our relationship with God and neighbor which never ends. May we return to the Father with contrite hearts and make amends with our brothers and sisters.

### Multiple Confessors:

**Tuesday, April 1 @ 7:00 PM** at Saint Nicholas  
4412 Mountain View Drive, Walnutport.

**Thursday, April 3 @ 7:00 PM** at Sacred Heart  
243 Lafayette Avenue, Palmerton.

**Sunday, April 6 @ 3:00 PM** at Assumption BVM  
649 W. Washington Street, Slatington.

**Operation Rice Bowl:** Fifty years ago, Catholics in the Diocese of Allentown organized to bring help to families facing famine in Africa. That help came in the form of a small cardboard box, marking the beginning of "Operation Rice Bowl." This year, we celebrate CRS Rice Bowl's 50th anniversary, the program is a tradition for millions of Catholics in the United States who continue to answer the Gospel call, supporting families experiencing hunger around the world. Go to: <https://www.crsricebowl.org/> to learn more or donate; you can also donate via our cardboard boxes by the church doors and return them during Holy Week services.



**Word of the Week: Bishop** - (Greek word for "overseer") an ordained minister who holds the fullness of the sacrament of Holy Orders and is responsible for teaching doctrine, governing Catholics in his jurisdiction, sanctifying the world and representing the Church. The office of bishop has been transmitted through an unbroken succession and can be traced back to the apostles. These men are selected by the Pope after conferral with the local community. Only a bishop has the authority to ordain deacons and priests.

### **Learn and Live the Faith (Compendium of CCC) #476 "Are the transplant and donation of organs allowed before and after death?"**

The transplant of organs is morally acceptable with the consent of the donor and without excessive risks to him or her. Before allowing the noble act of organ donation after death, one must verify that the donor is truly dead."

### **#477 "What practices are contrary to respect for the bodily integrity of the human person?"**

They are: kidnapping and hostage taking, terrorism, torture, violence, and direct sterilization. Amputations and mutilations of a person are morally permissible only for strictly therapeutic medical reasons."

### **#478 "What care must be given to the dying?"**

The dying have a right to live the last moments of their earthly lives with dignity and, above all, to be sustained with prayer and the sacraments that prepare them to meet the living God."

### **#479 "How are the bodies of the deceased to be treated?"**

The bodies of the departed must be treated with love and respect. Their cremation is permitted provided that it does not demonstrate a denial of faith in the resurrection of the body."

**Saint Quote of the Week:** *"If you truly want to help the soul of your neighbor, you should approach God first, with all of your heart."* – St. Vincent Ferrer.

*"Therefore, do penance now, forgive injuries, make restitution of any ill-gotten goods, live up to and confess your religion."* – St. Vincent Ferrer.

*"Once humility is acquired, charity will come to life; a burning flame devouring the corruption of vice and filling the heart so full that there is no place for vanity."* – St. Vincent Ferrer.





**Saint of the Week: Vincent Ferrer** (1357-1419 AD) born in Spain; he entered the order of Saint Dominic in the year 1374. Soon after his profession, he was commissioned to deliver lectures on philosophy. On being sent to

Barcelona, he continued his scholastic duties and at the same time devoted himself to preaching. After this he labored six years in Valencia during which time he perfected himself in the Christian life. In 1394, the Pope summoned him to Avignon where he was made Master of the sacred palace. He refused all ecclesiastical dignities, even the cardinal's hat, and only craved to be appointed apostolical missionary. He evangelized nearly every province of Spain, and preached in France, Italy, Germany, Flanders, England, Scotland and Ireland. Numerous conversions followed his preaching, which God Himself assisted by the gift of miracles. Feast Day: 5 April.

**Lenten Practices:**

- Abstain from eating meat on Fridays of Lent.
- Fast (eat only 1 full meal) on Good Friday.
- Attend Stations of the Cross:  
     School Stations Mondays at 1:30 PM and/or  
     Thursdays at 6:30 PM.
- Confessions: Mondays, Wednesdays, Thursdays, Fridays: 7:00 AM and Saturdays: 4:00-4:45 PM.
- Lenten Confessions with extra priests: April 1: 7:00 PM St. Nick's; April 3: 7:00 PM Sacred Heart and April 6: 3:00 PM Assumption BVM.



The liturgical rite of the washing of the feet on Holy Thursday takes its

inspiration from the Last Supper, where Jesus first washed the feet of his apostles and commanded them to do likewise (see Jn 13:4-14). During Holy Thursday Mass on April 17, Father Mullins will wash the feet of 7 parishioners. If you would like to volunteer to share in this meaningful ritual, please call the Parish Office. Thank you.

**Help to reengage Catholics** who have fallen away from the faith by simply extending an invitation to them to come with you to Mass, Stations, Adoration or Confession. This simple gesture may be all it takes to welcome back a person who has been away. Don't be surprised at the positive response you may receive.

**Adult Catechesis** is cancelled for this Tuesday, April 1 due to Father Mullins serving Confessions at St. Nick's. Next meeting will be Tuesday, April 8. All are welcome to attend.

**Try something different this Lent . . .**  
**Simply Prayer**, April 1, is an opportunity for men and women to learn how to come closer to God. It is an 1-1/2 hour program sponsored by the School Sisters of St. Francis, Bridle Path Road, Bethlehem. The presenter for April is Sr. Barbara Brown. For details and transportation call Peg at: 610-826-8009.

Want to be better prepared for Sunday Mass? **Wednesday at 10 AM in the Parish Center** will provide you with in-depth information about Sunday readings. Just bring yourself.



