

THE DIOCESE OF ALLENTOWN

SACRED HEART CHURCH

243 LAFAYETTE AVENUE ~ PALMERTON PA 18071

Rectory Office: 610-826-2335 • Fax: 610-826-5360

shpmtn@ptd.net • www.shcpalmerton.org

Office Hours: Mon. – Fri. 9:30 AM to 2:30 PM

OUR MISSION STATEMENT

"As the family of Sacred Heart Roman Catholic Church, we come together in faith to renew ourselves through the celebration of sacraments and strive to be the welcoming hands of Christ in our community."

Weekend Masses: Saturday: 5:00 PM
Sunday: 9:30 AM



July 20, 2025

PASTORAL & SUPPORT STAFF

Reverend Michael Mullins	<i>Pastor</i>
Steven Uhnak	<i>Coordinator, Religious Education</i>
Owen Fitzgerald	<i>Summer Seminarian</i>
Sandy Miller	<i>Bookkeeper/Secretary</i>
Bonnie Lazorick	<i>Secretary</i>
Dan Podorsky	<i>Part Time Maintenance</i>

RELIGIOUS EDUCATION

Religious Education Office	610-826-2335
Steven Uhnak, Coordinator	
St. John Neumann Regional School	
Dr. Christopher Heery, Principal	610-826-2354
Palmerton Campus	www.sjnrschool.org

Allentown Central Catholic High School	610-437-4601
	www.acchs.info

Marian Catholic High School	570-467-3335
	www.marianhighschool.org

SACRAMENT OF RECONCILIATION/CONFESSION

Monday, Wednesday, Thursday Friday: 7:00-8:00 AM
Saturday: 4:00 – 4:45 PM.
First Friday of the Month: 6:00-7:00 PM
By appointment call the Rectory Office

SACRAMENT OF BAPTISM

Please call the Parish Office to schedule a class.

SACRAMENT OF MARRIAGE

Couples planning to get married should inform the Church as soon as possible (at least one year) prior to the wedding to begin marriage preparation. Marriage Preparation Class must be taken prior to six months before the marriage is celebrated.

MINISTRY TO THE SICK & HOMEBOUND

Anyone wishing to arrange for a home visit is to contact the Parish Office. Please do not wait for an emergency.

PRAYER OPPORTUNITIES

Private church visits Monday to Friday, 9:30 AM to 2:30 PM.

PARISH ACTIVITIES

Please contact the Chairperson of committee or the Rectory Office for details/contact info.

Altar Guild	Cass Chies
Altar Servers	Father Mullins
Bereavement Sharers	Olivia Erickson
Bible Study/Prayer Group/ Prayer Chain	Peg Duell
C.A.C.P.A.C.	Sue Steigerwalt / Lori Nemeth
Cemetery	Frank Hager
Choir/Music Liaison	Joann Kercsmar
Disability Advocates	Marian Carty
Funeral Luncheon Committee	Peg Duell
High School Ministry	Tricia Matsko
Knights of Columbus	Marty DeSousa
Palmerton Festival	Dana Massey
	Jerome Scarpati
Pro Life Coordinator	Veronica Scarpati

Sacred Heart Helping Hands	Rectory Office
Safety, Security and Maintenance Committee	Jim Matsko

Catholic Charities:

Tom Miller 610-435-1541 ext. 374

Diocesan Victim Assistance Coordinator

Ms. Wendy S. Krisak, M.A., NCC, LPC: 800-791-9209

Diocesan Office of Safe Environment Coordinator

Pamela Russo, M.S.W, M.S. 610-871-5200, ext. 2204
Secretary Youth Protection and Catholic Human Services
PO Box F, Allentown PA 18105-1538

prusso@allentowndiocese.org

Diocesan Youth Protection Programs

www.allentowndiocese.org/the-diocese/youth-protection/

Allegations of abuse against a Bishop, contact Catholic
Bishop Abuse Reporting Service at:

www.ReportBishopAbuse.org or call: 1-800-276-1562.

July 20 – Sixteenth Sunday In Ordinary Time



Mass Intentions

Saturday	July 19
5:00 PM	Rev. Paul Masiar by Fr. Hutta and family
Sunday	July 20
9:30 AM	Parishioners of Sacred Heart
Monday	July 21
8:30 AM	Marc Carazo by mom, dad and sister
Wednesday	July 23
8:30 AM	Parishioners of Sacred Heart
Thursday	July 24
8:30 AM	Michael Becker by wife Mary Ann and family
Friday	July 25
8:30 AM	Michael O'Leary by friends
Saturday	July 26
5:00 PM	Leo Puduah by daughter Dianne and Robert
Sunday	July 27
9:30 AM	Richard Frey by Phil and Sue Steigerwalt

Sacrament of Penance Schedule

Saturday:	4:00-4:45 PM
Before weekday Mass:	7:00-8:00 AM
First Friday of the Month:	6:00-7:00 PM
By appointment, please call the Rectory Office.	



