

THE DIOCESE OF ALLENTOWN

SACRED HEART CHURCH

243 LAFAYETTE AVENUE ~ PALMERTON PA 18071

Rectory Office: 610-826-2335 • Fax: 610-826-5360

shpmtn@ptd.net • www.shcpalmerton.org

Office Hours: Mon. – Fri. 9:30 AM to 2:30 PM



OUR MISSION STATEMENT

"As the family of Sacred Heart Roman Catholic Church, we come together in faith to renew ourselves through the celebration of sacraments and strive to be the welcoming hands of Christ in our community."

Weekend Masses: Saturday 5:00 PM

Sunday Morning 9:30 AM

May 18, 2025

PASTORAL & SUPPORT STAFF

Reverend Michael Mullins	<i>Pastor</i>
Steven Uhnak	<i>Coordinator, Religious Education</i>
Sandy Miller	<i>Bookkeeper/Secretary</i>
Bonnie Lazorick	<i>Secretary</i>
Dan Podorsky	<i>Part Time Maintenance</i>

RELIGIOUS EDUCATION

Religious Education Office 610-826-2335

Steven Uhnak, Coordinator

St. John Neumann Regional School

Dr. Christopher Heery, Principal 610-826-2354
www.sjnschool.org

Allentown Central Catholic High School 610-437-4601
www.acchs.info

Marian Catholic High School 570-467-3335
www.marianhighschool.org

SACRAMENT OF

RECONCILIATION/CONFESSION

Monday, Wednesday, Thursday Friday: 7:00-8:00 AM

Saturday: 4:00 – 4:45 PM.

First Friday of the Month: 6:00-7:00 PM

By appointment call the Rectory Office

SACRAMENT OF BAPTISM

Please call the Parish Office to schedule a class.

SACRAMENT OF MARRIAGE

Couples planning to get married should inform the Church as soon as possible (at least one year) prior to the wedding to begin marriage preparation. Marriage Preparation Class must be taken prior to six months before the marriage is celebrated.

MINISTRY TO THE SICK & HOMEBOUND

Anyone wishing to arrange for a home visit is to contact the Parish Office. Please do not wait for an emergency.

PRAYER OPPORTUNITIES

Private church visits Monday to Friday, 9:30 AM to 2:30 PM.

PARISH ACTIVITIES

Please contact the Chairperson of committee or the Rectory Office for details/contact info.

Altar Guild	Cass Chies
Altar Servers	Father Mullins
Bereavement Sharers	Olivia Erickson
Bible Study/Prayer Group/ Prayer Chain	Peg Duell
C.A.C.P.A.C.	Sue Steigerwalt / Lori Nemeth
Cemetery	Frank Hager
Choir/Music Liaison	Joann Kercsmar
Disability Advocates	Marian Carty
Funeral Luncheon Committee	Peg Duell
High School Ministry	Tricia Matsko
Knights of Columbus	Marty DeSousa
Palmerton Festival	Dana Massey
Pro Life Coordinator	Jerome Scarpati Veronica Scarpati

Sacred Heart Helping Hands

Rectory Office

Safety, Security and

Maintenance Committee

Jim Matsko

Catholic Charities:

Tom Miller

610-435-1541 ext. 374

Diocesan Victim Assistance Coordinator

Ms. Wendy S. Krisak, M.A., NCC, LPC: 800-791-9209

Diocesan Office of Safe Environment Coordinator

Pamela Russo, M.S.W., M.S. 610-871-5200, ext. 2204

Secretary Youth Protection and Catholic Human Services

PO Box F, Allentown PA 18105-1538

prusso@allentowndiocese.org

Diocesan Youth Protection Programs

www.allentowndiocese.org/the-diocese/youth-protection/

Allegations of abuse against a Bishop, contact Catholic

Bishop Abuse Reporting Service at:

www.ReportBishopAbuse.org or call: 1-800-276-1562.

May 18 – Fifth Sunday Of Easter



Mass Intentions

Saturday	May 17
5:00 PM	Marc Carazo by mom, dad and sister
Sunday	May 18
9:30 AM	Parishioners of Sacred Heart
Monday	May 19
	Parishioners of Sacred Heart
Wednesday	May 21
8:30 AM	Kathleen Rooney by Eugene Rooney
Thursday	May 22
8:30 AM	Edgardo and Erlinda Salazar
Friday	May 23
8:30 AM	Antonio and Rosa Conceicao Amorim and deceased children by daughter and family
Saturday	May 24
5:00 PM	Tommy McCarthy by sister Eileen
Sunday	May 25
9:30 AM	Bill and Irene Pitts by Duane and Carol Costenbader

Sacrament of Penance Schedule

Saturday:	4:00-4:45 PM
Before weekday Mass:	7:00-8:00 AM
First Friday of the Month:	6:00-7:00 PM
By appointment, please call the Rectory Office.	



