

THE DIOCESE OF ALLENTOWN

Rectory Office: 610-826-2335

Office Hours: Mon. – Fri. 9:30 AM to 2:30 PM

Whoever does not carry his own cross and come after me cannot be my disciple.

Luke 14:27

A painting depicting a large crowd of people from behind, walking towards a large, dark wooden cross in the distance. The central figure, presumably Jesus, is slightly ahead of the crowd. The style is impressionistic with visible brushstrokes and a warm, hazy color palette of browns, tans, and muted blues. The scene is set outdoors, possibly on a path or road.

Weekend Masses: Saturday: 5:00 PM
Sunday: 9:30 AM

PASTORAL & SUPPORT STAFF

RELIGIOUS EDUCATION

Allentown Central Catholic High School 610-437-4601
www.acchs.info

SACRAMENT OF RECONCILIATION/CONFESSION

SACRAMENT OF BAPTISM

Please call the Parish Office to schedule a class.

Couples planning to get married should inform the Church as soon as possible (at least one year) prior to the wedding to begin marriage preparation. Marriage Preparation Class must be taken prior to six months before the marriage is celebrated.

Anyone wishing to arrange for a home visit is to contact the Parish Office. Please do not wait for an emergency.

Private church visits Monday to Friday, 9:30 AM to 2:30 PM.

Please contact the Chairperson of committee or the Rectory Office for details/contact info.

Sacred Heart Helping Hands
Safety, Security and
Maintenance Committee

Rectory Office
Jim Matsko

Catholic Charities:
Tom Miller 610-435-1541 ext. 374

Diocesan Victim Assistance Coordinator
Ms. Wendy S. Krisak, M.A., NCC, LPC: 800-791-9209

Diocesan Office of Safe Environment Coordinator
Pamela Russo, M.S.W., M.S. 610-871-5200, ext. 2204
Secretary Youth Protection and Catholic Human Services
PO Box F. Allentown PA 18105-1538

prusso@allentowndiocese.org
Diocesan Youth Protection Programs
www.allentowndiocese.org/the-diocese/youth-protection/

Allegations of abuse against a Bishop, contact Catholic
Bishop Abuse Reporting Service at:
www.ReportBishopAbuse.org or call: 1-800-276-1562.

September 7 – Twenty-Third Sunday In Ordinary Time



Mass Intentions

Saturday	September 6 – First Saturday
8:30 AM	Parishioners of Sacred Heart
5:00 PM	Bruce Althouse by James and Barbara Nemecek
Sunday	September 7
9:30 AM	Lamont (Mike) Ebbert by Pat and Jack Woginrich
Monday	September 8
8:30 AM	Parishioners of Sacred Heart
Wednesday	September 10
8:30 AM	Doris Riemel by siblings
Thursday	September 11
8:30 AM	Adelino Mendes by sister Teresa and family
Friday	September 12
8:30 AM	Joas and Maria Casimiro by daughter Lourdes Amorim
Saturday	September 13
5:00 PM	Frank and Kathy Hager 60 th Wedding Anniversary
Sunday	September 14
9:30 AM	Darryl Moyer by wife Mary Lou

Sacrament of Penance Schedule

Saturday:	4:00-4:45 PM
Before weekday Mass:	7:00-8:00 AM
First Friday of the Month:	6:00-7:00 PM
By appointment, please call the Rectory Office.	



Let us continue to remember and pray for all our deceased relatives, friends, benefactors, and parishioners, those serving in the military, those struggling with addictions, the homebound and those who are sick and have asked for our prayers, especially **Andy Krawchuk**. Individual names will be added to the list of Prayers for the Sick upon request from the individual or from the sick person's Power of Attorney.

The Sacred Heart Prayer Chain is available to everyone in need. Call Peg at 610-826-8009 to have your prayer request forwarded to several other prayer groups throughout the country.

Adult Catechesis continues on Thursdays at 6:30 PM in our Parish Center for those who desire to learn more about the Catholic faith or desire to prepare to receive the sacraments of 1st Holy Communion or Confirmation.

SUNDAY'S READINGS

Reading I: Wisdom 9: 13-18

Here is a part of Solomon's prayer for wisdom. Despite what the Greek philosophers speculate, we humans are woefully uninformed about God and His ways.

Reading II: Philemon 9-10, 12-17

Paul asks Philemon to take back his former runaway slave Onesimus, who is now a baptized convert, and a "spiritual son" to him. Paul even goes further, asking that Philemon accept this man as a brother.