Let us continue to remember and pray for all our deceased relatives, friends, benefactors, and parishioners, those serving in the military, those struggling with addictions, the homebound and those who are sick and have asked for our prayers, especially **Andy Krawchuk**. Individual names will be added to the list of Prayers for the Sick upon request from the individual or from the sick person's Power of Attorney.

Adoration
of the
Blessed Sacrament



First Friday of the month
4:00-7:00 PM

Confessions: 6:00-7:00 PM.



Sanctuary Candle:

Mary Santine by granddaughter Mary.



Are you going to be traveling? Visit:
Masstimes.org for a Church near you!

SUNDAY'S READINGS

Reading I: Genesis 18: 1-10a

Abraham hosts 3 visitors (an image of the Trinity). The Lord promises Abraham and Sarah that they will have a son.

Reading II: Colossians 1: 24-28

"What is lacking" means adding our suffering to that of Christ, so that the fruits of His redemption are applied to men's souls. Paul says his mission is to proclaim Christ.

The Gospel: Luke 10: 38-42

Martha and Mary host Jesus. However, Martha is preoccupied with the details of hospitality, while Mary gives her full attention to the guest, namely Jesus. The contrast is made between the active life and the contemplative one.



Monday:	Ex 14:5-18 Ex 15:1bc-2, 3-4, 5-6 Mt 12:38-42
Tuesday:	Sgs 3:1-4b or 2 Cor 5:14-17 Ps 63:2, 3-4, 5-6, 8-9 Jn 20:1-2, 11-18
Wednesday:	Ex 16:1-5, 9-15 Ps 78:18-19, 23-24, 25-26, 27-28 Mt 13:1-9
Thursday:	Ex 19:1-2, 9-11, 16-20b Dn 3:52, 53, 54, 55, 56 Mt 13:10-17
Friday:	2 Cor 4:7-15 Ps 126:1bc-2ab, 2cd-3, 4-5, 6 Mt 20:20-28
Saturday:	Ex 24:3-8 Ps 50:1b-2, 5-6, 14-15 Mt 13:24-30
Sunday:	Gen 18:20-32 Ps 138:1-2, 2-3, 6-7, 7-8 Col 2:12-14 Lk 11:1-13



Pray for all Priests, Deacons and Seminarians. Ask God for new Vocations. Your continued prayers are needed and appreciated.

Good and gracious God, you have called us through Baptism to discipleship with your Son, Jesus Christ, and have sent us to bring the Good News of salvation to all peoples. We pray you to grant us more priests and religious to build up your Church within the Diocese of Allentown. Inspire our young men and women by the example of Saint Junipero Serra to give themselves totally to the work of Christ and His Church. We ask in the name of Jesus the Lord. AMEN.

7/26-27	Lector	EM	Altar Servers
5:00 PM	T. Matsko/O. Fitzgerald	Fr. Mullins/D. O'Neil	L. Matsko
9:30 AM	K. Erickson/O. Fitzgerald	Fr. Mullins/D. Klitsch/L. Koons (choir)	J/J Scarpati

Hospitality is the friendly and generous reception and entertainment of guests, visitors or strangers. Essentially, it's the act of making others feel welcome, comfortable, and valued, often involving warmth, kindness and generosity. In the first reading, we hear of the generous hospitality of Abraham. He saw three strangers walking through the desert past his tent. To walk in the desert can be life-threatening. If Abraham ignored them, he could be morally responsible for their deaths. Instead, Abraham implored these strangers to rest in his tent, to have some water and to eat some fresh food. These three strangers turned out to be God who in turn blessed Abraham and his barren wife with a child. May we offer hospitality to all of God's children, because what we do for the least of them, we do for Christ.

This weekend we have special guests from the Corona Self-Help Center in New York; they will give a brief talk and sell T-shirts after Mass to support their mission. The Corona Self-Help Center offers a free recovery residence for those suffering from substance abuse. Participants are provided with meals, health care, hygiene, educational and sports therapy and receive substance abuse counseling daily in a 12 step program. Participants can also receive job training in the form of on-site workshops. The Corona Self-Help Center also coordinates with family members to help integrate them as a recovery support social network. Focusing on the spiritual, mental and spiritual condition as a whole, participants obtain assistance in dealing with their addiction to be able to lead a productive life and benefit their community.

Learn and Live the Faith (Compendium of CCC)

#531 "What is required and what is forbidden by the tenth commandment?"