Let us continue to remember and pray for all our deceased relatives, friends, benefactors, and parishioners, those serving in the military, those struggling with addictions, the homebound and those who are sick and have asked for our prayers. Individual names will be added to the list of Prayers for the Sick upon request from the individual or from the sick person's Power of Attorney.



May is the month dedicated to Mary and we honor her especially in the praying of the Rosary.

Please join us we pray the rosary 30 minutes before each Mass during the month of May. For those who want to also pray at home, download the Tabella.app on your phone or computer, to listen and pray along with the Rosary under the "Media—Prayers & Meditation" section.

SUNDAY'S READINGS

Reading I: Acts 14: 21-27

Paul urges believers to prepare themselves for the suffering and persecution that comes with being Christian.

Reading II: Revelation 21: 1-5a

The kingdom of God will be fulfilled in a new heaven and a new earth. It touches down to earth so that the earthbound faithful will be united with those in heaven.

The Gospel: John 13: 31-33a, 34-35

When Judas leaves the room, Jesus can relax and say a powerful word; "Now!" Now He can accept the suffering to come as a way to show the depth of God's love for the world.



Monday:	Acts 14:5-18 Ps 115:1-2, 3-4, 15-16 Jn 14:21-26
Tuesday:	Acts 14:19-28 Ps 145:10-11, 12-13ab, 21 Jn 14:27-31a
Wednesday:	Acts 15:1-6 Ps 122:1-2, 3-4ab, 4cd-5 Jn 15:1-8
Thursday:	Acts 15:7-21 Ps 96:1-2a, 2b-3, 10 Jn 15:9-11
Friday:	Acts 15:22-31 Ps 57:8-9, 10 and 12 Jn 15:12-17
Saturday:	Acts 16:1-10 Ps 100:1b-2, 3, 5 Jn 15:18-21
Sunday:	Acts 15:1-2, 22-29 Ps 67:2-3, 5, 6, 8 Rv 21:10-14, 22-23 Jn 14:23-29



Please continue to pray for all Priests, Ask God for new Vocations. Your continued prayers are needed and appreciated.

Dear Father God, we pray for those in the religious life. Help them to stay on a righteous, humble path that honors Christ and spreads His loving light throughout the world. We beg you for new vocations that honor God. In Jesus' name. Amen.



Sanctuary Candle:

Terry O'Neil by wife Debbie

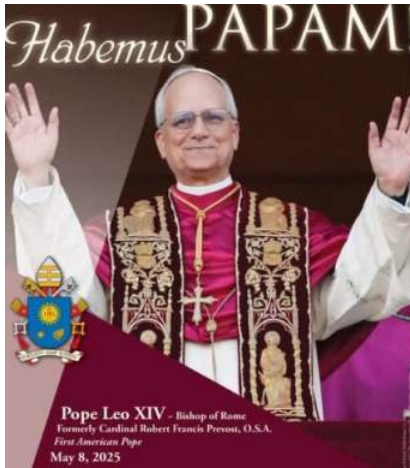


First Friday of the month

4:00 to 7:00 PM

Confessions 6:00 to 7:00 PM

Ministry Schedule next weekend:			
5/24-25	Lector	EM	Altar Servers
5:00 PM	J. Uhnak	Fr. Mullins/C. Chies	H. Werner
9:30 AM	HSM	Fr. Mullins/G. Berk/T. Gades (choir)	J/J Scarpati



Congratulations to the newest successor of Saint Peter: **Pope Leo XIV** will serve as the 267th Bishop of Rome and Vicar of Christ on Earth. Many will Speculate and offer opinions of what the new pope will do.

Will he focus on the poor? Seek reconciliation between warring nations? Focus on social issues? But the Catholic Church is not simply the Pope. As we hear in the readings this weekend, Saints Paul and Barnabus "made a considerable number of disciples." And in the Gospel, Jesus states, "This is how all will know that you are my disciples, if you have love for one another." We are all responsible for forming and guiding the Church. The new pope could question each of us, "what will you do?" How will we focus our love? May we make a commitment to reveal love for the Lord through prayer and the sacraments, and our love for our neighbor through our actions, then we too can help form disciples for the Lord and guide the whole Church to Christ.