The Gospel: Luke 14: 25-33

Not even the sacredness of family loyalty should ever outweigh our commitment to Christ. That includes a willingness to abandon even close relationships to follow Him.



Monday:	Mi 5:1-4a or Rom 8:28-30 Ps 13:6ab, 6c Mt 1:1-16, 18-23 or 1:18-23
Tuesday:	Col 2:6-15 Ps 145:1b-2, 8-9, 10-11 Lk 6:12-19
Wednesday:	Col 3:1-11 Ps 145:2-3, 10-11, 12-13ab Lk 6:20-26
Thursday:	Col 3:12-17 Ps 150:1b-2, 3-4, 5-6 Lk 6:27-38
Friday:	1 Tm 1:1-2, 12-14 Ps 16:1b-2a and 5, 7-8, 11 Lk 6:39-42
Saturday:	1 Tm 1:15-17 Ps 113:1b-2, 3-4, 5 and 6-7 Lk 6:43-49
Sunday:	Nm 21:4b-9 Ps 78:1bc-2, 34-35, 36-37, 38 Phil 2:6-11 Jn 3:13-17



Continue to pray for all Priests, Deacons and Seminarians. Ask God for new Vocations.

"God our Father, we pray that You will raise up from among us, and from among our children, numerous and holy vocations to the priesthood, who will, in their ministry, proclaim the truth of the Gospel, administer the sacraments, and offer faithful service to the Church." Amen.



Marian Altar

Andrew and Irene Homyak by

Mary Ellen and Alice

St. Joseph Altar (2)

Terry O'Neil by wife Debbie

9/13-9/14	Lector	EM	Altar Servers
5:00 PM	J. Uhnak	Fr. Mullins/S. Berger	M/N Cuyer
9:30 AM	A. Sebelin	Fr. Mullins/D. Klitsch/S. Miller (choir)	C. Sebelin/C. Davis/G. Buck



On September 7th at 10:00AM in Saint Peter's Square (4:00 AM EST), Pope Leo XIV will preside over his first canonization Mass, declaring the sainthood of two young Italians who loved Christ more than all their other relationships. Their love for Christ motivated them in all their actions especially in loving their neighbors. Both had a deep devotion to the Eucharist and went to Mass every day; Both also endured teasing and misunderstanding because of their devotion but gently challenged their peers to embrace the faith. For Frassati, Eucharistic devotion was the entryway into a real relationship with Jesus and one that became the nourishment he relied on as he helped the poor, discerned the path of his life and became involved in politics and the struggle against the growth of fascism in Italy. Acutis was drawn to our Lord in the tabernacle, calling the local church his "Jerusalem next door."

Acutis longed for all to know the truth about what takes place at the consecration at Mass, and so compiled a virtual museum of approximately 150 Eucharistic miracles recognized and approved by the Catholic Church which can be found on his website:

www.miracolieucaaristici.org. In receiving our Lord who made Himself appear as poor, simple bread, both Acutis and Frassati encountered Christ in the poor outside on the streets and sacrificed their time and treasure to care for them. Both died from painful illnesses, Frassati with Polio and Acutis with Leukemia, but both endured their illness with faith, patience and joy. While others can bring temporary comfort, it is Christ alone who provides eternal comfort.

Learn and Live the Faith (Compendium of CCC)

#554 "In what does the prayer of intercession consist? Intercession consists in asking on behalf of another. It conforms us and unites us to the prayer of Jesus who intercedes with the Father for all, especially sinners. Intercession must extend even to one's enemies."

#555 "When is thanksgiving given to God? The Church gives thanks to God unceasingly, above all in celebrating the Eucharist in which Christ allows her to participate in his own thanksgiving to the Father. For the Christian every event becomes a reason for giving thanks."

#556 "What is the prayer of praise? Praise is that form of prayer which recognizes most immediately that God is God. It is a completely disinterested prayer: it sings God's praise for his own sake and gives him glory simply because he is."

Word of the Week: Candle - A sacramental used in the Church's liturgy. Candles were first used to dispel darkness in predawn services and in the catacombs. They have since become part of the liturgy and their symbolism part of the Church's tradition. Candles are an emblem of God, the giver of life and enlightenment. Being pure, they represent Christ's spotless body, the flame a figure of the Divine Nature. Candles are blessed solemnly on the feast of the Purification of the Blessed Virgin or Candlemas Day (February 2). Candles made of at least 51% beeswax are required at Mass and Benediction, at funerals and at other church ceremonies.