This commandment, which completes the preceding commandment, requires an interior attitude of respect for the property of others and forbids *greed, unbridled covetousness* for the goods of others, and *envy* which is the sadness one experiences at the sight of another's goods and the immoderate desire to acquire them for oneself."

#532 "What does Jesus call for in poverty of spirit?"

Jesus calls his disciples to prefer him to everything and everyone. Detachment from riches – in the spirit of evangelical poverty – and self-abandonment to divine providence free us from anxiety about the future and prepare us for the blessedness of the "poor in spirit, for theirs is the kingdom of heaven" (*Mathew 5:3*)."

#533 "What is the greatest human desire?"

The greatest desire of the human person is to see God. "I want to see God" is the cry of our whole being. We realize our true and full happiness in the vision and beatitude of the One who created us out of love and draws us to himself with infinite love.

"Whoever sees God has obtained all the goods of which he can conceive." (Saint Gregory of Nyssa)"

Word of the Week: Byzantine Rite – is a liturgical tradition celebrated within some Eastern Catholic Churches. It is the second most widely used rite after the Roman/Latin rite. The Byzantine Rite originated in the Greek city of Antioch in the First Century but was perfected in Byzantium (Constantinople). Its liturgy is characterized by its rich symbolism, elaborate ceremonies, and use of icons. The rite is known for its use of leavened bread in the Eucharist, distribution of communion by spoon, and the presence of an iconostasis separating the sanctuary from the congregation. Furthermore, its liturgies are marked with the substantial use of incense and the chanting of hymns, so as to symbolize the liturgy of the Church in heaven.

Saint Quote of the Week: "There is no sinner in the world, however much at enmity with God, who cannot recover God's grace by recourse to Mary, and by asking her assistance." -- Saint Bridget of Sweden.

Movie Night: "Song of Bernadette" will take place next Saturday, July 26 at 6:30 PM in the Parish Center. Come, enjoy the beauty and history of Our Lady of Lourdes.



Saint of the Week: Bridget of Sweden (1303-1373) grew up as the oldest of three children in a holy family. From the time she was a child, she devoted herself deeply to the passion of Jesus. When she was only ten years old, it is recorded that she had a vision of Jesus on the cross

and heard him say, "Look at me, my child." "Who has treated you like this?" little Bridget exclaimed. "Those who despise me and reject my love for them." From that moment on, Bridget tried to prevent people from offending Jesus. She married at a young age, but she and her husband set their hearts on serving God. They had eight children, one of whom was Saint Catherine of Sweden. Bridget worked as the queen's personal servant. Bridget tried to help King Magnus and Queen Blanche lead a better life, however, for the most part, they did not listen to her. All her life, Bridget had wonderful visions and received special messages from God. After her husband died, Bridget cast away her rich clothes and lived as a poor nun. Later, in 1346, she began the Order of the Most Holy Savior, also known as the Bridgettines. She still maintained her own busy life, caring for the poor and sick, traveling to do good wherever she went. And through all this activity, Jesus continued to reveal many secrets to her, which she received without the slightest pride. Shortly before her death, the saint went on a pilgrimage to the Holy Land. At the shrines there, she had visions of what Jesus had said and done in each place. All of Saint Bridget's revelations about Jesus' sufferings were published after her death. Feast Day: 23 July.



Looking for a fun and rewarding way to serve in the Church and strengthen your own faith? Teaching in the Religious Education program is for you!

We are in need of a teacher for our 4/5th grade class in PREP. If you are interested, please contact Steve in the Religious Ed office at: shccre@ptd.net or 610-826-2335. Classes begin in September.

Ever wonder about the places in Scripture? Come to **Wednesday morning Bible Study at 10 AM** in the Parish Center and find out.

Gospel Reflection by Seminarian Owen:

The Gospel today points out Martha's worrying about the task at hand. How often do we find ourselves preoccupied and pulled in many directions? It's not that what Martha was doing was wrong but her good intentions became clouded by distraction and worry. She lost sight of being present with Christ.

In our own lives it's often the "little things" like our tasks or routines that amplify our need for control and our fear of not doing enough. This quietly draws our focus away from the Lord. We can be physically present in prayer or at Mass, yet mentally consumed by our schedules and subsequently our worries.

Jesus doesn't rebuke Martha for her work, but invites her to refocus on the "better part" of it. We should not abandon our responsibilities, but anchor them in His presence. We are reminded in this Gospel that peace comes not from getting everything done, but from being with Jesus and letting Him be at the center of our hearts.

This week let's think about the little things that may be distracting us from having a continued awareness of Christ's presence in our daily life.