Learn and Live the Faith (Compendium of CCC)

#499 "Why are artificial insemination and artificial fertilization immoral?"

They are immoral because they dissociate procreation from the act with which the spouses give themselves to each other and so introduce the domination of technology over the origin and destiny of the human person. Furthermore, heterologous insemination and fertilization with the use of techniques that involve a person other than the married couple infringe upon the right of a child to be born of a father and mother known to him, bound to each other by marriage and having the exclusive right to become parents only through each another."

#500 "How should children be considered?"

A child is a *gift of God*, the supreme gift of marriage. There is no such thing as a right to have children (e.g. "a child at any cost"). But a child does have the right to be the fruit of the conjugal act of its parents as well as the right to be respected as a person from the moment of conception."

#501 "What can spouses do when they do not have children?"

Should the gift of a child not be given to them; after exhausting all legitimate medical options, spouses can show their generosity by way of foster care or adoption or by performing meaningful services for others. In this way they realize a precious spiritual fruitfulness."

#502 "What are the offenses against the dignity of marriage?"

These are: adultery, divorce, polygamy, incest, free unions (cohabitation, concubinage), and sexual acts before or outside of marriage."

Catholics are obliged to fulfill what has been called their "Easter Duty." They are required to receive Holy Communion during the Easter time. This obligation can be fulfilled from the First Sunday of Lent until Trinity Sunday (June 15, 2025). Those conscious of serious sin are reminded of the obligation to confess their sins at least once a year during this time.

Word of the Week: Bona Fide – "In good faith," said of actions that may have been objectively mistaken or wrong but were done with good intentions and without culpability; also used to describe the genuine or authentic.

Saint Quote of the Week: *"Place all the weight of your trials and tribulations on the shoulders of Jesus Christ. He will carry them for you. Remember, He once carried a heavy Cross."* – St. Rita of Cascia.

"Most Sacred Heart of Jesus, help my heart to persevere in all that is holy." – St. Rita of Cascia.



Saint of the Week: Rita of Cascia (1386-1456 AD) was born in Cascia, Italy. Married at 19, she suffered harassment at the hands of her violent husband, who inflicted physical and emotional abuse on her. She had two children who inherited her father's character. After 20 years, she achieved the conversion of

her husband; however, he was murdered by one of his enemies. Her children died before she could avenge their father. Left alone, she applied to enter the Augustinian nuns' monastery, where they accepted her. During an ecstasy, Jesus stigmatized her with a crown of thorns, leaving a wound on her forehead from which an unpleasant odor emanated. She then withdrew to a secluded spot in the convent where she lovingly cared for the sick, a task she performed until her death. She was canonized by Pope Leo XIII in 1900. It is said that, after her death, a floral scent emanated from her wound, which is why she is classified among the Myroblite saints (from the Greek myron, meaning perfumed oil). She is depicted wearing a habit, with a wound on her forehead, and roses, the latter due to the so-called "Miracle of the Roses." This occurred during the winter when a cousin visited her and asked Rita if she wanted anything, to which the nun replied, "Yes, a rose from the garden." The cousin went down to the orchard and saw a rose among the dried plants, which she took to her cousin. Rita told her that this flower was a symbol of the mutual love between Christ and herself; and that it was proof that if something is asked for with faith, nothing is impossible. She is considered the Patron saint of impossible causes, abuse victims and widows. Feast Day: 22 May.

Help to reengage Catholics who have fallen away from the faith by extending an invitation to them to come with you to Mass, Adoration or Confession. This simple gesture may be all it takes to welcome back a person who has been away. Don't be surprised at the positive response you may receive.

Do you want to be better prepared for Sunday Mass? **Wednesday at 10 AM in the Parish Center** will provide you with in-depth information about Sunday readings. Hope to see you on Wednesday!

Weekly Collection

5/17-5/18: In Support of the Parish

5/24-5/25: In Support of the Parish



Have you considered **On-line Giving**? Visit: www.shcpalmerton.org and click on the online giving icon.

The 2025 Because We Are Catholic Annual Appeal, (BWAC) is Underway. Our parish support is a vital part of this Diocesan-wide effort to serve children and families in our own community and throughout the Diocese of Allentown. Many thanks to those who have already made a commitment. **Our Parish Goal is: \$23,328** and as of April 9: Total Committed: \$9,544 by 47 registered families. The participation of all our parish families makes it possible to serve those in need. Remember every gift counts, no matter how big or small. Please visit the Appeal's website at: becausewearecatholic.org or call the Appeal Office at: 800-831-4443. The Diocesan Stewardship and Development Office thanks you for your continued support of this important campaign.