If you are new to our Parish and would like to Register, please call the Rectory Office at: 610-826-2335.

To be eligible to be a Sponsor for Baptism or Confirmation you must be an active, registered parishioner, minimum of 3 months, who is:

- Fully Initiated (received Baptism, Eucharist and Confirmation).
- Minimally 16 years of age.
- Attends Mass regularly on Sundays and Holy Days.
- If living together, must be married through the Catholic Church.
- Supporting your Church to the best of your ability.

Sacred Heart's Bible Study Group will meet Wednesday, September 10 at 10:00 AM in the Parish Center. All are invited to attend.

Saint Quote of the Week: *"As Jesus has chosen bread, which is very common, so must my life be, common . . . approachable by all and, at the same time, humble and hidden, like bread".* -- Blessed Eugenia Picco.

Saint of the Week: Blessed Eugenia Picco (1867-1921) was born in Milan, Italy. Her father, Giuseppe Picco, was blind and a prominent musician at La Scala in Milan; her mother, Adelaida del Corno, was a frivolous woman interested in money, who left the little girl in the care of her grandparents to accompany her husband on tour. One day the musician left on tour to America and never returned home. Adelaida soon found a man with whom she became a concubine, taking Eugenia with her. The little girl lived in an environment far removed from religion and was harassed by her mother's lover. For her part, her mother insisted on returning to being a singer and living in show business. Eugenia instinctively turned to God and found solace and meaning in her life through music and prayer. In 1887 she decided to leave the unhealthy life of her home and join the Little Daughters of the Sacred Hearts of Jesus and Mary, where she was heard and accepted; a year later she began her novitiate. In 1894 she made her perpetual profession. She is remembered as a "humble, faithful, and generous nun, dedicated without reservation to the students of the College, of whom she was a Music and French teacher." In the convent, she performed various tasks with efficiency, discipline, and obedience. She was elected Superior General of her Congregation in 1911, a position she held until her death. During the First World War, Mother Eugenia, leading her spiritual daughters, welcomed the wounded and civilian and military victims from both sides of the conflagration. Suffering from a terrible bone tuberculosis that caused the amputation of one leg and caused her terrible pain, she surrendered her soul to the Beloved. Saint John Paul II, in the homily of her beatification in 2001, said of Sister Eugenia: "Fully inserted in the local Church, she became a mother to all, especially to the poor, with whom she shared tragedies, struggles and hopes. The experience of illness, especially during the last years of her life, purified her soul. Now she can teach everyone how to face difficult situations with the help of grace, how to serve the Church with the strength of contemplation and how to treat her brothers with the ardor of charity." Feast Day: 7 September.



Blessed with 90 years or more, we offer our prayers and best wishes to **Mary Cyr and Jeanne Stemler**. May God be your guiding light and the angels from heaven above shower endless joy on you.



PREP begins next Sunday, September 14 at 10:30 AM. PREP is Open to children in grades 1 through 8, who have been Baptized Catholic, are registered parishioners, attend either public school, a private non-Catholic school or homeschooled. Contact CRE, Steve Uhnak in the Parish Office at 610-826-2335 or email: shccre@ptd.net if you have not yet registered your child.



St. John Neumann Regional School is open for the 2025-2026 School Year. Consider giving your child (children) the gift of a Catholic School education. For details, please call Dr. Chris Heery, Principal at: 610-826-2354. Scholarships are available.

CYO Cross Country open to all Sacred Heart Parish and St. John Neumann Regional School students. Students are invited to participate in CYO Cross Country races. Without a current running coach, we do not practice as a group. Students are encouraged to run with their families. We welcome students to come out and try the races. It is not mandatory to participate in all races. We ask for confirmation on a weekly basis for participation in the upcoming race. Kindergarten through 2nd grade run 1/2 mile; Grades 3 through 4th run 1 mile; Grades 5 through 6th run 1 1/2 miles and Grades 7 through 8th run 2 miles. Please contact Carolyn Gowin asap with interested student name, age, date of birth, and current grade level at: carolyn.L.gowin@gmail.com or call/text Carolyn at: 610-751-3744.

Festival Weekend is Here!!

THANKS! Thank you to all the volunteers who have dedicated their time and talents to support our parish and/or school for the Palmerton Festival. Our parish sells Halushki, Hamburger BBQ, Scoopendorf ice cream parfaits and drinks; our school sells Ka-Bowls, one of the healthiest foods at the festival. Thank you also to all who support these booths and enjoy the wonderful foods. We will be accepting cash and all major credit cards including Apple Pay at our Stand.