SJNRS – 2025-2026 School Year

Accepting applications for PreK through Grade 8. For info email: office.sjnrschool@gmail.com or call: 610-826-2354.

SJNRS Summer Office hours for the Palmerton Campus: Tuesday, Wednesday and Thursday from 9:00 AM to 1:30 PM. PLEASE NOTE: Hours may change due to staff schedules & vacations.

Basketball Camp: grades 4-8 or **Art Camp:** grades K-3 held this week July 21-24, Monday through Thursday from noon to 3:00 PM at St. John Neumann Regional School. \$50 for the week per student. FMI call: 610-826-2354.



Register Your Child in our 2025-2026 PREP Classes. Weekly classes begin in September 2025. Open to children in grades 1 through 8, who have been Baptized Catholic, are registered parishioners attend either public school, a private non-Catholic school or homeschooled. Registration forms are available in the Parish Office. Parents contact CRE, Steve Uhnak in the Parish Office at 610-826-2335 or email: shccre@ptd.net.

Weekly Collection

7/19-7/20: In Support of the Parish
Second Collection: Church in Eastern Europe
7/26-7/27: In Support of the Parish
Attendance Goal: 450
Actual 7/12-7/13: 267

This week our second Collection supports the Church in Central and Eastern Europe. Your donation helps restore the Church and build the future in more than 25 countries still struggling to recover from former communist rule and now grappling with the war in Ukraine. Thank you for your generosity to the collection today. Visit the website at: www.usccb.org/ccce for more details.



Have you considered **On-line Giving**?
Visit: www.shcpalmerton.org and click on the online giving icon to sign-up.



Win up to \$1,000. Tickets are due back by Friday, July 25 for the Christmas In July Raffle!!

Prize winners will be drawn next Sunday, July 27 at coffee and donuts following the 9:30 AM Mass. Cash prizes: 1st prize: \$1,000, 2nd prize: \$500, 3rd Prize: \$150, 4th and 5th Prize: \$50. Thank you to all who have already returned their tickets and to Harold Schisler and Campton Funeral Home for sponsoring the tickets! All proceeds benefit Sacred Heart Church. Good Luck to all!

CACPAC Palmerton Food Pantry is in need of the following items: *canned fruit, applesauce, pop tarts, granola bars, drink mixes (lemonade, Kool-Aid) condiments and cereal. Personal care items: toilet paper, bar soap, toothpaste, shampoo.* Items can be placed in the red plastic totes in the Main Vestibule. Any questions regarding CACPAC Food Pantry, call Sue Steigerwalt at: 610-349-9704. **Thank you for helping us to help our neighbors!**

The NEPA Knights of Columbus will be running a 10 day pilgrimage to Italy (Venice, Padua, Florence, Assisi, and Rome) from June 21-July 1, 2026. Visit: <https://prorometours.com/knightsofcolumbuspa/> for details. The cost is \$3,590 with airfare being added in later August. The trip includes a professional tour guide, private motorcoach between sites, pilgrimage chaplain, 4-star hotels, 2 meals per day and much more! Email your Tour Coordinator and NEBDD Chairman Emeritus with your questions at: jordancook53170@gmail.com.



Are you new to the area?
Interested in being a registered parishioner? Introduce yourself to Father Mullins after Mass or call the Parish Office to register at: 610-826-2335.

To be eligible to be a Sponsor for Baptism or Confirmation you must be an active, registered parishioner, minimum of 3 months, who is:

- Fully Initiated (received Baptism, Eucharist and Confirmation).
- Minimally 16 years of age.
- Attends Mass regularly on Sundays and Holy Days.
- If living together, must be married through the Catholic Church.
- Supporting your Church to the best of your ability.



Join us this Sunday, July 20 in Palmerton Park at 7:00 PM to enjoy music performed by **The Pennsylvania Villagers**, weather permitting. Bring your lawn chair, sit back and enjoy a Summer evening in the Park.



If you have a change of address, phone number, email or any other informational change, remember to contact the parish office so we can update your information in our parish records.



Did you see . . . Saturday, July 5th after the 5:00 PM Mass, Father Mullins unveiled and blessed the original Bell from our Bowmanstown Chapel. A special *thank you to Rory Koons* for refurbishing the Bell, which was in our garage for years and is now located in front of our Church for everyone to see.

Help to reengage Catholics who have fallen away from the faith by extending an invitation to them to come with you to Mass, Adoration or Confession. This simple gesture may be all it takes to welcome back a person who has been away.



Join us next Sunday, July 27 following 9:30 AM Mass for coffee and donuts in the Social Hall. We will also be drawing the winners for our Christmas in July Raffle.

FRANCIS X. MULLANE INC.

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