Sacred Heart Parish Family welcomes:

Nora Matsko who was welcomed into the Church through Baptism this weekend. May you always stay

close to God and His Holy Catholic Church.



Are you new to the area? If you would like to become a registered parishioner contact the Parish Office at: 610-826-2335 to receive our registration forms.

To be eligible to be a Sponsor for Baptism or Confirmation you must be an active, registered parishioner, minimum of 3 months, who is:

- Fully Initiated (received Baptism, Eucharist and Confirmation.)
- Minimally 16 years of age.
- Attends Mass regularly on Sundays and Holy Days.
- If living together, must be married through the Catholic Church.
- Supporting your Church to the best of your ability.



SJNRS – 2025-2026 School Year

Accepting applications for PreK through Grade 8. To learn more call: 610-826-2354.



Second Sunday of the month.

Parish Social Hall. Cost: \$25. Doors and Kitchen open at 12:00 Noon. Bingo starts 1:00 PM.



Need a gift? \$25 BINGO gift certificates are available at the Rectory Office. Call 610-826-2335 or stop by the Rectory Office (9:30 AM to 2:30 PM).



Last weekend the Knights of Columbus kicked off the Baby Bottle Campaign. The

campaign this year is focused on providing funds to help purchase an ultrasound machine to help unexpected mothers recognize the gift of babies in the womb. The Knights ask that you pick up an empty baby bottle, as a reminder to support life, and fill it with spare change (coins, cash or checks). Return the bottle to the box in Church by Father's Day, June 16. Questions, email Andy Goodbred, Campaign Coordinator at: agoodbred@gmail.com. The Knights thank you in advance for your support of this cause.

Photo Directory: There is a limited supply of Photo Directories available to anyone who would like to receive one. Please stop by the Rectory Office to get your copy today.



Check out the display! HSM will be selling Sacred Heart logo t-shirts, polos and sweatshirts on Sunday, May 18 after 9:30 AM Mass in the main vestibule of the Church.

Retreat to Fatima and Lourdes with Fr. John Frink: Take a pilgrimage to Fatima and Lourdes from June 7-16, 2026 under the spiritual direction of Fr. John Frink. To view detailed itinerary, pricing information and to book your trip, visit the website at: <https://www.206tours.com/cms/frfrink/>.



Volunteers are needed in many areas for our Annual Flea Market. It is a wonderful way to meet people from the Parish. Volunteer opportunities include helping to get items ready to sell, set-up gym, clean-up afterwards, kitchen help, raffles and various other ways to get involved. **Interested in volunteering please contact** Bernice Borowski at: 610-392-0625 between 10:00 AM and 7:00 PM.



Donating to this year's flea market: Times for Drop off in Church parking lot:

Tuesday, June 10: 1:00 to 6:00 PM or Wednesday, June 11: 10:00 AM to 4:00 PM.

We will accept items that are clean, usable and not broken. Books, puzzles, craft items, clothing, Christmas and kitchen items, jewelry, purses, CD's, DVD's and gift cards. We will **NOT BE ACCEPTING** the following: single mugs, single glasses, single dishes, stuffed animals, men's suits, and electronics.

For any questions pertaining to donations, please call Bernice Borowski at: 610-392-0625 between 10:00 AM and 7:00 PM.

Flea Market is scheduled for Friday, June 20 through Sunday, June 22, 2025.



Coffee and Donuts: Sunday, May 25 after 9:30 AM in the Social Hall. All invited!

Retrouvaille: Rediscover the Love in Your Marriage. Tens of thousands of couples have healed their marriages through Retrouvaille (pronounced Retro-vy). Couples learn to build communication skills and to increase intimacy. It provides help for marriage problems, difficulties or crises. Weekend programs in August and October at the Family Life Center in Malvern, PA. For more information, or to register, visit www.HelpOurMarriage.org or call 215-766-3944 or 800-470-2230. All inquiries are strictly confidential.

Crusaders for a Cause 19th Annual Spring Carnival at the Palmerton Park. Thursday through Sunday this weekend (May 15-May 18). May 17: 4:00-11:00 PM; May 18: 2:00-7:00 PM.

FRANCIS X. MULLANE INC.

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**CONTACT ME
Michele Barron**

mbarron@jppc.net
484.300.2062



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