Don't forget extra hands are needed on Monday, September 8 to take down the Festival Stand and return it to the garage, weather permitting. Meet in the Park at 6:00 PM.

Questions contact Veronica Scarpati at: 610-349-3691 or Dana Massey at: 484-725-8378.

Weekly Collection

9/6-9/7: In Support of the Parish
Second Collection: Archdiocese Military
9/13-9/14: In Support of the Parish
Second Collection: Support of Gaza
Attendance Goal: 450
Actual 8/30-31: 301



Have you considered **On-line Giving?**
Visit: www.shcpalmerton.org and click on the online giving icon to sign-up.

Second Collection: Next weekend will be in support of CNEWA and CRS to support their continued work in Gaza and the surrounding areas. Please note: there is no envelope for this.



www.cookswithcollars.com is an online cooking competition and a virtual celebration for the entire Diocese of Allentown. Check out your favorite **COOKS WITH COLLARS VIDEOS** to be surprised and delighted by the awe-inspiring – and occasionally frightening – kitchen skills on display by our parish priests. Check out Father Mullins' video for Lemon Freeze bars, learn how to make an amazing dessert and support Sacred Heart Parish, Palmerton. For those who want to support without using credit cards, you can submit your donation votes in a blank envelope with your name and label it Cooks with Collars. You have until September 30 to vote online! Thank you for your generosity.

Payment of \$40/pp is due by September 12 for our Diocesan Pilgrimage to the National Basilica in Washington D.C. on Tuesday, October 7. A sign-up sheet is located on the podium by the visitors Confessional if you would like to be added to the wait list.



Sunday, September 14 — Parish Social Hall. **Cost: \$25.** Doors and Kitchen Open at Noon. Bingo starts 1:00 PM.

Vision Support Group: Thursday, September 25 at 2:00 PM in the Parish Center. For info call Paula Ewing at 610-704-5052.

"Ready, Willing, & Able" is a monthly podcast for Catholic parents made by our Diocesan Office of Education. This month's program is "Raising Saints." It can be found on Apple podcast, Spotify or check it out on the diocesan website: <https://allentowndiocese.org/diocesan-podcast>.

Women's Retreat Weekend September 12-14 at Malvern Retreat House. Experience a period of refreshment, support, reassurance, learning, and concentration on the gift of your lives. Learn, reflect, "dump your stuff", fortify yourself, increase your personal communion with the Lord. Friday night to Sunday morning. Contact: Anthony Scarselletti, 610-393-4671, or OLPH.ascarselletti@gmail.com.

"Grace and Hope in Parenthood," an evening of fellowship, inspiration, and prayer designed to strengthen parents in guiding their children in the faith and helping them grow closer to Jesus.

When: Tuesday, Sept. 9, 2025, 7:00 - 8:30 PM.

Location: Notre Dame, High School Auditorium, 3417 Church Rd., Easton, PA 18045. Registration: allentowndiocese.flocknote.com/signup/220468.

For additional information please email: zhodgskin@allentowndiocese.org.

Diocesan Commission for Men invites all men age 14-114 years old to participate in the 14th Annual Diocesan Men's Conference on Saturday, 11 October 2025 at the Delta Marriot (7736 Adrienne Drive Breinigsville, Pennsylvania, 18031). This year's theme is Pilgrims Anchored in the Hope of Christ. Early Bird Registration Cost: \$25. High School & College Student admission cost: \$15. Check out www.MenAliveInChrist.org for more information.

Convocation of Knights & Orders: Bishop Schlert invites all Knights of Columbus, Knights of Holy Sepulcher and the Order of Malta to participate in a day in defense of our Catholic faith on Saturday, 20 September at Saint Joseph the Worker Church (1879 Applewood Drive, Orefield, PA) beginning with Mass at 9:00 AM, followed by light refreshments and presentations. Please register at:

<https://allentowndiocese.org/knightsandorders>.

Restore: Healing Retreat for Women Healing from Betrayal Trauma Thursday, November 13 to Sunday November 16, 2025 at St. Mary of Providence Center in Elverson, PA. This retreat is for women healing from sexual betrayal trauma due to an intimate partner's infidelity, pornography use or sex addiction. Email De with questions at: de@youaremadenew.com. For more information and to register, go to: <https://youaremadenew.com/restore-retreats-betrayal-trauma/>.

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