**Do you attend Mass here – but haven't registered yet?** Give Father Mullins a call at the Rectory at 610-826-2335 to register. It's very easy and a great way to get involved. New

Parishioners are always welcome!

**To be eligible to be a Sponsor for Baptism or Confirmation** you must be an active, registered parishioner, minimum of 3 months, who is:

- Fully Initiated (received Baptism, Eucharist and Confirmation.)
- Minimally 16 years of age.
- Attends Mass regularly on Sundays and Holy Days.
- If living together, must be married through the Catholic Church.
- Supporting your Church to the best of your ability.

**Calling all Men:** It's not too late to join us on Saturday, April 5 to take part in Spiritual Combat! The program, **"Into the Breach"** discusses the confrontations facing us, how to recognize the enemy and fight back to protect our souls and our families. We meet at 8:00 AM in the Parish Center every Saturday until Palm Sunday.

**Photo Directory:** There is a limited supply of Photo Directories available to anyone who would like to receive one. Please stop by the Rectory Office to get your copy today.

## Weekly Collection

3/29-3/30 and 4/5-4/6:  
In Support of the Parish

Attendance weekly goal: 450  
Actual 3/22-3/23: 303

**The Parish** gratefully acknowledges the following contributions to the *Sacred Heart Memorial Fund made in memory of Gail Sander Hamm* by: Joann Kercsmar, Kathy Sander, Havran family, Amelia Amorim, Lois & David Resh, Karen & Jody Ziegler & Jean Hamm, Arnold & Sharon Metzger, Diane & James Muniz & family, Marke and Judith Zalewski-Tusan, Jeff & Debra Lutz, Barbara Weaver, Paul and Brenda Kuchera.



Have you considered **On-line Giving**? If interested go to: [www.shcpalmerton.org](http://www.shcpalmerton.org) and click on the online giving icon.



**SJNRS – 2025-2026 School Year**  
Accepting applications for PreK through Grade 8. To learn more call: 610-826-2354.

### Save the Dates for SJNRS Upcoming Events:

**Saturday, April 12:** 10:00 AM–3:00 PM: Yard Sale and Eco Fest: Community Yard Sale, Local Artists, DIY workshop and demos, plant swap, raffles and prizes, upcycled fashion show. FMI call: 484-225-8295.

**Saturday, May 10:** 11:00 AM–2:00 PM: Mother's Day Tea and Art Show. FMI call: 610-826-2354.

**Podcast for Catholic Parents:** The Allentown Diocese Office of Education has started the "Ready, Willing, & Able" podcast for Catholic parents. The podcast offers content which will support and empower parents as primary educators of the faith for their children. Host Genevieve O'Connor has an MTS in Moral Theology from the University of Notre Dame, and she invites a series of guests to explore a wide range of topics, including: family prayer, modesty, and bringing the liturgy alive for kids. Listen to "Ready, Willing, and Able" on its website at: <https://www.buzzsprout.com/2410685>, or look it up on your favorite podcast streaming platform.

**Mothers save the date, Saturday, April 12** for the next Mother's Support Group get together in the Parish Center at 10:00 AM. Questions contact Father Mullins at 610-826-2335.

**Young Adults: Iron Pigs Night.** Join us to watch the Iron Pigs vs Syracuse Mets on April 10th at 6:45 PM! We will be on the patio which includes a buffet: food, drinks and new friends! \$20 each, max 60 people, \$5 parking not included. Contact Zelenda via email at: [Zhodgskin@AllentownDiocese.org](mailto:Zhodgskin@AllentownDiocese.org).

**Young Adults (18-35): Vocation Retreat.** Join us for a day of prayer, contemplation, and community. Whichever vocation you're discerning (priesthood, married life, consecrated life, or single life), we're here to support you. This retreat will allow you to encounter speakers from all these callings and give you a space to listen to God's voice in exploring your vocation. Date: Friday, April 12. Time: 10 AM – 3 PM. Location: St. Mary's Church in Kutztown. Email Zelenda at: [Zhodgskin@AllentownDiocese.org](mailto:Zhodgskin@AllentownDiocese.org).



**NEW!! Vision Loss Support Group.** Will start up after Easter. If you know anyone who might be interested please contact the Rectory Office at: 610-826-2335.



**Save the dates** for our Third Annual Flea Market Fundraiser, **Friday, June 20 through Sunday June 22, 2025.** Also, save your unwanted gift cards that you received. We will gladly take them. Watch for upcoming info including drop-off dates for donations, volunteer opportunities, etc. in upcoming Bulletins. Contact Bernice Borowski at: 610-392-0625 between 10:00 AM and 7:00 PM with questions.

**"His Mercy Endures: Harboring Hope for the Fallen-Away"** is the theme of the second annual St. Monica Ministry weekend retreat held on Friday, April 25 through Sunday, April 27 at the Peace Retreat House, Weatherly, PA. Weekend will be filled with various speakers, an "Irish Music Night" featuring Rev. Alexander Brown, Parochial Vicar at St. Anne Parish, Bethlehem, Friday Holy Hour, Saturday and Sunday Masses, a wine and cheese social, outdoor rosary, a Pietra fitness class, and an Art 'n' Soul collaging session. The retreat fee of \$225 includes two nights' accommodations plus all meals and incidentals. A Saturday-only option, which includes lunch, is available for \$50.

**BINGO-Cash Prizes:** Second Sunday of the Month!! 1:00 PM Social Hall. Cost: \$25



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